



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Dear Parents,

We are excited that you chose to participate in the Lake View YMCA Swim Lessons Program! Here are a few things that you need to know before we get started.

General Information > Please enter the pool through the family locker rooms. Remember to bring a towel to dry off with after lessons. When entering the pool area, please have a seat on the bench and our deck supervisor will call your when it's time to swim. Please do not enter the water prior to class starting.

Please be on time for class > It is difficult to keep the class together if we have students arriving late. Please do not drop your child off without advising the child's instructor.

Diapers are not permitted in the pool > All children that are not potty trained must wear swim or rubber diapers if they are going to swim in the pool.

Swim Caps > All swimmers must wear a swim cap if their hair is ear length or longer

Please do not stand at the pool's edge while the class is in session > If your child is participating in the Pre-School or Youth Swim Lessons, although they might have some separation anxiety and you feel that they will do better if you are at the pool's edge, please assure them that everything will be okay and will be back to get them when class is over. Your child will most likely do better if you are out of sight. We invite you to observe class from the benches around the pool on the first and last day of class.

When on the pool deck> Street shoes are not to be worn on the deck unless with shoe covers, which are provided in the Family Locker Rooms. Strollers are not allowed in the Family Locker room or on the pool deck. Cell phones and cameras may not be used in the pool area or in the lockers to maintain participant's privacy.

Advancement > If there is concern with the progression or socialization that your child is making in their lessons, please talk to the Aquatic Leadership Team, sooner rather than later.

Discipline > On the first day of the session, the instructors will be sharing class rules with your children. If the rules are not being followed, your child will be asked to sit out for a few minutes. We ask you to help us by supporting our efforts of maintaining the most effective learning environment.

Make-up Classes > There are no make-up classes for lessons. The only exception is if the pool has been closed.

Cancellation Policy > Classes that do not fill (less than 3 registrants) are subject to consolidation or cancellation by Aquatic Leadership Team. If the session has been cancelled, your membership account will be contacted and credited for the cost of the swim lesson.

Have fun! > We want your child's experience with swim lessons to be enjoyable. If you feel that he/she is not ready for the lessons yet or if you would like to explore other options for them to learn how to swim, please do not hesitate to talk with Aquatic Leadership Team, or your child's teacher.

Thank you for your cooperation in making this a successful experience for your child! If you have any questions please call Sayre, 773.326.3006, or Adrienne, 773.326.3003, and we will be happy to assist you. We look forward to seeing you in the pool!

Sayre Froelich
Aquatic Director

Adrienne Schroeder
Aquatic Coordinator

Lake View YMCA

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Lake View YMCA Pool Rules

1. The Lifeguard on duty is the authority in the pool
2. Children under 9 years of age must be accompanied by an adult at all times
3. Running, boisterous behavior, rough play, and inappropriate language will not be tolerated
4. Only Lake View YMCA floatation devices are allowed
5. Individuals with ear length hair or longer must wear a swim cap
6. Proper swim attire is to be worn in the pool
Cut-offs or cotton shorts/shirts are not allowed
7. When on the pool deck, street shoes are to be covered with protective booties that are available in the family locker room
8. Anyone with bandages, open blisters, cuts, or lesions may not enter the water
9. Diving, flips, twists, and backward jumps are not allowed.
10. For the safety of all swimmers, individuals under the age of 14 must pass a deep-water test* prior to swimming in the deep end.

Exception: those enrolled in Lake View YMCA swim lessons and accompanied by an instructor.

*Deep water swim test is swimming one lap of the pool (40yds), treading water for 15 seconds, and floating on back for 15 seconds

For any questions, please feel free to contact the Aquatic Department.

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