



# LAKE VIEW YMCA AQUATICS SCHEDULE

**June 10<sup>th</sup>– August 6<sup>th</sup>**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Hours</b>	6am-9:30pm	6am-9:30pm	6am-9:30pm	6am-9:30pm	6am-7:30pm	7am-4:30pm	7am-4:30pm
<b>Safety Breaks</b>		8am 10am 12pm 4pm 7:50pm			8am 10:30am 12pm 4pm 6pm	8:50am 1:50pm 3:50pm	8:50am 1:50pm 3:50pm
<b>Water Fitness</b>		<b>Exercise Class</b> 10:30-11:30am		<b>Exercise Class</b> 10:30-11:30am	<b>Exercise Class</b> 9:15-10:15am		<b>Exercise Class</b> 9am-10am
<b>Group Lessons</b>	<b>Youth</b> 4:30-6:40pm	<b>Youth</b> 4:30-6:40pm <b>Adult</b> 7-7:50pm		<b>Youth</b> 4:30-6:40pm		<b>Youth</b> 9:00-12:15pm	<b>Youth</b> 9:00-12:15pm
<b>Swim Team</b>	5pm-7pm	5pm-7pm	6pm-7pm	5pm-7pm			
<b>Lap Swim</b>	6am-1pm 7pm-9:30pm	6am-1pm 7:50pm-9:30pm	6am-1pm 7pm-9:30pm	6am-1pm 7pm-9:30pm	6am-1pm 7pm-7:30pm	7am-8:50am 12:10pm-4:30pm	7am-8:50am 12:10pm-4:30pm
<b>Open Swim</b>	3pm-5pm	3pm-5pm	3pm-5pm	3pm-5pm	3pm-5pm	12:10pm-4:30pm	12:10pm-4:30pm
<b>Aquatic/Camp Swim</b>	9am-1pm 1pm-3pm	9am-1pm 1pm-3pm	9am-1pm 1pm-3pm	9am-1pm 1pm-3pm	9am-1pm 1pm-3pm		

- › Please note: There is no Lap Swim during Water Fitness
- › Schedule is subject to change.
- › A limited number of lanes will be available during programming and open swim times.
- › Safety Breaks are 10 minutes in length and require all swimmers to exit the pool deck.
- › Private Swim lessons will receive priority access to the pools during regular operating hours.

For additional information or questions, please contact 773-248-3333.