Dear YMCA Friends,

During the past year, we devoted much time and energy to developing the 2019 – 2023 strategic plan, which resulted in our deep commitment to nurturing potential, developing character, and strengthening communities for the youth and families we are privileged to serve. Throughout Chicagoland, the YMCA of Metro Chicago is dedicated to providing opportunities from cradle to career and beyond, for the positive development every child, teen, adult, and family needs to thrive.

Building blocks for healthy development include fostering relationships with children and teens, helping to shape their values and develop their skills, and working side-by-side with families to serve our community together. It’s about providing positive experiences that champion health, reduce violence, create more equitable communities, and support brighter futures.

At the YMCA of Metro Chicago, you see these positive experiences every day ... a child interacting with caring counselors at camp; mentors modeling responsible behavior and encouraging kids to do well; communities coming together to solve pressing issues like childhood obesity, youth violence, and food insecurity. In this report, G’Shauni, Emma, and Fresenius Medical Care illustrate the positive experiences happening at Ys throughout Chicago.

As we have for 160 years, the YMCA of Metro Chicago inspires individuals, organizations, corporations, and communities to achieve more, and in turn, find meaningful ways to give back to our neighbors. We continue to be called upon to be an important resource for change, support, and collaboration throughout Chicagoland, and we are successfully meeting that challenge. Thank you for your continued support and interest. Together, we provide the power of positive experiences.

As a child, who gave you a second chance, a guiding hand, or positive word of support? Was it a coach, camp counselor, or teacher? Today’s complex world calls us to become deeply committed and attentive to the development of our youth. Caring, community, and family-centered character values come together at the Y, where the power of positive experiences is unleashed.

MESSAGE FROM BOARD CHAIR & PRESIDENT/CEO

Gregory A. Nickele
Board Chairman

Richard H. Malone
President and CEO
G’Shauni “GiGi” Woodard, a fifth-grader at Polaris Charter Academy, has been part of the Kelly Hall YMCA mentoring program for the past four years. Her Y-Pal is Lisa Keller, manager of platform action at Bayer Consumer Healthcare and a member of the Y’s Associate Board. They spend quality time together by volunteering in the community, exploring Chicago’s parks, trying ethnic restaurants, and rock climbing.

Their activities are teachable moments and give them time to discuss GiGi’s goals, dreams, challenges, and successes. “Lisa gives me confidence. She’s helping me to believe in myself and know I can get good grades,” says GiGi. “I’ve learned I have to look ahead, plan for and work hard for what I want to accomplish: getting into a good high school, going to college, and becoming a doctor or interior designer.”

“Sh e makes my life better. Lisa is trusting, loving, has an amazing positive attitude, and is a great role model. I really like helping at Produce Day at the Y and the other volunteer work we do together. It feels good to help others in our community.”

Lisa says GiGi brightens up her world and brings so much energy into her life. “She is a bright spot in my day and makes me realize that the youth of our community are truly important,” says Lisa. “Seeing her positive development and growth is so rewarding. Through shared experiences and conversations, GiGi is learning how to exceed expectations, manage disappointments, build on her successes, and reach for the stars.”

THE POWER OF NURTURING POTENTIAL

Y staff and volunteers have an innate sense of hope and optimism. That’s why we challenge everyone in our community to build on what’s right in our young people rather than focus on what’s wrong. It’s a way of thinking, a mindset. Every adult has a role in raising responsible children. Every child needs the power of positive experiences to thrive.
THE POWER OF DEVELOPING CHARACTER

Building character helps to ensure that healthy behaviors and choices prevail. At YMCA overnight camps, children begin to set and meet high expectations and form the lifelong values of caring, honesty, respect, and responsibility. With counselors as role models, campers develop character through the power of positive experiences.

An assistant program director at YMCA Camp Independence, Emma Nockels says the YMCA has changed her life. It’s a far cry from her first Y experience of having to go to “sick kid” camp, which she dreaded, then sobbing all the way home at its end because she did not want to leave.

