FAMILY ACTIVITY: TALENT CHARADES

In this activity, families will examine talents and how we get good at something. First they will play charades! Family members will act out various talents while their others guess what talent they are acting out. Then, as we reflect, youth will think about what their talents are, how they got good at them and articulate plans for continuing to build their skills.

MATERIALS AND INSTRUCTIONS

Materials
- Slips of paper with talents written on them (see examples on page 2)

Instructions
1. Write as many charade prompts as you would like on a piece of paper, leaving room to cut them apart, fold them and put them in a bowl or hat. See the list of prompt ideas on the back of this page.
2. Get your charade group together and decide who will act first.
3. The actor will draw a prompt from the hat and read it silently.
4. They will act out the prompt using only their body. The actor is not allowed to speak or make noises.
5. The other players will try to guess what the actor is acting out.
6. The person that guesses the prompt correctly first becomes the new actor or can select someone to be the new actor.

QUESTIONS TO EXPLORE

1. How did you feel about acting out the talent you selected?
2. Was the talent you acted out something that you are good at?
3. Was there a different talent that someone acted out that you are good at?
4. If no, what are you good at? What is one of your talents?
5. How did you get good at that?
6. What is something you can do to continue to strengthen your talent?

IDEAS TO INCLUDE YOUNGER SIBLINGS! (ADAPTATIONS FOR 0-5 YEAR OLDS)

- Include younger children who are not reading by adding pictures/drawings to the prompts if you are able, or be prepared to read for them or determine another way to ensure they understand what the prompts are. If you have a larger group, think about pairing younger children with other members of the group and having them act out the prompts together. Is there an adult who isn’t playing, but could help with this step? Consider if your younger child/children is familiar with each of the activities before you begin so you are not tripped up at that step.
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