The Baltimore Police Department

Trauma Support & Intervention

Community Partnership Division
Lt. Colonel Melvin T. Russell
The Three Components of CPD Trauma Response

Community

Police

Faith Based
Goals and Objectives

- Reduce the occurrence of and problems associated with violent crime in Baltimore by:
  - promoting and strengthening collaborative partnerships among community members, police officers and the Faith Based Organizations
  - providing rapid and effective response to incidents involving children and families exposed to violence, and
  - working with community residents
Four Key Concepts

1. None of us has all the answers to these complex problems.

   The key to this training (and to making change) is asking the right questions.
2. Children see the world differently than adults.
3. Behavior is rooted in layers of growth and development, which can be impacted by violence and other trauma.
4. Issues of race, sex, class, and professional culture impact work profoundly.
Children who are exposed to violence can become emotional casualties.

Trauma can lead to fight, flight or freeze.

Crisis intervention can lead to other options, including healthier healing.
CPD Fundamentals: “Breaking Cycles of Violence”

Tragic consequences to children of chronic exposure to violence can include:

- Depression and related symptoms
- Anxiety: hyperactivity, inattention, impulsivity and other related symptoms
- PTSD and related symptoms
- Alcohol abuse (“self-medicating”)
- Aggression & increased likelihood of acting out in a violent manner (sometimes in an effort to cope with fear, anger, powerlessness, etc.)
CPD is breaking the cycle of Youth Trauma by Transforming Communities.