

POOL SCHEDULE

LEANING TOWER YMCA | SPRING 2 2018 | APRIL 16 - JUNE 10

LAST UPDATED 4/9/2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>Schedule is subject to change without notice.</p> <p>Private lessons have priority over lanes.</p> <p>Age: Swimmers under the age of 8 must have a parent or guardian present in the water.</p> <p>Swim Test: Anyone under 18 who wishes to swim in the deep water must swim 25 yds with face in and tread water for 30 seconds</p> <p>Floation Devices: Inflatable floatation devices not allowed</p>	6-10:30 am Lap Swim (3) Walking (1)	6-6:30 am Lap Swim (3) Walking (1)	6-9:30 am Lap Swim (3) Walking (1)	6-6:30 am Lap Swim (3) Walking (1)	6-9:30 am Lap Swim (3) Walking (1)	6-6:45am Lap Swim (3) Walking (1)	6-10 am Lap Swim (3) Walking (1)	
		6:30-7:30 am Aqua Fit (2) Lap (2)		6:30-7:30 am Aqua Fit (2) Lap (2)		6:45 - 7:45 am Tri Training (2) Lap Swim (2)		
	10:30-11:30am Aqua Fit (3) Lap (1)	7:30-9:30 am Lap Swim (3) Walking (1)	10:30-11:30am Aqua Fit (3) Lap (1)	7:30-9:30 am Lap Swim (3) Walking (1)	10:30-11:30am Aqua Fit (3) Lap (1)	7:45-8:45 am Aqua Fit (3) Lap (1)	10:00-12:15pm Lessons (3) Lap (1)	
	11:30-12:30pm Tot Swim (2) Lap (2)*	9:30-10:30 am Aqua Zumba (2) Lap (2)	11:30-12:30pm Tot Swim (2) Lap (2)*	9:30-10:30 am Aqua Zumba (2) Lap (2)	11:30-12:30pm Tot Swim (2) Lap (2)	9:00-12:00 pm Lessons (3) Lap (1)		
	12:30-4 pm Lap Swim (4)*	10:30-11:30am AOA Aqua Fit (3) Lap (1)	12:30-4 pm Lap Swim (4)* 2 - 3 pm Schools out (2) Lap (2) 4/18 only	10:30-11:30am AOA Aqua Fit (3) Lap (1)	12:30-4 pm Lap Swim (4)			
		11:30-1:00 pm Senior Swim (2) Lap (2)*		11:30-1:00 pm Senior Swim (2) Lap (2)*				12:15-4:00 pm Family Swim (2) Lap (2)
		4 - 6:15 pm Swim Lessons (2) Lap Swim (2)	1:00-4:00pm Lap Swim (4)*	4 - 6:45 pm Swim Lessons (2) Lap Swim (1)	1:00-4:00pm Lap Swim (4)*	4 - 7:00 pm Swim Lessons (2) Lap Swim (2)	12 - 3 pm Open Swim (2) Lap (2)	
		6:15 - 7:15 pm Open Swim (2) Lap Swim (2)	4:00-6:30 pm Open Swim (2) Lap Swim (2)	6:45 - 7:15 pm Open Swim (2) Lap Swim (2)	4:00-6:30 pm Open Swim (2) Lap Swim (2)	7:00 - 8:30 pm Family Swim (2)	3 - 4:30 pm Family Swim (2) Lap (2)	
		7:15 - 8:15 pm Aqua Fit (2) Lap Swim (2)		7:15 - 8:15 pm Aqua Fit (2) Swim Lesson (1) Lap Swim (1)			4:30-6:30 pm Lap (4)	
		8:15 - 9:30 pm Lap Swim (4)	6:30 - 9:30 pm Lap Swim (4)		6:30 - 9:30 pm Lap Swim (4)	8:30-9:30 pm Lap Swim		
			8:15 - 9:30 pm Lap Swim (4)					

Guards may close pool for a 10 minute break

***Lifeguard class on 5/29-6/1 & 6/5-6/8. Limited lap lanes will be available. Times TBA**

Descriptions

Lap Swim: To avoid accidents notify swimmer of your arrival. Please choose a lane where swimmer is a similar speed. Circle swim is required if there are more than 2 patrons in a lane.

Senior Swim: 55+ only social swim

Open Swim: All ages may attend

Walking: A area designated for walking and independent exercise

Tot Swim: Toddlers 5 and under with parent

Family Swim: Adult and child must accompany one another