



Fall 2 Pool Schedule

October 29 – December 23

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00–9:30a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	5:30 – 6:50a.m. Adult Lap Swim	6:00 – 7:20a.m. Adult Lap Swim
	*Break from 6:50–7:00a.m.	*Break from 6:50–7:00am	*Break from 6:50–7:00a.m.	*Break from 6:50–7:00a.m.	*Break from 6:50–7:00a.m.	*Break from 7:20–7:30a.m.
	7:00 – 8:30a.m. Adult Lap Swim	7:00 – 8:50a.m. Adult Lap Swim	7:00 – 9:15a.m. Adult Lap Swim	7:00 – 8:50a.m. Adult Lap Swim	7:00 – 8:30a.m. Adult Lap Swim	7:30–8:40a.m. Adult Lap/Adult Open
*Break from 9:30–9:40a.m.		*Break from 8:50–9:00a.m.		*Break from 8:50–9:00a.m.		
9:40–1:00p.m. Group Swim Lessons	8:30–9:30a.m. Hydro Fitness (NO OPEN SWIM)	9:00–10:20a.m. Open Swim	9:15–10:15a.m. Hydro Fitness (NO OPEN SWIM)	9:00–10:20a.m. Open Swim	8:30–9:30a.m. Hydro Fitness (NO OPEN SWIM)	8:50–1:00p.m. Group Swim lessons
	9:30–10:20a.m. Open Swim				9:30–10:20a.m. Open Swim	
1:00–2:00p.m. Private Lessons	*Break from 10:20–10:30a.m.	*Break from 10:20–10:30am	*Break from 10:15–10:30a.m.	*Break from 10:20–10:30a.m.	*Break from 10:20–10:30am.	1:00–2:00p.m. Private Lessons
2:00–3:20p.m. Open Swim	10:30–12:00p.m. Open Swim	10:30–12:00pm Open Swim	10:30–12:00p.m. Open Swim	10:30–12:00p.m. Open Swim	10:30–12:00p.m. Open Swim	2:00–3:20p.m. Open Swim
*Break from 3:20–3:30p.m.	12:00 – 2:00p.m. POOL CLOSED	12:00 – 2:00p.m. POOL CLOSED	12:00 – 2:00p.m. POOL CLOSED	12:00 – 2:00p.m. POOL CLOSED	12:00 – 2:00p.m. POOL CLOSED	*Break from 3:20–3:30p.m.
3:30–5:00p.m. Open Swim <u>Please Note:</u>	2:00–4:10p.m. Open Swim	2:00–4:10p.m. Open Swim	2:00–4:10p.m. Open Swim	2:00–4:10p.m. Open Swim	2:00pm–3:25p.m. Open Swim	3:30–5:00p.m. Open Swim <u>Please Note:</u>
Birthday Party Rentals may be scheduled during this time as well. Please call ahead 773.777.7500	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	4:15–6:25p.m. Group Swim lessons (NO OPEN SWIM)	3:30 – 4:30p.m. After School Swim (NO OPEN SWIM)	Birthday Party Rentals may be scheduled during this time as well. Please call ahead 773.777.7500
	6:30pm–8:00p.m. Swim Team (NO OPEN SWIM)	6:30pm–8:00p.m. Swim Team (NO OPEN SWIM)	6:30pm–8:00p.m. Swim Team (NO OPEN SWIM)	6:30pm–8:00p.m. Swim Team (NO OPEN SWIM)	4:30pm–8:00p.m. Swim Team (NO OPEN SWIM)	
	*Break from 8:00 – 8:10p.m.	*Break from 8:00 – 8:10p.m.	*Break from 8:00 – 8:10p.m.	*Break from 8:00 – 8:10p.m.	*Break from 8:00 – 8:10p.m.	
	8:10 – 9:15p.m. Adult Lap Swim	8:10 – 9:15p.m. Adult Lap Swim	8:10 – 9:15p.m. Adult Lap Swim	8:10 – 9:15p.m. Adult Lap Swim	8:10 – 9:15p.m. Adult Lap Swim	



Fall 2 Pool Schedule

October 29 – December 23

Pool Rules and Regulations

<u>All swim times:</u>	<u>Lap Swim specific:</u>	<u>Open Swim specific:</u>	<u>Program information:</u>
<p>*Everyone is subject to a swim test if they want to swim in the deep end.</p> <p>*Breath holding is limited to 10 seconds.</p> <p>*Horseplay is not permitted.</p> <p>*Zero tolerance for profanity.</p> <p>*Walk when on the pool deck.</p> <p>*Appropriate swim attire is required.</p> <p>*Diving is limited to the 9-foot-deep end of the pool.</p> <p>*Only clean shoes are allowed on the deck.</p> <p>*Safety breaks have been added throughout the day in order to provide the safest environment for all.</p> <p>*Private swim lessons may be added throughout the day during any programming.</p> <p>*Lifeguard on duty has obligation to enforce these and any other rules that may be needed for your safety.</p>	<p>*Adult Lap Swim is ONLY for adults who are swimming laps.</p> <p>*Please inform other swimmers if you are joining a lane that is already being used.</p> <p>*If two swimmers are sharing the same lane, please circle swim (stay to your right) or swim on opposite sides of the lane.</p> <p>*If three or more swimmers are sharing a lane, you MUST circle swim (stay to your right).</p> <p>*Please follow the following guidelines in regards to swimming ability: Lane 1: Fast Lane 2 & 3: Medium Lane 4: Slow/Floater</p>	<p>*Depending on usage of pool, lap lanes may be available during open swim. However, priority is given to those using the pool for open swim activities.</p> <p>*Only noodles may be used during open swim.</p> <p>*Children under the age of 7 must have a caregiver in the pool area at all times. The caregiver must be in the water if a child cannot pass a swim test.</p> <p>*Children 8-10 must have a caregiver in the building at all times. The caregiver must be in the water if a child cannot pass a swim test.</p> <p>*Children 11-16 may use the pool without direct adult supervision. However, they may not go pass chest deep if they cannot pass a swim test.</p>	<p>*Next session (Winter 2019): 1/7/2019- 2/17/2019</p> <p>*Registration for Winter 2019 will begin in December 2018.</p> <p>*No outside lesson providers are permitted.</p> <p><u>*YMCA and pool will be closed on 11/22/2018 for Thanksgiving.</u></p> <p><u>*Pool will be closed for maintenance following this schedule for two weeks (12/24/2018-1/6/2019).</u></p> <p>*Please contact the Aquatics Director, Theodore Peterson, @ 773-326-4317 or Tgpeterson@ymcachicago.org if you have any questions or concerns.</p>



Fall 2 Pool Schedule

October 29 – December 23