



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer II Pool Schedule

Mon. July 17– Sun. August 20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00–9:30a.m. Adult Lap Swim *2 lap lanes available*	5:30 – 9:00a.m. Adult Lap Swim	5:30 – 9:00a.m. Adult Lap Swim	5:30 – 9:00a.m. Adult Lap Swim	5:30 – 9:00a.m. Adult Lap Swim	5:30 – 9:00a.m. Adult Lap Swim	6:00 – 8:30a.m. Adult Lap Swim
	9:00 – 10:00a.m. Hydro Fit (NO OPEN SWIM)	9:00a.m. – 11:00a.m. Open Swim	9:00 – 10:00a.m. Hydro Fit (NO OPEN SWIM)	9:00a.m. – 10:00a.m. Open Swim	9:00 – 10:00a.m. Hydro Fit (NO OPEN SWIM)	
9:30 – 12:50p.m. Group Lessons (NO OPEN SWIM)	10:00a.m. – 11:00a.m. Open Swim		11:00a.m. – 3:00p.m. POOL CLOSED	10:00a.m. – 11:00a.m. Open Swim	10:00a.m. – 3:00p.m. POOL CLOSED	10:00a.m. – 3:00p.m. POOL CLOSED
12:50 – 2:00p.m. Open Swim *1 or 2 lanes to be reserved for private swim lessons	11:00a.m. – 3:00p.m. POOL CLOSED	11:00a.m. – 3:00p.m. POOL CLOSED		10:00a.m. – 3:00p.m. POOL CLOSED		
2:00 – 5:00p.m. Open Swim Please Note: Birthday Party Rentals may be scheduled during this time as well. Please call ahead 773.777.7500 to check pool availability.	3:00–4:15p.m. Open Swim	3:00–4:15p.m. Open Swim	3:00–4:15p.m. Open Swim	3:00–4:15p.m. Open Swim	3:00pm–7:30pm Open Swim	2:00 – 5:00p.m. Open Swim Please Note Birthday Party Rentals may be scheduled during this time as well. Please call ahead 773.777.7500 to check pool availability.
	4:15 – 6:25p.m. Group Lessons (1 lap lanes open)	4:15 – 6:25p.m. Group Lessons (1 lap lanes open)	4:15 – 6:25p.m. Group Lessons (1 lap lanes open)	4:15 – 6:25p.m. Group Lessons (1 lap lanes open)		
	6:30pm–8:00pm Swim Team (NO OPEN SWIM)	6:30–8:00pm Swim Team (NO OPEN SWIM)	6:30pm–8:00pm Swim Team (NO OPEN SWIM)	6:30–8:00pm Swim Team (NO OPEN SWIM)	Open Swim	
	8:00 – 9:00p.m. Open Swim	8:00 – 9:00p.m. Hydro Fit (1 lap swim lane open)	8:00 – 9:00p.m. Open Swim	8:00 – 9:00p.m. Open Swim		
						7:30pm–9:00pm Open Swim
	9:00–9:45p.m. Adult Lap Swim	9:00–9:45p.m. Adult Lap Swim	9:00–9:45p.m. Adult Lap Swim	9:00–9:45p.m. Adult Lap Swim	9:00–9:45p.m. Adult Lap Swim	



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Adult Lap Swim Etiquette

<u># of People in Lane</u>	<u>Direction Of Swim</u>	<p>Please inform other swimmers before hopping in the water and be aware of other swimmers abilities**</p>
1	Middle of Lane	
2	Circle Swim or Each Person Swims on One Side of Lane	
3+	Circle Swim!	<p><u>Lap Lane Abilities during Adult Lap Swim**</u></p> <p>Lane 1: Advance/ High Paced Sets</p> <p>Lane 2 & 3: Intermediate/ Medium Paced Swim</p> <p>Lane 4: Beginner/Weighted Exercisers</p> <p>**Lifeguards have final discretion of lanes if lanes are full</p>

Please Note: When lap lanes are available, they are NOT available for open swim. You must use lap lanes for LAP SWIM ONLY.