

Spring Small Gym Schedule 2018 (February 19 – April 15)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:00– 5:45 pm Youth and Family Open Gym</p> <p style="font-size: small;">**Time may also be used for birthday party rentals and other gym agreements</p> <div style="text-align: center; margin: 20px 0;">↑</div> <p style="font-weight: bold; font-size: small;">**NO FULL COURT GAMES DURING THIS TIME</p> <div style="text-align: center; margin: 20px 0;">↓</div>	5:00am– 12:00 pm Open Gym	5:00 – 10:00 am Open Gym	5:00 – 12:00 pm Open Gym	5:00am– 12:00 pm Open Gym	5:00– 10:00am Open Gym	5:30– 9:30am Open Gym	
			10:00 – 11:00 am Step			10:00 – 11:00 am Step	9:30am – 2:00pm Tumbling Programming
		12:00 – 1:00pm Silver Sneakers	11:30 am – 12:30 pm Chair Yoga	12:00 – 1:00pm Silver Sneakers	12:00 – 1:00pm Silver Sneakers	12:00 – 1:00pm Silver Sneakers	
		1:00 – 3:30pm Open Gym	12:30 – 3:30pm Open Gym	1:00– 3:30pm Open Gym	1:00– 3:30pm Open Gym	1:00 – 3:30pm Open Gym	
		3:30–6:00pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30–6:30pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30–6:00pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30–6:00pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	3:30–6:30pm Youth (AGES 8-17) OPEN GYM <u>MEMBERS ONLY</u>	2:00pm–5:45pm Youth and Family Open Gym
		6:00pm–7:00 pm Adult Boxing	6:30–7:30PM Dance Fusion	6:00pm–7:00 pm Adult Boxing	6:00pm–9:00pm Youth and Adult MMA	6:30– 9:00 pm Youth and Family Open Gym	*Time may also be used for birthday party rentals an other gym agreements
		7:00pm–9:00pm Youth and Family Open Gym	7:30pm–9:00pm Youth and Family Open Gym	7:00pm–9:00pm Youth and Family Open Gym			
Irving Park YMCA 4251 W. Irving Park Rd. 773-777-7500 www.irvingparkymca.org							

Spring Large Gym Schedule 2018 (February 19 – April 15)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am-9:30am Zumba	5:00 am –3:30 pm Open Gym	5:00 am –3:30 pm Open Gym	5:00 am –3:30 pm Open Gym	5:00 am –3:30 pm Open Gym	5:00 am –9:00 am Open Gym	5:30 am- 10:00 am Open Gym
9:30am-11:00am PRIVATE LESSONS						
11:00 am – 3:00 pm Soccer Programming						
3:00 pm - 6:00 pm Open Gym	3:30pm-5:30pm After School	3:30pm-5:30pm After School	3:30pm-5:30pm After School	3:30pm-5:30pm After School	9:00 am-3:30 pm Adult Full Court Basketball	10:00am-5:00pm Basketball Programming & Youth Basketball League
**Time may also be used for birthday party rentals and other gym agreements						
5:30 pm – 6:15 pm Open Gym MEMBERS ONLY						
6:30 pm -7:30 pm Zumba						
7:30pm-9:00pm Full Court Basketball MEMBERS ONLY	5:30 pm –9:00 pm Travel Basketball League Practice (No Open Gym)	5:30 pm –6:15 pm Open Gym MEMBERS ONLY	6:30 pm-7:30 pm Zumba	5:30pm-7:30pm Volleyball Programming	5:30-9:00 Family Night Events (No Open Gym)	
7:30pm-9:00pm Full Court Basketball MEMBERS ONLY						
7:30pm-9:00pm Open Volleyball *All ages welcome						