

Sage YMCA Gym Schedule 9/4-10/28 Court 2

Sage YMCA Gym Schedule 9/4-10/28 Court 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:00 AM	5:00 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:00 AM
5:30 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:30 AM	5:30 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:30 AM
6:00 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		6:00 AM	6:00 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		6:00 AM
6:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	6:30 AM	6:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	6:30 AM
7:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7:00 AM	7:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7:00 AM
7:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7:30 AM	7:30 AM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7:30 AM
8:00 AM	Open Gym	Open Gym	Open Gym	TRX Boot Camp	Open Gym	Open Gym	Open Gym	8:00 AM	8:00 AM	Body Combat	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	8:00 AM
8:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	8:30 AM	8:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	8:30 AM
9:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	9:00 AM	9:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	9:00 AM
9:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	9:30 AM	9:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	9:30 AM
10:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	10:00 AM	10:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	10:00 AM
10:30 AM	Full Court Basketball	Preschool	Preschool	Preschool	Preschool	Preschool	Open Gym	10:30 AM	10:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	10:30 AM
11:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	11:00 AM	11:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	11:00 AM
11:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	11:30 AM	11:30 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	11:30 AM
12:00 PM	Open Gym	Open Pickleball	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	12:00 PM	12:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	12:00 PM
12:30 PM	Open Gym	Open Pickleball	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	12:30 PM	12:30 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	12:30 PM
1:00 PM	Open Gym	Open Pickleball	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	1:00 PM	1:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	1:00 PM
1:30 PM	Open Gym	Open Pickleball	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	1:30 PM	1:30 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	1:30 PM
2:00 PM	Open Gym	Preschool	Preschool	Preschool	Preschool	Preschool	Open Gym	2:00 PM	2:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	2:00 PM
2:30 PM	Open Gym	Preschool	Preschool	Preschool	Preschool	Preschool	Open Gym	2:30 PM	2:30 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	2:30 PM
3:00 PM	Open Gym	Preschool	Preschool	Preschool	Preschool	Preschool	Open Gym	3:00 PM	3:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	3:00 PM
3:30 PM	Open Gym	Preschool	Preschool	Preschool	Preschool	Preschool	Open Gym	3:30 PM	3:30 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	3:30 PM
4:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	4:00 PM	4:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	4:00 PM
4:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		4:30 PM	4:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		4:30 PM
5:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:00 PM	5:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:00 PM
5:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:30 PM	5:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		5:30 PM
6:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		6:00 PM	6:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		6:00 PM
6:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		6:30 PM	6:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		6:30 PM
7:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		7:00 PM	7:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		7:00 PM
7:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		7:30 PM	7:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		7:30 PM
8:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		8:00 PM	8:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		8:00 PM
8:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		8:30 PM	8:30 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		8:30 PM
9:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		9:00 PM	9:00 PM		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		9:00 PM

The entire gymnasium will be closed on the following days: Saturday, September 29 6am-4:30pm (Sage YMCA Piranhas Swim Meet), Saturday, October 13 6:00am-4:30pm (Sage YMCA Piranhas Swim Meet), Saturday, October 20 3-4:30pm (District 47 Parent University), Friday, October 26 12:00-9:30pm (Sage YMCA Halloween at the Y). This schedule is subject to change without notice and may be modified for inclement weather, special events or fitness class changes. Please see the Group Fitness Schedule for class times.