

POOL SCHEDULE

LEANING TOWER YMCA | SUMMER 2018 | JUNE 11 - JULY 15

LAST UPDATED 6/16/2018

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Schedule is subject to change without notice.

Private lessons have priority over lanes.

Age: All swimmers under the age of 8 must have a parent or guardian present in the water. Non-swimmers must be within arms-reach of parent at all times

Swim Test: Anyone under 18 who wishes to swim in the deep water must swim 25 yds with face in and tread water for 30 seconds

Floation Devices: Coast Guard approved life jackets allowed. No inflatable or swim aids permitted

6-9:45 am Lap Swim (3) Walking (1)	6-6:30 am Lap Swim (3) Walking (1)	6-10:30 am Lap Swim (3) Walking (1)	6-6:30 am Lap Swim (3) Walking (1)	6-9:45 am Lap Swim (3) Walking (1)	6-6:45am Lap Swim (3) Walking (1)	6-10 am Lap Swim (3) Walking (1)
	6:30-7:30 am Aqua Fit (2) Lap (2)		6:30-7:30 am Aqua Fit (2) Lap (2)		6:45 - 7:45 am Tri Training (2) Lap Swim (2)	
	7:30-9:00 am Lap Swim (3) Walking (1)		7:30-9:00 am Lap Swim (3) Walking (1)		7:45-8:45 am Aqua Fit (3) Lap (1)	
	9:00-9:30 am Camp Lessons (2) Lap (2)		9:00-9:30 am Camp Lessons (2) Lap (2)		9:00-12:00 pm Lessons (3) Lap (1)	
9:45 - 10:15 am Camp (2) Lap (2)	9:30-10:30 am Camp Lessons (2) Aqua Zumba (2)	10:30-11:30am Aqua Fit (3) Lap (1)	9:30-10:30 am Camp Lessons (2) Aqua Zumba (2)	9:45 - 10:15 am Camp (2) Lap (2)		10:00-12:15pm Lessons (3) Lap (1)
10:30-11:30am Aqua Fit (3) Lap (1)	10:30-11:30am AOA Aqua Fit (3) Lap (1)	11:30-12:30pm Tot Swim (2) Lap (2)	10:30-11:30am AOA Aqua Fit (3) Lap (1)	10:30-11:30am Aqua Fit (3) Lap (1)		
11:30 - 1:00 pm Lap Swim (4)	11:30-1:00 pm Lap (4)	12:30-3:00 pm Lap Swim (4)	11:30 - 12:00 am Camp (2) Lap (2)	11:30 - 1:00 pm Lap Swim (4)	12:00 - 3 pm Open Swim (2) Lap (2)	12:15-4:00 pm Family Swim (2) Lap (2)
1:15-3:15 pm Camp (4)	1:15-3:15 pm Camp (4)	3:00 - 4:00 pm Open (2) Lap (2)	12:00-3:00pm Lap Swim (4)	1:15-3:15 pm Camp (4)		
3:15 - 4:00 pm Open (2) Lap (2)	3:15-6:30 pm Open Swim (2) Lap Swim (2)	4 - 6:45 pm Swim Lessons (2) Lap Swim (2)	3 - 4:25pm Camp lessons (2) Lap Swim (2)	3:15 - 4:00 pm Open (2) Lap (2)	3 - 4:30 pm Family Swim (2) Lap (2)	
4 - 6:15 pm Swim Lessons (2) Lap Swim (2)		6:45 - 7:15 pm Open Swim (2) Lap Swim (2)		4 - 6:15 pm Swim Lessons (2) Lap Swim (2)	4:30-6:30 pm Lap (4)	
6:15 pm-7 pm Lap Swim (4)			4:30-6:30 pm Open Swim (2) Lap Swim (2)			
7 - 8:30 pm Aqua Fit (2) Swim Lesson (1) Lap Swim (1)	6:30 - 9:30 pm Lap Swim (4)	7:15 - 8:15 pm Aqua Fit (2) Lap Swim (2)	6:30 - 9:30 pm Lap Swim (4)			
8:30 - 9:30 pm Lap Swim (4)		8:15 - 9:30 pm Lap Swim (4)		6:15-9:30 pm Family (2) Lap Swim (2)		

Descriptions

Lap Swim: To avoid accidents notify swimmer of your arrival. Please choose a lane where swimmer is a similar speed. Circle swim is required if there are more than 2 patrons in a lane.

Open Swim: All ages may attend

Walking: A area designated for walking and independent exercise

Tot Swim: Toddlers 5 and under with parent

Senior Swim: 55+ only social swim

Family Swim: Adult and child must accompany one another