



the power of **PLAY**

IRVING PARK YMCA Gymnasium Schedule

August 21-October 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN LARGE GYM	5:30-10:15am 11:45am-5:45pm	5:30am-5:45pm 7:15-8:45pm	5:30-10:15am 11:45am-4:30pm 8-8:45pm	5:30am-5:45pm	5:30-10:15am 11:45am-6:45pm	7am-12:15pm 3-4:45pm	7-7:45am 12:15-4:45pm
OPEN SMALL GYM	Member Choice 5:30am-12pm	Member Choice 5:30am-12pm	Member Choice 5:30am-12pm	Member Choice 5:30am-10:15am 11:30am-12pm	Member Choice 5:30am-12pm	Member Choice 7-9:15am	
	Family 12-3pm					Family 12:30-4:45pm	Family 7am-9:30am 11:15am-4:45pm
	Youth (Ages 8-17) 3-8:45pm	Youth (Ages 8-17) 3-4:00pm, 5-5:45pm	Youth (Ages 8-17) 3-8:45pm		Youth (Ages 8-17) 3-4:00pm, 5-6:45pm		
CLASSES	Silver Sneakers 10:30-11:30am (Large Gym)	Family Zumba (ages 8+) 6-7pm (Large Gym)	Silver Sneakers 10:30-11:30am (Large Gym)		Silver Sneakers 10:30-11:30am (Large Gym)		
OPEN GAMES				Pickle ball (Small Gym) 6-8:45pm			
		Pickle ball (Small Gym) 6-8:45pm		Volleyball (Large Gym) 5:00pm-5:50pm			Pickle ball (Large Gym) 8am-12pm
				Volleyball (Large Gym) 7:00pm-8:45pm			
SPORTS *Registration Required			Beginner Soccer* (Large gym) 5pm-5:50pm	Parent & Tot Tumbling* (Small Gym) 10:30am-11:20am		Parent & Tot Tumbling* (Small Gym) 9:30-10:20am Pre-k Basketball Lessons* (Small Gym) 10:30-11:15am	Flag Football* (Small Gym) 10:00am-11:00am
			Intermediate Soccer* (Large gym) 6-6:50pm	Youth Volleyball Clinic* (Large Gym) 6:00pm-6:50pm		Basketball 1 Lessons* (Small Gym) 11:30am-12:15pm	
						Basketball 2 Lessons* (Large Gym) 12:30pm-1:45pm Basketball League* (Large Gym) 2:00pm-3:00pm	
GROUPS		Afterschool Program: (Small Gym) 4:00pm-5:00pm			Afterschool Program: (Small Gym) 4:00pm-5:00pm		

*Open Pickle ball: some knowledge of the sport is required for participation. Must bring your own equipment.

*Open Gym/open games: Included with membership | \$10 .00 day pass required for non-member.