



IRVING PARK YMCA AQUATICS SCHEDULE

March 2nd, 2025 – June 15th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	6AM-8:45PM	6AM-8:45PM	6AM-8:45PM	6AM-8:45PM	6AM-6:45PM	7:00am-3pm	7:00am-3pm
Safety Breaks	2PM – 2:30PM	8:50AM 2PM-2:30pm	2PM – 2:30PM	2PM – 2:30PM	2PM – 2:30PM	8:40AM	8:40 AM
Group Lessons	4PM-6:20PM					8:50AM-1 PM	8:50AM-12PM
Group Swims	Adult Lap 6AM-10AM	Adult Lap 6AM-8:50AM	Adult Lap 6AM-10AM	Adult Lap 6AM-10AM	Adult Lap 6AM-10AM	Adult Lap 7AM-8:40AM	Adult Lap 7AM - 8:40AM
	Lap Swim 10AM-12pm	Water Aerobics 9am-9:50am	Lap Swim 10AM- 12PM	Lap Swim 10AM- 12PM	Lap Swim 10AM- 12PM		Open Swim 11:20AM-3PM *Group lessons will use half of the pool from 11:20AM-12PM
	Open 12PM-2PM & 2:30 PM - 3:50PM	Lap Swim 10AM- 12PM	Open 12PM-2PM & 2:30 PM - 3:50PM	Open 12PM-2PM & 2:30 PM - 3:50PM	Open 12PM-2PM & 2:30 PM - 3:50PM	Open Swim 12-2PM & 2:30PM-6:45PM	
Swim Team	Penguins Swim Team 6:30PM-8:45pm					Open Swim 1:15PM-3PM	

- › Schedule is subject to change.
- › Safety Breaks are 10-30 minutes in length and require all swimmers to exit the pool.
- › Private swimming lessons will receive priority access to the pool during regular operating hours.
- › Water Aerobics will be based on a first come first serve basis with only 25 participants allowed in class.
- › The pool will close for the day at 12:30pm on 3/16/25, 4/20/25, 5/18/25, 6/22/25 for the aquatics staff in-service.
- › The pool will be closed on Sunday's from 8:40AM-11:20AM starting in March
 - From 11:20AM -12PM The lap lanes will be used for group lessons, the other half will be used for open swim.

For additional information or questions, please contact the Aquatics Team at
irvingparkaquatics@ymca.org | 773-777-7500 | irvingparkymca.org