

FOGLIA YMCA GYMNASIUM SCHEDULE

COURT 1 (October 29-December 23)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00			Adult (18 & Up)		Adult (18 & Up)		
5:30			Pick-Up		Pick-Up		
6:00			Basketball		Basketball		
6:30			5:00-7:00 AM		5:00-7:00 AM		Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:30-9:00 AM
8:30							
9:00							Fall
9:30							Basketball
10:00	Adult (18 & Up)						Preschool Sports
10:30	Pick-Up						10:00-10:45 AM
11:00	Full Court						Fall
11:30	Volleyball						Basketball
12:00	10am-1pm						League
12:30	Volleyball						Games
1:00	Open Gym						Fall
1:30	Pending						Basketball
2:00	Birthday						League
2:30	Parties						Games
3:00	Travel Games						
3:30	or						
4:00	Rentals	Preschool Sports	Preschool T-Ball		Preschool B-Ball		
4:30	Open Gym	4:15-5:00 PM	4:15-5:00 PM		4:15-5:00 PM		
5:00		Basketball Level 1	Floor Hockey		Basketball Level 1		
5:30		5:15-6:00 PM	5:15-6:00 PM		5:15-6:00 PM		
6:00		Basketball Level 2	Coach McMahon	Coach Frakes	Flag Football		
6:30		6:15-7:00 PM	6-7 PM K&1st G	6-7 PM K&1st G	6:15-7:00 PM		
7:00		Coach Fisher		Coach Abbate			
7:30		7-8 PM 4th&5th G		7-8 PM 4th&5th G			
8:00		Adult (18 & Up)		Adult (18 & Up)			
8:30		Pick-Up (Full Court)		Pick-Up (Full Court)			
9:00		Volleyball		Volleyball			
9:30		8:00-9:55 PM		8:00-9:55 PM			

*****SCHEDULE SUBJECT TO CHANGE*****

Revised 10/28

Children under the age of 11 must be accompanied by an adult/guardian.

FOGLIA YMCA GYMNASIUM SCHEDULE

COURT 2 (October 29-December 23)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00			Adult (18 & Up)		Adult (18 & Up)		
5:30			Pick-Up		Pick-Up		
6:00			Basketball		Basketball		
6:30			5:00-7:00 AM		5:00-7:00 AM		Adult (18 & Up)
7:00							Pick-Up
7:30							Basketball
8:00							6:30-9:00 AM
8:30							
9:00							Fall
9:30							Basketball
10:00	Adult (18 & Up)			Tiny Tumblers			League
10:30	Pick-Up			10:00-10:45 AM			Games
11:00	Full Court						Fall
11:30	Volleyball						Basketball
12:00	10am-1pm						League
12:30	Volleyball						Games
1:00	Open Gym						Fall
1:30	Pending						Basketball
2:00	Birthday						League
2:30	Parties						Games
3:00	Travel Games						
3:30	or						
4:00	Rentals					Preschool Soccer	
4:30	Open Gym					4:15-5:00 PM	
5:00						Soccer	
5:30						5:15-6:00 PM	
6:00		Coach Scola		Tennis	Coach Yanchyk		
6:30		6-7 PM 2nd & 3rd G		6:15-7:00 PM	6-7 PM K&1st G		
7:00				Volleyball			
7:30				7:15-8:00 PM			
8:00		Adult (18 & Up)		Adult (18 & Up)			
8:30		Pick-Up (Full Court)		Pick-Up (Full Court)			
9:00		Volleyball		Volleyball			
9:30		8:00-9:55 PM		8:00-9:55 PM			

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Revised 10/28

COURT 3 (October 29-December 23)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							Fall
9:30							Basketball
10:00		Open Pickle Ball		Open Pickle Ball		Open Pickle Ball	League
10:30		10:15am-12:15pm		10:15am-12:15pm		10:15am-12:15pm	Games
11:00		Open Pickle Ball		Open Pickle Ball		Open Pickle Ball	Fall
11:30		10:15am-12:15pm		10:15am-12:15pm		10:15am-12:15pm	Basketball
12:00							League
12:30							Games
1:00							Fall
1:30							Basketball
2:00							League
2:30							Games
3:00	Adult (16 & Up)						Reserved
3:30	Pick-Up						For
4:00	Badminton						Reserved
4:30	2:45-4:45 PM						For
5:00				Rock Climbing			Birthday
5:30				5:15-6:00 PM			Parties
6:00		Coach McMahon	Coach Nowak	Coach Hartmann	Coach McGovern		
6:30		6-7 PM 2&3 Grade	6-7 PM 2&3 Grade	6-7 PM 4th&5th G	6-7 PM 2&3 Grade		
7:00			Coach Solum	Coach Palmblad	Coach Olsen		
7:30			7-8 PM 2&3 Grade	7-8 PM 6th-8th G	6-7 PM 2&3 Grade		
8:00			Adult (18 & Up)		Adult (18 & Up)		
8:30			Pick-Up		Badminton		
9:00			Basketball		8-9:50 PM		
9:30			8:00-9:55 PM		Pickup Badminton		

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Full Court Volleyball	TRX Classes
Full Court Basketball	Parties
Youth Sport Leagues	Pickle Ball
Youth Sports Program	Badminton

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COURT 4 (October 29-December 23)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30						Fitness Class	
9:00			Fitness Class	Fitness Class		8:30-9:30 AM	Fall
9:30			9-10 AM	9-10 AM			Basketball
10:00		Open Pickle Ball		Open Pickle Ball	Fitness Class	Open Pickle Ball	League
10:30		10:15am-12:15pm		10:15am-12:15pm	10-11 AM	10:15am-12:15pm	Games
11:00		Open Pickle Ball		Open Pickle Ball		Open Pickle Ball	Fall
11:30		10:15am-12:15pm		10:15am-12:15pm		10:15am-12:15pm	Basketball
12:00							League
12:30							Games
1:00							Fall
1:30							Basketball
2:00							League
2:30							Games
3:00	Adult (16 & Up)						Reserved
3:30	Pick-Up						For
4:00	Badminton						Reserved
4:30	2:45-4:45 PM						For
5:00							Birthday
5:30							Parties
6:00				Coach Henning	Coach Dohleman		
6:30				6-7 PM 6th-8th G	6-7 PM 2&3 Grade		
7:00				Coach Palmblad	Coach Dohleman		
7:30				7-8 PM 6th-8th G	7-8 PM 4th&5th G		
8:00			Adult (18 & Up)		Adult (18 & Up)		
8:30			Pick-Up		Badminton		
9:00			Basketball		8-9:50 PM		
9:30			8:00-9:55 PM		Pickup Badminton		

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Foglia YMCA 1025 Old McHenry Road
 Lake Zurich, IL 60047 847-438-5300

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