When Emma was diagnosed with type 1 diabetes, her endocrinologist recommended Y camp. “I had not met anyone with the same condition. One of my best memories was seeing everyone in my cabin wearing insulin pumps. Lauren told me she liked my blue pump; hers was pink. We’ve been best friends ever since. I’ll be a bridesmaid in Lauren’s wedding this year.”

Camp Independence is specifically designed for children and young adults with spina bifida. Programs at Camp Independence promote confidence, cooperation, and most importantly, campers leave with new feelings of independence that they can apply to their everyday lives.

“Watching kids achieve their ‘firsts’ is amazing,” Emma says. “Some campers have never been on a boat. Some have never dressed themselves. Others prepare their first meals in our cooking class!”

“I want kids at Camp Independence to know that anything is possible. They should never let their challenges hold them back. They can accomplish anything they want. Y camp gives them the opportunities, resources, and skills to discover their own independence.”
THE POWER OF STRENGTHENING COMMUNITY

As a leading nonprofit community service organization, the YMCA of Metro Chicago embraces a vision that values and involves young people as a precious resource in our community. The need to provide safe places, caring adults, and enriching health and wellness programs for our young people becomes more critical each year.

Collaborations address community-wide issues, because they can’t be solved alone. Families, schools, neighborhoods, congregations, organizations, and corporations have a role in creating the power of positive experiences. In 2018, the Fresenius Medical Care Foundation strengthened our community by donating $50,000 to the YMCA of Metro Chicago for healthy eating and physical activity at summer day camp and for diabetes camp at Y Camp Duncan.

The Foundation’s launch inspired 4,000 Fresenius Medical Care employees to pack Healthy Eating, Active Lifestyle, or HEAL, kits for local kids to be more active with their families and friends. The kits contained water bottles, sports balls, gear bags, and air pumps. Five hundred local students were invited to work out with the Harlem Globetrotters, enjoy a performance by America’s Got Talent Angelica Hale, and take home their own HEAL kits.

The Fresenius–YMCA partnership helps to increase awareness of chronic kidney disease and to address community health efforts that positively impact a diagnosis. Diabetes can be a precursor to chronic kidney disease. YMCA Diabetes Camp is a place for positive energy and learning: improved nutrition and increased physical activity can delay more serious problems.

“Last year, 205 children with diabetes attended Diabetes Camp,” said Richard Malone, YMCA of Metro Chicago president and CEO. “The Fresenius Medical Care Foundation’s gift is a significant and valuable investment in children. It will provide financial assistance, so more campers can attend camp to learn how to control diabetes, instead of the disease controlling them.”
The YMCA of Metro Chicago is grateful for all our donors. The honor roll below reflects gifts of $1,000 and more made between January 1 and December 31, 2018.

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In 2018, children, teens, families, and adults discovered the power of positive experiences.

157,685 members were supported in improving their health and well-being.

4,064 metro Chicagoans found rewarding careers.
850+ children prepared for kindergarten in Y early learning centers.

85% of children from birth to age 5 exceeded age-related expectations in cognitive, language, literacy, Spanish language and literacy, social-emotional, and physical development and learning. 2017/2018 Teaching Strategies Gold data

Kids developed confidence and life-saving skills in 14,601 swim lessons.

6,133 elementary school children used their before- and after-school hours to improve their academic achievement and engage in healthy, productive activities.

In the Y’s after-school program, 85% of students reported demonstrated persistence in their school work, 82% worked well with other students, and 80% always turned in their school work on time. 2017/2018 Outcomes Survey

4,992 individuals and partners were inspired to contribute $1.9M in scholarships through the annual giving campaign.

11,306 children and preteens made friends and enjoyed the outdoors at camp.
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Deena Siegel
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The fifth annual The Y. So Much More™ Recognition Dinner, held in October, welcomed more than 400 guests and raised more than $1.3 million to support the Y’s commitment to academic readiness, character development, violence prevention, and fitness and healthy living across Chicagoland.

Held at Morgan Manufacturing and emceed by Emma Nockels of YMCA Camp Independence, the dinner showcased the importance of access to quality education for all children.

