

Winter Small Gym Schedule 2017 (January 8 – February 18)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:00- 5:45 pm Youth and Family Open Gym</p> <p>**Time may also be used for birthday party rentals and other gym agreements</p> <p style="text-align: center;">↑</p> <p>**NO FULL COURT GAMES DURING THIS TIME</p> <p style="text-align: center;">↓</p>	5:00am- 12:00 pm Open Gym	5:00 – 10:00 am Open Gym	5:00 – 12:00 pm Open Gym	5:00am- 12:00 pm Open Gym	5:00- 10:00am Open Gym	5:30- 9:30am Open Gym	
			10:00 – 11:00 am Step			10:00 – 11:00 am Step	9:30am – 2:00pm Tumbling Programming
		12:00 - 1:00pm Silver Sneakers	11:30 am - 12:30 pm Chair Yoga	12:00 - 1:00pm Silver Sneakers	12:00 - 1:00pm Silver Sneakers	12:00 – 1:00pm Silver Sneakers	
		1:00 – 3:30pm Open Gym	12:30 – 3:30pm Open Gym	1:00- 3:30pm Open Gym	1:00- 3:30pm Open Gym	1:00 – 3:30pm Open Gym	
		3:30-6:00pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30-6:30pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30-6:00pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30-6:00pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30-6:30pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	2:00pm-5:45pm Youth and Family Open Gym
		6:00pm-7:00 pm Adult Boxing	6:30-7:30PM Dance Fusion	6:00pm-7:00 pm Adult Boxing	6:00pm-9:00pm Youth and Adult MMA	6:30- 9:00 pm Youth and Family Open Gym	*Time may also be used for birthday party rentals an other gym agreements
		7:00pm-9:00pm Youth and Family Open Gym	7:30pm-9:00pm Youth and Family Open Gym	7:00pm-9:00pm Youth and Family Open Gym			
Irving Park YMCA 4251 W. Irving Park Rd. 773-777-7500 www.irvingparkymca.org							

Winter Large Gym Schedule 2017 (January 8 – February 18)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
8:00am-9:30am Zumba	5:00 am –3:30 pm Open Gym	5:00 am –3:30 pm Open Gym	5:00 am –3:30 pm Open Gym	5:00 am –3:30 pm Open Gym	5:00 am –9:00 am Open Gym	5:30 am- 10:00 am Open Gym				
9:30am-11:00am PRIVATE LESSONS										
11:00 am – 3:00 pm Soccer Programming										
3:00 pm – 6:00 pm Open Gym	3:30pm-5:30pm After School	3:30pm-5:30pm After School	3:30pm-5:30pm After School	3:30pm-5:30pm After School	3:30pm-5:30pm After School	10:00am-5:00pm Basketball Programming & Youth Basketball League				
**Time may also be used for birthday party rentals and other gym agreements										
5:30 pm – 6:15 pm Open Gym MEMBERS ONLY							5:30 pm –9:00 pm Travel Basketball League Practice (No Open Gym)	5:30 pm –6:15 pm Open Gym MEMBERS ONLY	5:30pm-7:30pm Volleyball Programming	5:30-9:00 Family Night Events (No Open Gym)
6:30 pm -7:30 pm Zumba								6:30 pm-7:30 pm Zumba	7:30pm-9:00pm Open Volleyball *All ages welcome	
7:30pm-9:00pm Full Court Basketball MEMBERS ONLY	7:30pm-9:00pm Full Court Basketball MEMBERS ONLY									

