



Sage YMCA Competition Pool Schedule



Spring Preseason Beginning 4/9-6/3 Lanes are open unless marked. Private lesson will get priority.

	SUNDAY								MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY																																																																																
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During Open Swim, every child under 11 must be accompanied in the water at all times by a person 16 years or older. If the child can pass the deep water swim test, then the child may be in the water on his/her own, with a parent on the pool deck. In order to swim in deep water all swimmers 12 and under must be swim tested and wear a wrist band to signify passing. Swimmers in lap lanes must swim consecutively.

Deep Water Running Sunday 9:45-10:45 W&F 8:45-9:45

