



# LAKE VIEW YMCA AQUATICS SCHEDULE

**March 22<sup>nd</sup>-June 8<sup>th</sup> 2026**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Hours</b>	6am-9pm	6am-9pm	6am-9pm	6am-9pm	6am-7pm	7am-4:30pm	7am-4:30pm
<b>Safety Breaks</b>		10am 4pm			10:30am 4pm		
<b>Water Fitness</b>		<b>Exercise Class</b> 10:30-11:30am		<b>Exercise Class</b> 10:30-11:30am	<b>Exercise Class</b> 9:15-10:15am		<b>Exercise Class</b> 9am-10am
<b>Group Lessons</b>	<b>Youth</b> 4:30-6:40pm	<b>Youth</b> 4:30-6:40pm <b>Adult</b> 7-7:50pm	<b>Youth</b> 4:30-6:40pm <b>Adult</b> 7-7:50pm	<b>Youth</b> 4:30-6:40pm		<b>Youth</b> 9:00-12:10pm	<b>Youth</b> 9:00-12:10pm
<b>Swim Club</b>	5pm-7pm		5pm-7pm				
<b>Lap Swim</b>	6am-4pm, 7pm-9pm	6am-10:30am, 11:30am-4:00pm, 8pm-9:00pm	6am-4pm, 7pm-9pm (2 lanes 7pm-8pm)	6am-10:30am, 11:30am-4:00pm, 7pm-9:00pm	6am-9:15am, 10:15am-7:00pm	7am-8:50am 12:10pm-4:30pm	7am-8:50am 12:10pm-4:30pm
<b>Open Swim</b>	2pm-4:00pm	2pm-4:00pm	2pm-4pm	2pm-4:00pm	2pm-4:00pm	12:10pm-4:30pm	12:10pm-4:30pm

- › Please note: There is no Lap Swim during Water Fitness, Swim Lessons, or Swim Club
- › Schedule is subject to change for rentals, School days out, and other programming. Changes to the schedule will be posted in the building and on our Facebook page.
- › A limited number of lanes will be available during open swim times.
- › Safety Breaks are 10 minutes in length and require all swimmers to exit the pool deck.

For additional information or questions, please contact 773-248-3333.

lakeviewymca.org