FAMILY ACTIVITY: CHARADES

Our bodies can dance and move to create art or represent things in our lives. Play a game of charades with your family to see how creative you can be in representing a prompt with your bodies.

MATERIALS AND INSTRUCTIONS

Materials
- Paper
- Writing utensil
- Scissors
- Something to hold charade prompts, like a bowl or hat

Instructions
1. Write as many charade prompts as you would like on a piece of paper, leaving room to cut them apart, fold them and put them in a bowl or hat. See the list of prompt ideas on the back of this page.
2. Get your charade group together and decide who will act first.
3. The actor will draw a prompt from the hat and read it silently.
4. They will act out the prompt using only their body. The actor is not allowed to speak or make noises.
5. The other players will try to guess what the actor is acting out.
6. The person that guesses the prompt correctly first becomes the new actor or can select someone to be the new actor.

QUESTIONS TO EXPLORE

1. What did you think of the charades game and why?
2. Was it easy, hard or in between to communicate without words, using your body? Why?
3. How else might you use your body to create art or represent things?

IDEAS FOR CHARADE PROMPTS

Activities
- Brushing teeth
- Building a sandcastle
- Dancing
- Driving a car
- Opening a gift
- Playing baseball
- Shoveling snow
- Swimming
- Skateboarding
- Tying a shoe
- Walking a dog
- Yoga
Animals and Insects
- Bumblebee
- Bird
- Cat
- Cow
- Dog
- Fish
- Giraffe
- Horse
- Monkey
- Rabbit
- Spider
- Snake

Food
- Banana
- Bubblegum
- French fries
- Ice cream cone
- Jello
- Pizza
- Popcorn
- Sandwich
- Spaghetti
- Taco