



the power of **PLAY**

KELLY HALL YMCA Group Exercise Schedule

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10am-2pm COMPUTER LITERACY Chicago Connect					
	11:30am-1pm BOOK SOCIETY Sam		12-1pm SENIOR CHAIR AEROBICS Regina		
	6:30pm – 7:30pm Cardio Dance Terrayne		6:30pm – 7:30pm Cardio Dance Terrayne		
6pm -7pm STEPPIN' Tracy			6pm- 7:30pm Open Gym	6pm-7pm STEPPIN' Janey	
6pm –7pm LINE DANCING Tracy			6pm-7pm Line dancing Tracey		

Check our website or app for the most current information on substitutions & cancellations.

kellyhallymca.org

For additional information or questions, please contact 773-886-1220.