



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

LEANING TOWER YMCA | OCTOBER 30 – DECEMBER 24, 2017

Schedule is subject to change without notice

Age: All swimmers under the age of 8 must have a parent or guardian present in the water. Non-swimmers must be within arms-reach of parent at all times.

Senior Swim: 55+ only social swim

Swim Test: Anyone under 18 who wishes to swim in the deep water must swim 25 yds with face in and tread water for 1 minute.

Lap Swim: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement. If more than 2 patrons in a lane, circle swim.

Flotation Devices Coast guard approved lifejackets are allowed during family swim, no inflatables or swim aides permitted.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		6-6:30am Lap Swim(4)	6-9:30am Lap Swim (3) Walking (1)	6-6:30am Lap Swim (4)	6--9:30am Lap Swim(3) Walking (1)	6:00-6:45am Lap Swim(4)	6:00-8:00am Adult Swim (4)
	6-10:30am Lap Swim (3) Walking (1)	6:30-7:30am Aqua Fit (2) Lap Swim (2) <i>Gail</i>	9:30 -10:30am Aqua Zumba (3) Lap Swim (1) <i>Hilda</i>	6:30-7:30am Aqua Fit (2) Lap Swim (1) <i>Gail</i>	9:30 -10:30a Aqua Zumba (3) Lap Swim (1) <i>Hilda</i>	6:45-7:45am Tri-Training (2) Lap Swim(2)	8-9am Adult Open (3) Private (1)
			7:30 - 9am Lap Swim (3) Walking (1)				9-10am Lessons(1) Adult Swim (2) Private (1)
	10:30-11:30am Aqua Fit (3) Lap Swim (1) <i>Rebecca</i>	7:30-9am Lap Swim (3) Walking (1)	10:30-11:30am Aqua Fit (3) Lap Swim (1) <i>Rebecca</i>		10:30-11:30a Aqua Fit (3) Lap Swim (1) <i>Rebecca</i>	7:45-8:45am Aqua Fit (3) Lap Swim(1) <i>Gail</i>	10-1pm Lessons (4)
	11:30-3:45pm Lap Swim (3) Private (1)	9-10:30am Lessons(2) Lap Swim (2)	11:30-3:45pm Lap Swim (3) Private Lesson (1)	9-10:30a Lessons (2) Lap Swim (2)	11:30-3:45pm Lap Swim (3) Private Lesson (1)	9-1pm Lessons (4)	
		10:30-11:30a AOA Aqua (2) Lap Swim (1) Private (1) <i>Rebecca</i>		10:30-11:30 AOA Aqua (2) Lap Swim (1) Private (1) <i>Rebecca</i>		1- 1:45pm Adult Lesson(1) Private (1) Family Swim (2)	1-4pm Family (2) Lap Swim (1) Private (1)
	4-6:15pm Lessons (3) Lap (1)	11:30-12:30p Senior Swim (2) Lap Swim (2)	4-6:15pm Lessons (3) Lap (1)	11:30-12:30p Senior Swim (2) Lap Swim (2)	4-6:15pm Lessons (3) Lap (1)	1:45 - 4pm Family Swim (2) Lap Swim (1) Private Lesson(1)	
		3:30-7pm Family Swim (2) Lap Swim (1) Private (1)		3:30-7pm Family Swim (2) Lap Swim (1) Private (1)		4-6:30pm Lap Swim (2) Open Swim (2)	
	6:15-7:15pm Adult Lesson(1) Lap Swim (2) Private (1)	7-9:30pm Open Swim (2) Lap Swim (2)	6:15-7:15pm Adult Lesson(1) Lap Swim (2) Private (1)	7-9:30pm Open (2) Lap Swim (2)	6:15-7pm Adult Lessons (1) Private (1) Lap Swim (2)		
	7:15-8:15pm Aqua Fitness (2) Open Swim (2) <i>Gail</i>		7:15-8:15pm Aqua Fitness (2) Open Swim (2) <i>Gail</i>		7-9:30pm Family Swim(2) Lap Swim (2)		
	8:15-9:30pm Open/Lap (2/2)		8:15-9:30pm Open/Lap (2/2)				