The So Much More Than A Volunteer award was presented to Blue Cross and Blue Shield of Illinois, in part for the 5,000 hours of volunteer service by BCBSIL employees. Dana L. Holmes, chief of staff to the BCBSIL President, accepted the award.

Frederick H. Waddell, chairman and former CEO of Northern Trust, received the So Much More Than A Leader award from Connie L. Lindsey of the YMCA Board of Managers. Board Chairman Gregory A. Nickele presented Reyes Holdings with the So Much More Than A Partner award. Stephen and Andrew Reyes accepted the award on behalf of the 31,000 Reyes Holdings employees.

We are grateful for the support of our philanthropic community and look forward to providing the power of positive experiences for our neighbors in need.
Rick Waddell (Northern Trust) commends emcee Emma Nockels for her moving story as he accepts the So Much More Than a Leader award.

Stephen and Andrew Reyes accept the So Much More Than a Partner award on behalf of Reyes Holdings from colleague Greg Nickele, Chairman of the Board for the YMCA of Metro Chicago.

Youth participants in our Community Schools Initiative “Dancing with Class” program, in partnership with May I Have This Dance, one of Chicago’s leading ballroom dance studios.

Emcee Emma Nockels of YMCA Camp Independence is congratulated by Board Chair Greg Nickele.

Rick Waddell (Northern Trust) commends emcee Emma Nockels for her moving story as he accepts the So Much More Than a Leader award.
KELLY HALL YMCA FUTURE LEADERS LUNCHEON

More than $160,000 to benefit youth and families in the West Humboldt Park community was raised at the Kelly Hall Future Leaders Luncheon. Guests heard from Makiah Allen, an emerging teen leader and a Kelly Hall YMCA teen, and Cook County Sheriff Thomas J. Dart.

STATE REP. BARBARA FLYNN CURRIE CELEBRATES SUMMER LEARNING DAY

Long-time YMCA supporter and State Representative Barbara Flynn Currie visited the South Side YMCA July 12, National Summer Learning Day. Rep. Currie observed the Y’s STEM Camp program, Day Camp, Early Head Start programs, and other services at the Y. The YMCA of Metro Chicago partnered with the Illinois Institute of Technology to provide three day camps that encourage girl power.

McCORMICK YMCA EXPANDS

A McCormick YMCA building expansion is having a potentially life-saving impact by making year-round swim lessons and pool facilities available to more residents. The Robert R. McCormick Foundation wholeheartedly embraced the goal of having this resource available in an underserved community, so families can build the life skills needed for a better future. The impact of this investment is already being felt as more than 1,200 swim lessons were given in the first year alone.
**TWO WORLD RECORDS**

Indian Boundary YMCA’s Fitness Director George Hood planked for 10 hours, 10 minutes and 10 seconds straight to break the world record and fundraise for the YMCA of Metro Chicago’s Urban Warriors. After breaking this record, he continued to plank, and broke the “most plank time accumulated in 24 hours” world record with a time of 18:10:10.

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**YOUTH SAFETY AND VIOLENCE PREVENTION EXPANDS**

The Y’s Youth Safety and Violence Prevention initiative added mental health evaluations and professional counseling provided by Rush University Medical Center. YSVP expanded its reach from eight to 10 Chicago communities. A $1 million grant from the Illinois Criminal Justice Information Authority enabled services in Woodlawn and South Shore. Working with ICJIA and Rush University Medical Center expands the YSVP’s reach to quell violence and promote healing through trauma-informed care.

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**Y STAFF MEMBERS SAVE A LIFE**

Buehler YMCA employees Becca Wolfe, Rachel Herndon, Agnes Gallagher, Kaitlin Fonger, Marty Chindblom, and member Kimberly Shirmer saved Y member Greg Sendi’s life. The group provided lifesaving support to him when he went into cardiac arrest while taking a break from his workout. The Sendi family hosted a luncheon at the Buehler YMCA, where lifesaving awards were presented to the employees who performed CPR.

