



the power of **PLAY**

IRVING PARK YMCA Gymnasium Schedule

October 30 – December 17

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN LARGE GYM	5:30am-10:15am 11:45am-5:45pm	5:30am-5:45pm	5:30am-10:15am 11:45am-5:00pm 7:20pm-8:45pm	5:30am-5:45pm	5:30am-10:15am 11:45am-6:45pm	7:00am-8:45pm 2:00pm-4:45pm	7:00am-7:45am 12:15pm-4:45pm
OPEN SMALL GYM	Member Choice 5:30am-12:00pm	Member Choice 5:30am-12:00pm	Member Choice 5:30am-12:00pm	Member Choice 5:30am-10:15am 11:30am-12:00pm	Member Choice 5:30am-3:00pm	Member Choice 7:00am-9:00am	
	Family 12:00pm-3:00pm					Family 12:30pm-4:45pm	Family 7:00am-9:30am 11:15am-4:45pm
	Youth (Ages 8-17) 3:00pm-8:45pm	Youth (Ages 8-17) 3:00pm-6:00pm	Youth (Ages 8-17) 3:00pm-8:45pm		Youth (Ages 8-17) 3:00pm- 6:45pm		
CLASSES	Silver Sneakers 10:30am-11:30am (Large Gym)	Family Zumba (ages 8+) 6:00pm-7:00pm (Large Gym)	Silver Sneakers 10:30am-11:30am (Large Gym)		Silver Sneakers 10:30am-11:30am (Large Gym)		
OPEN GAMES		Pickle ball (Small Gym) 6:00pm -8:45pm		Pickle ball (Small Gym) 6:00pm-8:45pm			Pickle ball (Large Gym) 8:00am-12:00pm
		Pickle ball (Large Gym) 7:15pm -8:45pm		Volleyball (Large Gym) 6:00pm-8:30pm			
SPORTS *Registration Required			Beginner Soccer* (Large gym) 5:15pm-6:10pm Intermediate Soccer* (Large gym) 6:15pm-7:10pm			Weekend Warrior* (Small Gym) 9:00am-10:00am Parent & Tot Tumbling* (Large Gym) 9:30am-10:20am Pre-k Basketball Lessons* (Small Gym) 10:30am-11:15am Basketball 1 Lessons* (Small Gym) 11:30am-12:15pm Basketball 2 Lessons* (Large Gym) 12:30pm-1:45pm	Flag Football* (Small Gym) 10:00am-11:00am

*Open Pickle ball: Some knowledge of the sport is required for participation. The net is provided. Participants are responsible for set-up and clean-up.

*Open Gym/open games: Included with membership | \$10.00 day pass required for non-member.