



Sage YMCA Competition Pool Schedule



Summer Season								Beginning 6/11								Lanes are open unless marked. Private lesson will get priority.																																																																																																									
SUNDAY								MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY																																																																									
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During Open Swim, Under 8 years - Parent in Water with Child; 8-15 years - Pass deep water test - No Parent in water/on deck; 8-15 years - Fail deep water test - Parent in water.

Deep Water Running
 Sunday 9:00am - 9:45am
 Wednesday & Friday 8:45am - 9:30am

