



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP SWIM SCHEDULE

September 4–October 28

Day	Time	# of lanes
Monday	5:30am–8:45am	4
	8:45am–11am	2
	11am–4pm	4
	8pm–9pm	4
Tuesday	5:30am–4pm	4
	8pm–9pm	4
Wednesday	5:30am–8:45am	4
	8:45am–12pm	2
	12pm–4pm	4
	8pm–9pm	4
Thursday	5:30am–4pm	4
	4pm–7pm	2
	8pm–9pm	4
Friday	5:30am–8:45am	4
	8:45am–11am	2
	11am–4pm	4
	8pm–9pm	4
Saturday	6:30am–7:30am	4
	1pm–5:30pm	2
Sunday	1pm–4:30pm	2

Lap/open swim is available during the times outlined above. There is no guarantee of lane availability for times not listed. Schedule is subject to private lessons, rentals and operational variables. Whirlpool usage may be restricted at any time due to lifeguard/patron safety ratios.

Children ages 7 years or younger must have a parent or caregiver at least 16 years of age in the pool area with them at all times. If the child has not passed the swim test, caregiver must be in the water within arm's reach. If the child has passed the test, caregiver must be present in the pool area but is not required to be in the water. Children ages 8–10 who have passed the swim test may use the pool but caregiver must remain in the facility. If the child does not pass the test, caregiver must be in the water with them at all times within arm's reach. Youth ages 11–16 who pass the swim test may use the pool at all depths. If youth 11–16 do not pass the swim test, then they must adhere to swim safety rules of the facility's aquatic department, which may vary from one facility to another. All individuals 16 years or younger must pass a swim test to use the deep end of the pool. Any adult exhibiting weak swim skills may be tested on their ability to swim in the deep end. Lifeguards may ask an adult to take a swim test for the safety of the adult and others. Any individual who wears a flotation device must ensure the device is approved by the U.S. Coast Guard. Breath holding for longer than 10 seconds is not allowed. Refrain from swimming over half the distance of the pool without taking a breath. Horseplay, dunking or throwing a person is not permitted. Use of profanity is not tolerated. Walk at all times while on the deck. Appropriate swim attire is required. Non-traditional swim suits must be made of a wicking material. No diving. Do not perform flips, spins, back dives/jump. Wear only clean street shoes. All drinks must be in capped, plastic containers. Children who are not toilet trained must wear swim diapers at all times, in addition to a bathing suit or plastic pants. All swim lessons are taught by YMCA employees. Rules will be enforced by all YMCA employees. Failure to follow the rules may result in removal from the premises without refunds or credits, and any other action that management deems appropriate. Schedule is subject to change without notice. Please call in advance for most updated availability. Enjoy a safe, fun visit in our pools.

OPEN SWIM

Large Pool: Sept 4–Oct 28

Day	Times
Monday	5:30am–8:45am
	11am–4pm
	8pm–9pm
Tuesday	5:30am–8:45am
	10am–4pm
	8pm–9pm
Wednesday	5:30am–8:45am
	11am–4pm
	8pm–9pm
Thursday	5:30am–9:45am
	11am–4pm
	8pm–9pm
Friday	5:30am–8:45am
	11am–4pm
	8pm–9pm
Saturday	6:30am–7:30am
	1pm–5:30pm
Sunday	1pm–4:30pm

Swimmer safety is our top priority!

To ensure our lifeguards are most alert and rescue-ready, 10-minute safety breaks will be observed daily at the following times. During these breaks, the entire pool area will be cleared, and the pool deck door will be locked. Emergencies can happen at any time to anybody. Thank you for your cooperation in creating the safest swim environment for all swimmers and their families.

Weekday safety breaks

6:50–7am 11:50–noon
7:50–8am 1:50–2pm
9:50–10am (T/Th) 2:50–3pm
10:50–11am 3:50–4pm

Saturdays

1:50–2pm
3:50–4pm

Sundays

2:50–3pm

SMALL POOL

September 4–October 28

Day	Time
Monday	Closed
Tuesday	5:30pm–7:30pm
Wednesday	6pm–7:30pm
Thursday	5:30pm–7:30pm
Friday	TGIF event*
Saturday	1pm–2:50pm
Sunday	2pm–3:50pm

Small pool hours are subject to private rentals and operational variables. Please call in advance for availability.

*NEW! TGIF with Y Swim: Every Friday features a special activity including pool parties, boat races, youth water fitness, infant/toddler exclusive time and more. Small pool is reserved exclusively for Y Swim TGIF on Fridays. Most TGIF events range from \$0–\$10. Pre-registration is required.