

August 24 – November 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LARGE GYM	Open Gym 5:30am-10:05am 11:45am-5:45pm	Open Gym 5:30am-6:45am 11:15am-8:45pm*	Open Gym 5:30am-10:05am 11:45am-5:45pm	Open Gym 5:30am-6:45am 11:15am-2:45pm	Open Gym 5:30am-10:05am 11:45am-6:45pm	Open Gym 7:00am-9:15am 10:30am-12:15pm 2:00pm-4:45pm	Open Gym 7:00am-7:45am 12:15pm-4:45pm
SMALL GYM	Open Gym 5:30am-4:30pm 6:00pm-8:45pm	Open Gym 5:30am-6:45am 11:15am-6:00pm	Open Gym 5:30am-8:45pm	Open Gym 5:30am-6:45am 11:15am-4:45pm	Open Gym 5:30am-6:45pm	Family Gym* 7:00am-10:15am	Family Gym 7:00am-12:30pm
SILVERSNEAKERS CLASSES	SilverSneakers (Large Gym) 10:30am-11:30am <i>Set-up/Take Down:</i> 10:05am-10:30am & 11:30am-11:45am		SilverSneakers 10:30am-11:30am (Large Gym) <i>Set-up/Take Down:</i> 10:05am-10:30am & 11:30am-11:45am		SilverSneakers 10:30am-11:30am (Large Gym) <i>Set-up/Take Down:</i> 10:05am-10:30am & 11:30am-11:45am		
OPEN GAMES		Pickleball (Small Gym & Large Gym) 7:00am - 11:00am (Small Gym) 6:15pm - 8:45pm	Teen Open Volleyball Age 13-17 (Large Gym) Warm-Up 6:00pm-6:30pm 6v6 Games 6:30pm-8:30pm	Pickleball (Small Gym & Large Gym) 7:00am-11:00am (Small Gym) 6:15pm-8:45pm Girls Only Basketball Open Gym (Large Gym) 3pm-8:45pm*			Pickleball (Large Gym) 8:00am-11:00am
SPORTS CLASSES *Registration Required*	Floor Hockey Clinic Age 8-11 (Small Gym) 4:45pm-5:45pm Adult Open Volleyball Age 18+ (Large Gym) Warm-Up 6:00pm-6:30pm 6v6 Games 6:30pm-8:30pm	Girls Soccer Clinics (Turf*) Beginner Age 5-7 5:15pm-6:10pm Intermediate Age 6-10 6:15pm-7:10pm		Adult Pickleball (Small Gym) 5:00pm-6:00pm Boys Soccer Clinics (Turf*) Beginner Age 5-7 5:15pm-6:10pm Intermediate Age 6-10 6:15pm-7:10pm		Parent & Tot Tumbling Age 1-3 (Large Gym) 9:30am-10:15am Pre-K Basketball Age 3-5 (Small Gym) 10:30am-11:20am Basketball 1 Age 6-8 (Small Gym) 11:30am-12:20pm Basketball 2 Age 9-12 (Large Gym) 12:30pm-1:45pm	Adult Pickleball (Large Gym) 11:00am-12:00pm

- **Open Gym:** Included with membership. A \$10.00 day pass is required for all non-members. Available if pickleball is not in session.
- **SilverSneakers Classes:** For active older adult YMCA members. Ask the front desk about eligibility for a SilverSneakers membership.
- **Open Games (Pickleball):** Must be an active YMCA member to participate. Maximum of 12 players per session per court, first-come, first-served basis. Knowledge of the sport is required. Pickleball net is provided. Players are responsible for set-up & clean-up. Players must RSVP per session via the 'Team Reach' app. Group code: 12233344 (AM times Tues / Thurs). Group code: PB111222 (PM times Tues / Thurs / Sunday). If less players arrive on Tuesday/Thursday AM, Large Gym will be available for Open Gym.
- **Open Games (Teen Open Volleyball):** Included with membership. \$10.00 day pass required for non-members. Check with the front desk for availability. Teen Open Volleyball is on a first come first serve basis. Limited to 21 participants
- **Sports Classes:** Registration required for all listed sports clinics and games. Member and non-member rates available.
- **Birthday Parties & Court Rentals** may occur during Open Gym times. Check with the front desk for availability and signage.

*If inclement weather on the Turf, Boys & Girls Soccer Clinics will move to the Large Gym. If this occurs on Thursdays, Girls Only Basketball will run 3pm-5pm, then resume 7:15-8:45pm. If this occurs on Saturday, Weekend Warriors will be in the Small Gym from 9am-10am.