



# GYM SCHEDULE

Summer 1 Session 2018 Gym Schedule Monday, 6/11/2018 Through Sunday, 7/15/2018.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM							YMCA Closed				
6:00 AM	Adult Basketball		Adult Basketball		OPEN GYM	GYMNASTICS	OPEN GYM				
7:00 AM											
8:00 AM	OPEN GYM		OPEN GYM	OPEN GYM	OPEN GYM		FAMILY OPEN GYM				
9:00 AM											
9:30 AM		Tabata Right Court								HIIT CLASS RIGHT COURT	
10:00 AM											
10:30 AM											
11:00 AM									OPEN GYM	OPEN GYM	Adult Basketball
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM		OPEN GYM									
4:30 PM											
5:00 PM											
4:30 PM				T-BALL CLINIC 5 PM-6 PM	Gymnastics	OPEN GYM					
5:30 PM											
6:30 PM			Adult Basketball								
7:00 PM											
7:30 PM											
8:00 PM						* On weekends, half the gym may be unavailable due to private parties and events.					
8:30 PM											
9:00 PM			OPEN GYM	OPEN GYM							

**\*\*FULL COURT GAMES ARE ONLY PERMITTED DURING ADULT OPEN BASKBALL\*\***