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Keep up to date on all events at the Y ymcachicago.org/blog
## 2018 FINANCIALS*

### 2018 STATEMENT OF ACTIVITIES

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
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<tbody>
<tr>
<td>Contributions, United Way, local chests</td>
<td>$5,271,681</td>
<td>$550,131</td>
<td>$5,821,812</td>
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<td>Government-funded programs</td>
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<td>Membership dues</td>
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<td>Program fees</td>
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<td>Investment income designated for operations</td>
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<td>Other revenue</td>
<td>3,927,235</td>
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<td>Net assets released from restrictions</td>
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<td>(862,173)</td>
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<td><strong>Total Revenue</strong></td>
<td><strong>85,832,401</strong></td>
<td><strong>(312,042)</strong></td>
<td><strong>85,520,359</strong></td>
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<th>Expenses</th>
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<td>Program services</td>
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<td>Supporting services</td>
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<td><strong>Total Expenses</strong></td>
<td><strong>98,900,019</strong></td>
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<td>Change in net assets before non-operating</td>
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<td>Non-operating income (expenses)</td>
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<td>Excess of revenue over expenses</td>
<td>$(27,269,904)</td>
<td>$(362,793)</td>
<td>$(27,632,697)</td>
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### 2018 STATEMENT OF FINANCIAL POSITION

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<thead>
<tr>
<th>Assets</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$1,691,740</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Receivables</td>
<td>4,626,404</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investments</td>
<td>124,362,225</td>
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</tr>
<tr>
<td>Other assets</td>
<td>653,248i</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Benefit interest in charitable trust</td>
<td>3,153,749</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Land, buildings and equipment</td>
<td>112,851,327</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$247,338,693</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities &amp; Net Assets</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accrued liabilities</td>
<td>$10,668,668</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Deferred revenue and advances</td>
<td>3,038,193</td>
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<td></td>
</tr>
<tr>
<td>Debt</td>
<td>62,444,924</td>
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<tr>
<td>Other liabilities</td>
<td>2,583,279</td>
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</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$78,735,064</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Without donor restrictions</td>
<td>155,838,631</td>
<td></td>
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<tr>
<td>With donor restrictions</td>
<td>12,764,998</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>168,603,629</strong></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total Liabilities and Net Assets</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$247,338,693</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Unaudited
# YMCA of Metro Chicago Locations

## Crown Family YMCA
**Center**
- 1030 W. Van Buren Street
- Chicago, IL 60607
- 312.932.1200

**Member Services**
- 773.905.5115

**Membership Centers**
- Buehler YMCA
  - 1400 W. Northwest Hwy
  - Palatine, IL 60067
  - 847.359.2400

- Elmhurst YMCA
  - 211 W. First Street
  - Elmhurst, IL 60126
  - 630.834.9200

- Foglia YMCA
  - 1025 N. Old McHenry Road
  - Lake Zurich, IL 60047
  - 847.438.5300

- Fry Family YMCA
  - 2120 W. 95th Street
  - Naperville, IL 60540
  - 630.904.9595

- Greater Lagrange YMCA
  - 1100 E. 31st Street
  - La Grange Park, IL 60526
  - 708.352.7600

