



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Kroehler Large Pool Schedule

January 7 -May 26, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-9:00a Lap Swim					6:00-9:00a Lap Swim	Revised 1/1/19
9:00a-11:00a Lap Swim & Specialty Classes	9:00a-11:00a Lap Swim & Specialty Classes	9:00a-11:00a Lap Swim & Specialty Classes	9:00a-11:00a Lap Swim & Specialty Classes	9:00a-11:00a Lap Swim & Specialty Classes	9:00-10:30a Swim Lessons & Adult Lap Swim	10:00a-12:00p Lap Swim & Specialty Classes
11:00a-4:00p Open Swim & Lap Swim	11:00a-5:00p Open Swim & Lap Swim	11:00a-4:00p Open Swim & Lap Swim	11:00a-5:00p Open Swim & Lap Swim	11:00a-4:00p Open Swim & Lap Swim	10:30a-5:30p Open Swim & Lap Swim & Specialty Classes	12:00-1:30p Swim Lessons & Adult Lap Swim
4:00-7:00pm Swim Lessons & Swim Team & Adult Lap Swim	5:00-7:00pm Swim Lessons & Swim Team & Adult Lap Swim	4:00-7:00pm Swim Team & Adult Lap Swim	5:00-7:00pm Swim Lessons & Swim Team & Adult Lap Swim	4:00-7:00pm Swim Team & Adult Lap Swim		1:30-5:30p Open Swim & Lap Swim & Specialty Classes
7:00-8:00pm Open Swim & Lap Swim & Swim Team	7:00-8:00pm Open Swim & Lap Swim & Swim Team	7:00-8:00pm Open Swim & Lap Swim & Swim Team	7:00-8:00pm Open Swim & Lap Swim & Swim Team	7:00-8:00pm Open Swim & Lap Swim & Swim Team	Closed	Closed
8:00-9:00p Adult Lap Swim & Swim Team						

Schedules are subject to change.

Daily changes without notice are possible, although we will make every effort to inform members when possible.

Familiarize yourself with ALL pool rules and regulations posted in the pool area.

Please remember our lifeguard staff is here for your safety and to help prevent accidents. Please respect their responsibility and abide by any additional instructions provided.

PROGRAM DEFINITIONS

LAP SWIM	• All swimmers must swim laps during lap swim. • At times when swim lessons or swim team is in the pool, lap lanes will be reserved for adults only. (ages 15 & up) • Please note there is no Lap Swim Tues & Thurs 4-6pm. • All swimmers under 16 must follow the swim test guidelines. • Swimmers should choose lap lanes based on speed determination signs. When more than 2 swimmers are in a lane, swimmers should swim in a circular pattern (staying on the right at all times).
OPEN SWIM	Please refer to Swim Tests and Pool Supervision guidelines. Children who are not toilet trained must wear rubber pants and a swim suit.
SWIM LESSONS	Group and Individual Lessons are available for members and community participants beginning at 6 months for an additional fee.
SPECIALTY CLASSES	Refer to the Water Fitness Schedule (on website or at front desk) for all available water fitness classes and descriptions.

SWIM TEST & POOL SUPERVISION GUIDELINES FOR CHILDREN

SWIM TEST FREQUENCY	Swim tests will be administered the first time a child visits the pool and records will be kept on file for one calendar year.	
SWIM TEST TIMES	Swim testing is available during all "Open Swim" times, if all on-duty lifeguards are not engaged in pool surveillance. If all lifeguards are engaged in pool surveillance, non-swim tested children will need to remain in shallow water and follow rules for children unable to pass the swim test.	
SWIM TEST DESCRIPTION	The deep water swim test includes: 25 yard swim with a 30 second period of treading water mid-pool. Test should be done shallow to deep, no touching the sides, walls, bottoms, or anyone else.	
POOL SUPERVISION REQUIREMENTS FOR CHILDREN	Ages 5 and under	Must have an actively engaged adult in the water within arm's reach at all times, regardless of swimming ability or presence of a lifejacket.
	Ages 6-10 (no wristband)	Children in this age group that can not pass swim test must have an actively engaged adult in the water within arm's reach at all times.
	Ages 11-16 (no wristband)	Children in this age group that can not pass swim test must have an actively engaged adult in the water within arm's reach at all times or wear a lifejacket.
	Ages 6-7 (red wristband)	Must have a designated caregiver supervising in the pool area if they pass the swim test.
	Ages 8-10 (yellow wristband)	Must have a designated caregiver supervising in the building if they pass the swim test.
	Ages 11-16 (green wristband)	May be in the pool area & building without a supervising adult.