

2018 Pool Schedule

October 29-December 23



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																														
4:45								4:45																													
5:00								5:00																													
5:15	\$\$ Deep Water Cadence Running 5:05-5:50 (Meets in Open Lane) Lap Swim 5:00-8:40 (6:35-6:45 Safety Break) (3 Lap, subject to change if class exceeds 8 participants)	Lap Swim 5:00-5:45 (3 Lap, 1 Open)	\$\$ Deep Water Cadence Running 5:05-5:50 (Meets in Open Lane) Lap Swim 5-8:40 (6:35-6:45 Safety Break) (3 Lap, subject to change if class exceeds 8 participants)	Lap Swim 5:00-8:40 (6:35-6:45 Safety Break) (3 Lap, 1 Open)	\$\$ Deep Water Cadence Running 5:05-5:50 (Meets in Open Lane) Lap Swim 5-8:40 (6:35-6:45 Safety Break) (3 Lap, subject to change if class exceeds 8 participants)	Lap Swim 6:15-7:55 (8:00-8:10 Safety Break) (3 lap, 1 open)		5:15																													
5:30		Lap Swim 5:45-6:35 (3 Lap) (Safety Break 6:35-6:45)						5:30																													
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9:00	Aqua Kickboxing 8:45-9:30	Deep End Open	Shallow Water Aerobics 8:45-9:30	Deep End Open	Aqua Zumba 8:45-9:30	Deep End Open	H2O Sculpt 8:45-9:30	Deep End Open	Shallow Water Aerobics 8:45-9:30	Deep End Open	Shallow Water Aerobics 8-8:45	Swim League 8:00-8:45	Lap Swim 8:15-9:30 (3 Lap, 1 Open)	9:00																							
9:15														9:15																							
9:30	Deep Water Aerobics 9:30-10:15	Shallow End Open	Swim Lessons 9:30-10:15	2 Lap Lanes 9:30-10:15	Deep Water Aerobics 9:30-10:15	Shallow End Open	Swim Lessons 10:20-11	1 Lap Lane 10:20-11	Deep Water Aerobics 9:30-10:15	Swim Lesson West Leyden School 9:45-10:45	Swim Lessons 8:45-12:00	1 Lap Lane 9:30-11:00 (safety break 9:35-9:45)	Adaptive Aquatics Swim (open swim for Children/ Adults with rehabilitation needs) 9:30-11	1 Lap Lane 9:30-11:00 (safety break 9:35-9:45)	9:30																						
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10:15																	10:15																				
10:30	Open Swim 10:15-1	Y Aqua Arthritis Program 10:20-11:05	Deep End Open	Swim Lessons 10:20-11	1 Lap Lane 10:20-11	Open Swim 9:30-1	Open Swim 10:45-1:00	1 Lap Lane 11-1	Open Swim 10:45-1:00	1 Lap Lane 10:30-1:30			PSOP Swim Lesson 12:00-1:30	2 Lap Lane 11:00-3:00 (safety break 12:35-12:45)	Open Swim 11-12:30	1 Lap Lane 9:30-11:00 (safety break 9:35-9:45)	10:30																				
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1:00	Kindergarten Swim Lessons 1:00-2:00	(AOA) Shallow Water Aerobics 1:00-1:45	Deep End Open	Kindergarten Swim Lessons 1:00-2:00	(AOA) Shallow Water Aerobics 1:00-1:45	Deep End Open	Kindergarten Swim 1:00-2:00	1 Lap Lane 1:00-2:00	Family Swim 1:30-5:00	Family Swim 12:30-4:00	Swim Lessons 4:00-5:45	1 Lap Lane 3:00-4:00	Open Swim 11-12:30	1 Lap Lane 9:30-11:00 (safety break 9:35-9:45)	1:00																						
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5:00	Swim Lessons 5:15-7:30	Swim Lessons 4:45-6:30	1 Lap Lane 3:30-4:30	Swim Lessons 4:15-7:30	Ray Graham 4:15-5:15	1 Lap Lane 6:00-7:45	Swim Lessons 6:30-7:30	Jr. Paddleboard 4:45-5:20	Open Swim 4:30-7:00	Family Swim 7-9:00	Swim Lessons 4:00-5:45	1 Lap Lane 3:00-4:00	Open Swim 11-12:30	1 Lap Lane 9:30-11:00 (safety break 9:35-9:45)	5:00																						
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8:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:45-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	Open Swim 7:30-9:00	8:00																						
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Lap Swim consists of 3 Lap Lanes and 1 Open Lane unless otherwise indicated. Open Swim consists of 2 Lap Lanes and 2 Open Lanes unless otherwise indicated.

Children under the age of 11 who do not pass the deep water test must be accompanied in the water by a parent or person 18+ years old.

****Please Note that Times & Availability are subject to change without notice.
Effective 1/8/18: Pool subject to shut down for 10 minutes at the end of the hour for a safety break**