



Sage YMCA Family Pool Schedule



Summer **Summer Schedule 6/2/2018** Please note the pool schedule may change at any time without notice.

Time	SUNDAY						MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY					
	Lane Number						Lane Number						Lane Number						Lane Number						Lane Number						Lane Number											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5:00	Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
6:00	Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
7:00	Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
8:00	Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
9:00	Open Swim						Starters						Open Swim						Open Swim						Open Swim						Starters						Starters					
9:30	Open Swim						Swim						Open Swim						Open Swim						Open Swim						Swim						Swim					
10:00	Open Swim						Preschool						Open Swim						Open Swim						Open Swim						Preschool						Preschool					
10:30	Open Swim						Age						Open Swim						Open Swim						Open Swim						Age						Age					
10:45	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
11:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
11:15	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
11:30	Starters						H2O						Starters						Starters						H2O						Starters						Starters					
12:00	Open Swim						Discovery Camp						Discovery Camp						Discovery Camp						Discovery Camp						Open Swim						Open Swim					
12:30	Open Swim						12:30 - 2:15						12:30 - 2:15						12:30 - 2:15						12:30 - 2:15						Open Swim						Open Swim					
1:00	Open Swim						Shallow End						Shallow End						Shallow End						Shallow End						Open Swim						Open Swim					
1:30	Open Swim						Camp						Camp						Camp						Camp						Open Swim						Open Swim					
1:45	Open Swim						2:15 - 4:00						2:15 - 4:00						2:15 - 4:00						2:15 - 4:00						Open Swim						Open Swim					
2:00	Open Swim						Camp Lesson						Camp Lesson						Camp Lesson						Camp Lesson						Open Swim						Open Swim					
2:30	Open Swim						4 - 5:00						4 - 5:00						4 - 5:00						4 - 5:00						Open Swim						Open Swim					
3:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
3:15	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
3:30	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
4:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
4:15	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
4:30	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
5:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
5:15	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
5:30	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
6:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
6:30	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
7:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
7:15	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
7:30	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
7:45	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
8:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
8:30	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					
9:00	Open Swim						Lap Lane						Open Swim						Open Swim						Open Swim						Lap Lane						Lap Lane					

The water temperature is maintained between 86-88°.

Please Note Private Lessons can happen during Lap Swim and will use open space.

During Open Swim, Under 8 years - Parent in Water with Child; 8-15 years - Pass deep water test - No Parent in water/on deck; 8-15 years - Fail deep water test - Parent in water.



Looking at working at the YMCA? As an employee you'd have access to the Aquatics Academy. Aquatics Academy offers training classes for those interested in becoming a lifeguard or swim instructor now or in the future. It is **free** of charge and helps you obtain the necessary certifications required for employment at the YMCA.