

# POOL SCHEDULE

LEANING TOWER YMCA | FALL I 2018 | SEPTEMBER 4 - OCTOBER 28

LAST UPDATED 8/31/2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>Schedule is subject to change without notice.</p> <p><b>Private lessons have priority over lanes.</b></p> <p><b>Age:</b> Swimmers under the age of 8 must have a parent or guardian present in the water.</p> <p><b>Swim Test (Under 18):</b> To swim in the deep water you must swim 25 yds with face in &amp; tread water for 30 seconds.</p> <p><b>Floation Devices:</b> Inflatable floatation devices not allowed</p>	<p><b>6-10:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>6-6:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>6-9:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>6-6:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>6-9:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>6-6:45am</b> Lap Swim (3) Walking (1)</p>	<p><b>6-10 am</b> Lap Swim (3) Walking (1)</p>	
		<p><b>6:30-7:30 am</b> Aqua Fit (2) Lap (2)</p>		<p><b>6:30-7:30 am</b> Aqua Fit (2) Lap (2)</p>		<p><b>6:45 - 7:45 am</b> Tri Training (2) Lap Swim (2)</p>		
		<p><b>10:30-11:30am</b> Aqua Fit (3) Lap (1)</p>	<p><b>7:30-9:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>10:30-11:30am</b> Aqua Fit (3) Lap (1)</p>	<p><b>7:30-9:30 am</b> Lap Swim (3) Walking (1)</p>	<p><b>10:30-11:30am</b> Aqua Fit (3) Lap (1)</p>	<p><b>7:45-8:45 am</b> Aqua Fit (3) Lap (1)</p>	<p><b>10:00-1 pm</b> Lessons (3) Lap (1)</p>
		<p><b>11:30-12:30pm</b> Tot Swim (2) Lap (2)</p>	<p><b>9:30-10:30 am</b> Aqua Zumba (2) Lap (2)</p>	<p><b>11:30-12:30pm</b> Tot Swim (2) Lap (2)</p>	<p><b>9:30-10:30 am</b> Aqua Zumba (2) Lap (2)</p>	<p><b>11:30-12:30pm</b> Tot Swim (2) Lap (2)</p>	<p><b>9 - 10:15 am</b> Lessons (2) Lap (2)</p>	
		<p><b>12:30-4 pm*</b> Lap Swim (4) <b>2 - 3 pm</b> <b>Schools out (2)</b> <b>Lap (2)</b> <b>10/8 only</b></p>	<p><b>10:30-11:30am</b> AOA Aqua Fit (3) Lap (1)</p>	<p><b>12:30-4 pm</b> Lap Swim (4)</p>	<p><b>10:30-11:30am</b> AOA Aqua Fit (3) Lap (1)</p>	<p><b>12:30-4 pm</b> Lap Swim (4)</p>	<p><b>10:15 - 12 am</b> Lessons (3) Lap (1)</p>	
			<p><b>11:30-1:00 pm</b> Senior Swim (2) Lap (2)</p>		<p><b>11:30-1:00 pm</b> Senior Swim (2) Lap (2)</p>		<p><b>12 - 3 pm</b> Open Swim (2) Lap (2)</p>	<p><b>1 - 4:00 pm</b> Family Swim (2) Lap (2)</p>
		<p><b>4 - 6:15 pm</b> Swim Lessons (2) Lap Swim (2)</p>	<p><b>1:00-4:00pm</b> Lap Swim (4)</p>	<p><b>4 - 7 pm</b> Swim Lessons (3) Lap Swim (1)</p>	<p><b>1:00-4:00pm</b> Lap Swim (4)</p>	<p><b>4 - 6:15 pm</b> Swim Lessons (3) Lap Swim (1)</p>	<p><b>3 - 4:30 pm</b> Family Swim (2) Lap (2)</p>	
		<p><b>6:15 - 7:00 pm</b> Open Swim (2) Lap Swim (2)</p>	<p><b>4:00-6:30 pm</b> Open Swim (2) Lap Swim (2)</p>	<p><b>6:45 - 7:15 pm</b> Open Swim (2) Lap Swim (2)</p>	<p><b>4:00-6:30 pm</b> Open Swim (2) Lap Swim (2)</p>	<p><b>6:15 - 8 pm</b> Family Swim (2)</p>	<p><b>4:30-6:30 pm</b> Lap (4)</p>	
		<p><b>7 - 8:30 pm</b> Aqua Fit (2) Swim Lessons (1) Lap Swim (1)</p>	<p><b>6:30 - 9:30 pm</b> Lap Swim (4)</p>	<p><b>7:15 - 8:15 pm</b> Aqua Fit (2) Swim Lesson (1) Lap Swim (1)</p>	<p><b>6:30 - 9:30 pm</b> Lap Swim (4)</p>	<p><b>8 - 9:30 pm</b> Lap Swim (4)</p>		
		<p><b>8:30 - 9:30 pm</b> Lap Swim (4)</p>		<p><b>8:15 - 9:30 pm</b> Lap Swim (4)</p>				

**Guards may close pool for a 10 minute break**

## Descriptions

**Lap Swim:** To avoid accidents notify swimmer of your arrival. Please choose a lane where swimmer is a similar speed. Circle swim is required if there are more than 2 patrons in a lane.

**Senior Swim:** 55+ only social swim

**Open Swim:** All ages may attend  
**Walking:** A area designated for walking and independent exercise

**Tot Swim:** Toddlers 5 and under with parent

**Family Swim:** Adult and child must accompany one another