



# Spring 1 2019 Pool Schedule

February 18<sup>th</sup> – April 14<sup>th</sup>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00–9:30a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	6:00 – 7:20a.m. Adult Lap Swim
	6:50–7:00a.m. <b>*SAFETY BREAK*</b>	6:50–7:00am <b>*SAFETY BREAK*</b>	6:50–7:00a.m. <b>*SAFETY BREAK*</b>	6:50–7:00a.m. <b>*SAFETY BREAK*</b>	6:50–7:00a.m. <b>*SAFETY BREAK*</b>	7:20–7:30a.m. <b>*SAFETY BREAK*</b>
	7:00 – 8:50a.m. Adult Lap Swim	7:00 – 9:15a.m. Adult Lap Swim	7:00 – 9:15a.m. Adult Lap Swim	7:00 – 9:15a.m. Adult Lap Swim	7:00 – 8:50a.m. Adult Lap Swim	7:30–8:40a.m. Open Swim
9:30–9:40a.m. <b>*SAFETY BREAK</b>	8:50a–9:00a.m. <b>*SAFETY BREAK*</b>				8:50am–9:00a.m. <b>*SAFETY BREAK*</b>	
9:40–1:00p.m. Group Swim Lessons	9:00–10:20a.m. Open Swim	9:15–10:15a.m. Hydro Fitness (NO OPEN SWIM)	9:15–10:15a.m. Hydro Fitness (NO OPEN SWIM)	9:15–10:15a.m. Hydro Fitness (NO OPEN SWIM)	9:00–10:20a.m. Open Swim	8:50–1:00p.m. Group Swim lessons
1:00–2:00p.m. Private Lessons	10:20–10:30a.m. <b>*SAFETY BREAK</b>	10:20–10:30a.m. <b>*SAFETY BREAK</b>	10:20–10:30a.m. <b>*SAFETY BREAK</b>	10:20–10:30a.m. <b>*SAFETY BREAK</b>	10:20–10:30a.m. <b>*SAFETY BREAK</b>	1:00–2:00p.m. Private Lessons
2:00–3:20p.m. Open Swim	10:30–12:00p.m. Open Swim	10:30–12:00pm Open Swim	10:30–12:00p.m. Open Swim	10:30–12:00p.m. Open Swim	10:30–12:00p.m. Open Swim	2:00–3:20p.m. Open Swim
<b>*Break from 3:20–3:30p.m.</b>	12:00 – 2:30p.m. <b>POOL CLOSED</b>	12:00 – 2:30p.m. <b>POOL CLOSED</b>	12:00 – 2:30p.m. <b>POOL CLOSED</b>	12:00 – 2:30p.m. <b>POOL CLOSED</b>	12:00 – 2:30p.m. <b>POOL CLOSED</b>	<b>*Break from 3:20–3:30p.m.</b>
3:30–5:00p.m. Open Swim <b>Please Note:</b>  Birthday Party Rentals may be scheduled during this time as well.  Please call ahead 773.777.7500	2:30–4:10p.m. Open Swim	2:30–4:10p.m. Open Swim	230–4:10p.m. Open Swim	2:30–4:10p.m. Open Swim	2:30pm–3:25p.m. Open Swim	3:30–5:00p.m. Open Swim <b>Please Note:</b>  Birthday Party Rentals may be scheduled during this time as well.  Please call ahead 773.777.7500
	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	3:30 – 4:30p.m. After School Swim (NO OPEN SWIM)	
	6:30pm–8:30p.m. Swim Team (NO OPEN SWIM)	6:30pm–8:30p.m. Swim Team (NO OPEN SWIM)	6:30pm–8:30p.m. Swim Team (NO OPEN SWIM)	6:30pm–8:30p.m. Swim Team (NO OPEN SWIM)	4:30pm–8:00p.m. Swim Team (NO OPEN SWIM)	
	8:30 – 9:30p.m. Adult Lap Swim	8:30 – 9:30p.m. Adult Lap Swim	8:30 – 9:30p.m. Adult Lap Swim	8:30 – 9:30p.m. Adult Lap Swim	8:15 – 9:15p.m. Open Swim	



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<u>All swim times:</u>	<u>Lap Swim specific:</u>	<u>Open Swim specific:</u>	<u>Program information:</u>
<p>*Everyone is subject to a swim test if they want to swim in the deep end.</p> <p>*Breath holding is limited to 10 seconds.</p> <p>*Horseplay is not permitted.</p> <p>*Zero tolerance for profanity.</p> <p>*Walk when on the pool deck.</p> <p>*Appropriate swim attire is required.</p> <p>*Diving is limited to the 9-foot-deep end of the pool.</p> <p>*Only clean shoes are allowed on the deck.</p> <p>*Safety breaks have been added throughout the day in order to provide the safest environment for all.</p> <p>*Private swim lessons may be added throughout the day during any programming.</p> <p><b>*Lifeguard on duty has obligation to enforce these and any other rules that may be needed for your safety.</b></p>	<p>*Adult Lap Swim is <b>ONLY</b> for adults who are swimming laps.</p> <p>*Please inform other swimmers if you are joining a lane that is already being used.</p> <p>*If two swimmers are sharing the same lane, please circle swim (stay to your right) or swim on opposite sides of the lane.</p> <p>*If three or more swimmers are sharing a lane, you <b>MUST</b> circle swim (stay to your right).</p> <p>*Please follow the following guidelines in regards to swimming ability:            Lane 1: Fast            Lane 2 &amp; 3: Medium            Lane 4: Slow/Floater</p>	<p>*Depending on usage of pool, lap lanes may be available during open swim. However, priority is given to those using the pool for open swim activities.</p> <p>*Only noodles may be used during open swim.</p> <p>*Children under the age of 7 must have a caregiver in the pool area at all times. The caregiver must be in the water if a child cannot pass a swim test.</p> <p>*Children 8-10 must have a caregiver in the building at all times. The caregiver must be in the water if a child cannot pass a swim test.</p> <p>*Children 11-16 may use the pool without direct adult supervision. However, they may not go pass chest deep if they cannot pass a swim test.</p>	<p>*Next session (Spring 2 2019): 4/15/2019 – 6/09/2019</p> <p>*Registration for Spring 1 &amp; 2 is now open.</p> <p>*No outside lesson providers are permitted.</p> <p><b>*Please contact the Aquatics Director, Theodore Peterson, @ 773-326-4317 or <a href="mailto:Tqpeterson@ymcachicago.org">Tqpeterson@ymcachicago.org</a> if you have any questions or concerns.</b></p>



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