

POOL SCHEDULE

LEANING TOWER YMCA | FALL 2 2018 | OCTOBER 29 - DECEMBER 23

LAST UPDATED 10/29/2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>Schedule is subject to change without notice.</p> <p>Private lessons have priority over lanes.</p> <p>Age: Swimmers under the age of 8 must have a parent or guardian present in the water.</p> <p>Swim Test (Under 18): To swim in the deep water you must swim 25 yds with face in & tread water for 30 seconds.</p> <p>Floating Devices: Inflatable flotation devices not allowed</p>	6-10:30 am Lap Swim (3) Walking (1)	6-6:30 am Lap Swim (3) Walking (1)	6-9:30 am Lap Swim (3) Walking (1)	6-6:30 am Lap Swim (3) Walking (1)	6-9:30 am Lap Swim (3) Walking (1)	6-6:45am Lap Swim (3) Walking (1)	6-10 am Lap Swim (3) Walking (1)	
		6:30-7:30 am Aqua Fit (2) Lap (2)		6:30-7:30 am Aqua Fit (2) Lap (2)		6:45 - 7:45 am Tri Training (2) Lap Swim (2)		
		10:30-11:30am Aqua Fit (3) Lap (1)	7:30-9:30 am Lap Swim (3) Walking (1)	10:30-11:30am Aqua Fit (3) Lap (1)	7:30-9:30 am Lap Swim (3) Walking (1)	10:30-11:30am Aqua Fit (3) Lap (1)	7:45-8:45 am Aqua Fit (3) Lap (1)	10:00-1 pm Lessons (3) Lap (1)
		11:30-12:30pm Tot Swim (2) Lap (2)	9:30-10:30 am Aqua Zumba (2) Lap (2)	11:30-12:30pm Tot Swim (2) Lap (2)	9:30-10:30 am Aqua Zumba (2) Lap (2)	11:30-12:30pm Tot Swim (2) Lap (2)	9 - 12 pm Lessons (3) Lap (1)	
		12:30-4 pm* Lap Swim (4) <u>11/12 only</u> <u>2 - 3 pm</u> <u>Schools out (2)</u> <u>Lap (2)</u>	10:30-11:30am AOA Aqua Fit (3) Lap (1)	12:30-4 pm* Lap Swim (4) <u>11/14 & 11/21</u> <u>2 - 3 pm</u> <u>Schools out (2)</u> <u>Lap (2)</u>	10:30-11:30am AOA Aqua Fit (3) Lap (1)	12:30-4 pm* Lap Swim (4) <u>11/2 only</u> <u>2 - 3 pm</u> <u>Schools out (2)</u> <u>Lap (2)</u>		
			11:30-1:00 pm Senior Swim (2) Lap (2)		11:30-1:00 pm Senior Swim (2) Lap (2)		12 - 4:30 pm Open Swim (2) Lap (2)	1 - 4:00 pm OpenSwim (2) Lap (2)
		4 - 6:15 pm Swim Lessons (2) Lap Swim (2)	1:00-4:00pm Lap Swim (4)	4 - 7 pm Swim Lessons (3) Lap Swim (1)	1:00-4:00pm Lap Swim (4)	4 - 6:15 pm Swim Lessons (3) Lap Swim (1)		No lap swim from 3 - 4 on 11/4
		6:15 - 7:00 pm Open Swim (2) Lap Swim (2)	4:00-6:30 pm Open Swim (2) Lap Swim (2)	6:45 - 7:15 pm Open Swim (2) Lap Swim (2)	4:00-6:30 pm Open Swim (2) Lap Swim (2)	6:15 - 8 pm Open Swim (2) Lap Swim (2)	4:30-6:30 pm Lap (4)	
		7 - 8:30 pm Aqua Fit (2) Swim Lessons (2)	6:30 - 9:30 pm Lap Swim (4)	7:15 - 8:15 pm Aqua Fit (2) Lap Swim (2)	6:30 - 9:30 pm Lap Swim (4)	8 - 9:30 pm Lap Swim (4)		
		8:30 - 9:30 pm Lap Swim (4)		8:15 - 9:30 pm Lap Swim (4)				

Guards may close pool for a 10 minute break

Descriptions

Lap Swim: To avoid accidents notify swimmer of your arrival. Please choose a lane where swimmer is a similar speed. Circle swim is required if there are more than 2 patrons in a lane.

Senior Swim: 55+ only social swim

Open Swim: All ages may attend

Walking: A area designated for walking and independent exercise

Tot Swim: Toddlers 5 and under with parent