



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

SOUTH CHICAGO YMCA FALL SCHEDULE APRIL 10TH – JUNE 3RD

Pool Temperature

is kept at 85 degrees year round

Swim Attire

Swimmers must wear proper swim attire. Proper swim attire includes lined swim trunks, a modest swim suit and swim cap. Cotton shirts and gym shorts are not permitted. Swimmers not dressed appropriately will not be allowed to swim.

Lap Swim Etiquette

If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Children under 11 must be accompanied by an adult in the water. If a child under 11 can pass the swim test, he/she can swim with the parent watching from the deck.

Schedule is subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7AM-8AM Adult Lap	7AM-8AM Adult Lap	7AM-9AM Adult Lap	7AM-8AM Adult Lap	7AM-9AM Adult Lap	7AM-8AM Adult Lap	7-9AM Adult Open/Lap	
8AM-9AM Seniorcise	8AM-9AM Seniorcise		8AM-9AM Seniorcise		8AM-9AM Seniorcise		
9AM-12PM Adult Swim	9AM-12PM Adult Swim	9AM-12PM Adult Swim	9AM-11AM Adult Swim 11AM-12PM Brenda's Day Care	9AM-12PM Adult Swim	9AM-12PM Adult Swim	9AM-1PM Swim Lessons	
Pool closed 12PM-3PM	Pool closed 12PM-3PM	Pool closed 12PM-3PM	Pool closed 12PM-3PM	Pool closed 12PM-3PM	Pool closed 12PM-3PM	1PM-2PM Epic Swim Lessons	
3PM-6PM Open Swim	3PM-6PM Open Swim	3PM-6PM Open Swim	3PM-6PM Open Swim	3PM-6PM Open Swim	3p-6pm Open Swim	2PM-4:45PM Open Swim	
6PM-8PM Family Swim	6:45PM-7:30PM Aqua Fit Open Swim 7:30PM-8PM	6PM-8PM Family Swim	6:45PM-7:30PM Aqua Fit	6PM-8PM Family Swim	6:45PM-7:30PM Aqua Fit Open Swim 7:30PM-8PM		

South Chicago YMCA

3030 E. 91st Street, Chicago, IL 60617

P 773.721.9100 <http://www.ymcachicago.org/southchicago>