



GYM SCHEDULE

Gym Schedule week of 8/20 through 9/2, closed on Monday, 9/3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
5:00 AM	Adult Basketball	OPEN GYM	Adult Basketball	OPEN GYM	OPEN GYM	Open Gym	YMCA Closed						
6:00 AM							OPEN GYM						
7:00 AM													
8:00 AM	OPEN GYM	Tabata Right Court	OPEN GYM	HIIT CLASS RIGHT COURT	OPEN GYM								
9:00 AM													
9:30 AM													
10:00 AM	1/2 Court Open and 1/2 Court Camp	1/2 Court Open and 1/2 Court Camp	1/2 Court Open and 1/2 Court Camp	1/2 Court Open and 1/2 Court Camp	1/2 Court Open and 1/2 Court Camp		Open Gym	Adult Basketball					
10:30 AM								OPEN GYM					
11:00 AM													
11:30 AM								OPEN GYM					
12:00 PM													
12:30 PM													
1:00 PM						Open Gym		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	FAMILY OPEN GYM
1:30 PM													
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM													
4:30 PM													
5:00 PM													
5:30 PM													
6:00 PM	Open Gym	Open Gym	Adult Basketball	Open Gym	Open Gym	Open Gym	* On weekends, half the gym may be unavailable due to private parties and events.						
6:30 PM													
7:00 PM													
7:30 PM													
8:00 PM													
8:30 PM													
9:00 PM													

*****FULL COURT GAMES ARE ONLY PERMITTED DURING ADULT OPEN BASKBALL*****