**Hastings Lake YMCA**
- 1995 Grass Lake Road
- Lindenhurst, IL 60046
- 847.356.4006

**High Ridge YMCA**
- 2424 W. Touhy Ave.
- Chicago, IL 60645
- 773.262.8300

**Indian Boundary YMCA**
- 711 59th Street
- Downers Grove, IL 60516
- 630.368.8400

**Irving Park YMCA**
- 4251 W. Irving Park Road
- Chicago, IL 60641
- 773.777.7500

**Kroehler Family YMCA**
- 34 S. Washington Street
- Naperville, IL 60540
- 630.420.6270

**Lake View YMCA**
- 3333 N. Marshfield Ave.
- Chicago, IL 60657
- 773.248.3333

**Lattof YMCA**
- 300 E. Northwest Hwy
- Des Plaines, IL 60016
- 847.296.3376

**Leaning Tower YMCA**
- 6300 W. Touhy Ave.
- Niles, IL 60714
- 847.410.5108

**McCormick YMCA**
- 1834 N. Lawndale Ave.
- Chicago, IL 60647
- 773.235.2525

**Rauner Family YMCA**
- 2700 S. Western Ave.
- Chicago, IL 60608
- 773.847.3115

**Sage YMCA**
- 701 Manor Road
- Crystal Lake, IL 60014
- 815.459.4455

**South Side YMCA**
- 6330 S. Stony Island Ave.
- Chicago, Il 60637
- 773.947.0700

**South Shore YMCA**
- 1665 W. Michigan St.
- Chicago, IL 60624
- 773.262.2300

**Southview YMCA**
- 34 S. Homan Ave.
- Chicago, IL 60632
- 773.434.0300

**Human Services**

### Ymca Youth Safety and Violence Prevention (YSVP)
- 1608 W. 21st Place
- Chicago, IL 60608
- 312.447.3096
- ymcachicago.org/ysvp

### Kelly Hall YMCA
- 824 N. Hamlin Ave.
- Chicago, IL 60651
- 773.886.1220
- kellyhallymca.org

### McCormick YMCA
- 34 S. Washington Street
- Naperville, IL 60540
- 630.585.5100
- ymcaellsound.org

### Child Care

#### Garfield YMCA
- 7 N. Homan Ave.
- Chicago, IL 60624
- 773.265.3900

#### High Ridge YMCA
- 2424 W. Touhy Ave.
- Chicago, IL 60645
- 773.262.8300

#### Marshall High School
- 3250 W. Adams Street
- Chicago, IL 60624
- 773.265.0145

#### McCormick YMCA
- 1834 N. Lawndale Ave.
- Chicago, IL 60647
- 773.235.2525

### North Lawndale YMCA
- 3449 W. Arthington Street
- Chicago, IL 60624
- 773.638.0773

### Orr High School
- 730 N. Pulaski Road
- Chicago, IL 60624
- 773.534.6500

### Rauner Family YMCA
- 2700 S. Western Ave.
- Chicago, IL 60608
- 773.847.3115

### South Side YMCA
- 6330 S. Stony Island Ave.
- Chicago, IL 60632
- 773.947.0700

### Supportive Housing

#### Emil Jones, Jr.
- 19 E. 110th Place
- Chicago, IL 60628
- 773.568.5734

#### Fred C. Matthews III
- 5040 S. Indiana Ave.
- Chicago, IL 60655
- 773.548.5495

#### Ivanhoe YMCA
- 4251 W. Irving Park Road
- Chicago, IL 60641
- 773.777.7500

#### Jesse Jackson, Jr.
- 166 W. 151st Street
- Harvey, IL 60426
- 708.589.2105

#### Jesse Jackson, Jr.
- 174 W. 151st Street
- Harvey, IL 60426
- 708.589.2110

### Lakeview YMCA
- 3333 N. Marshfield Ave.
- Chicago, IL 60657
- 773.248.3333

### Leaning Tower YMCA
- 6300 W. Touhy Ave.
- Niles, IL 60714
- 847.410.5108

### South Chicago Senior Housing
- 3039 E. 31st Street
- Chicago, IL 60617
- 773.721.9100

### Residents Camps

#### Ymca Camp Duncan
- 13400 Camp Nawakwa Lane
- Miami, FL 33543
- 715.588.7422
- nawakwa.com

#### Ymca Camp Maclean
- 31401 Durand Ave.
- Burling, WI 53105
- 262.763.7742
- campmaclean.com

#### Ymca Camp Nawakwa
- 1400 Camp Nawakwa Lane
- Lac du Flambeau, WI 54538
- 715.588.7422
- nawakwa.com

#### Ymca Camp PineWood
- 4230 Obenauf Road
- Twin Lake, MI 49457
- 231.821.2421
- camppinewood.com

### Community Schools

YMCA Community Schools provide academic enrichment, fitness and health clinics, and computer literacy in fifteen Chicago public schools. For a current list of participating schools, visit ymcachicago.org/communityschools.
The mission of the YMCA of Metro Chicago is to develop strong children, families and communities across Metropolitan Chicago through academic readiness, character development, violence prevention, and fitness and healthy living.