



# ELMHURST YMCA ICE RINK 2022-2023



**Ice Rink Opens November 7**  
**Registration begins September 29**

ELMHURST YMCA | 211 W. First Street, Elmhurst, IL 60126 | 630.834.9200

# SKATE SCHOOL (YOUTH)

Ice skating is fun and healthy. Our **Learn To Skate** program is designed for everyone from beginner to advanced skaters.

Skate rental for Skate School classes \$1 per child per class.

Here is a description of the various levels:

**Parent & Tot (ages 2-4):** No skating ability necessary for this class.

1 parent/guardian required to be on ice with skates, minimal skating knowledge. (Saturdays only.)

**Tot (ages 3-5):** No skating ability necessary for this class.

**Pre-alpha (ages 6-12):** No skating ability necessary for this class.

**Alpha (ages 6-13):** Must pass the pre-alpha test and consistently be able to march, glide on one and two feet, do backward wiggles and forward and backward swizzles.

**Beta (ages 6-13):** Must pass the alpha test and consistently do forward left and right crossovers and a snowplow stop.

For more information, please contact [elmhursticerink@ymcachicago.org](mailto:elmhursticerink@ymcachicago.org).

## TIME:

### Parent & Tot

Saturdays, 12:35-1:15 p.m.

### Tot, Pre-alpha, Alpha, Beta

Saturdays, 12:35-1:15 p.m.

Fridays, 4:10-4:50 p.m.,

5-5:40 p.m., 5:50-6:30 p.m.

## FEE:

**Session 1:** November 11-December 17 (6 weeks)

\$105 Member | \$210 Non-Member

**Session 2:** January 6-February 25 (8 weeks)

\$140 Member | \$280 Non-Member



# ACTIVITY SKATE (YOUTH)

**Ages 6-10 yr old.**

Skater will get to participate in a variety of activities on ice, including obstacle courses, relay races, limbo, fun games, and more!

**TIME:** Mondays, 4-4:45 p.m.

## FEE:

**Session 1:** November 14-December 19 (6 weeks) \$90 Member | \$180 Non-Member

**Session 2:** January 9- February 27 (8 weeks) \$120 Member | \$240 Non-Member

# SCOOTERS (PRE-HOCKEY PROGRAM)

**Scouters is a program that introduces hockey to boys and girls ages 4-6.** It focuses on the basic fundamentals of hockey: balance, skating and stick handling skills. To participate, your child just needs to be able to skate forward a bit, and we will take it from there. If your child can't yet skate forward, please consider enrolling in our skate school. Scooters are offered on two separate days for your convenience. For a list of equipment needed and other information, please visit [elmhurstymca.org/icerink](http://elmhurstymca.org/icerink).

## TIME:

Mondays, 5-5:45 p.m.

Saturdays, 11:40 a.m.-12:25 p.m.

## FEE:

**Session 1:** November 14-December 19 (6 weeks)

\$120 Member | \$240 Non-Member

**Session 2:** January 9- February 27 (8 weeks)

\$160 Member | \$320 Non-Member

**ICE RINK HOTLINE | 630.834.9214**

We skate in most weather conditions, but occasionally have to cancel a program due to weather or mechanical issues.

**Always call the for updates!**

# YOUTH HOCKEY LEAGUE

**We Play For Fun!** Our recreational house league is available and designed for beginning and experienced hockey players. Our goal is to teach the great game of hockey to kids in a fun environment that supports friendly competition while building positive relationships that lead to good sportsmanship and teamwork. The Elmhurst YMCA rink is an outdoor rink with a cooling system that allows us to play in most weather conditions.

**Restrictions:** Because we are a recreational house league, and to ensure fairness of play, Elite AAA, and Central States Development Hockey league players are not eligible to play in the YMCA house league. Northern Illinois Hockey League (NIHL) Elite and Gold players are also not eligible.

NIHL Silver and Bronze Major players are allowed to play in the house league but must play up an age division. NIHL Silver and Bronze Minor players may play in their own age division unless Y staff determines they need to move up a division. Please note NIHL Silver and Bronze players are not allowed to register until November 1.

Northwest Hockey League Players are eligible to play in the Elmhurst YMCA Recreational House League and can sign up at the start of registration.

**Please note these new restrictions are meant to ensure fairness of play and enhance the enjoyment of the house league player. Important Information:**

- Games are played at the Elmhurst YMCA. No traveling to other rinks.
- Evaluations begin the week of November 14.
- All youth players will have equal playing time, regardless of their ability.
- A minimum of 28 ice times, including approximately 15 games.
- Holds one ice time (practice/game) during the week and one ice time (practice/game? on the weekend.
- Our league is open to boys and girls.
- No USA Hockey fees or additional uniform fees are charged.
- All youth hockey is "no check".

If you want your child to learn to play hockey in a fun, low stress environment where competition is encouraged, but winning and losing are kept in the proper perspective, this is the perfect league for you and your family. With respect to the coach and other team members, please make sure your child is able to fulfill their commitment to team practices and games.

## LEAGUE DIVISIONS

**Mites** 6-8 yr olds: \$490 Member | \$665 Non-Member

**Squirts** 9-10 yr olds: \$490 Member | \$665 Non-Member

**Pee Wees** 11-12 yr olds: \$490 Member | \$665 Non-Member

**Bantams** 13-15 yr olds: \$490 Member | \$665 Non-Member

**Midgets** 16-17 yr olds: \$490 Member | \$665 Non-Member

\*Fee includes jersey and hockey socks

For a list of equipment needed and additional information, visit [elmhurstymca.org/icerink](http://elmhurstymca.org/icerink).

For more information, contact us at 630.834.9200 or [elmhursticerink@ymcachicago.org](mailto:elmhursticerink@ymcachicago.org).

## SUPPORT NEEDED: YOUTH HOCKEY COACHES

Our volunteer coaches are the backbone of our program, and are more than just coaches, they are mentors. We are looking for head coaches and assistant coaches. If you are interested in coaching and mentoring youth, please contact us to complete the volunteer application. All coaches must pass a background check, attend a one-hour coaches meeting and complete an online concussion awareness class.

If you have any questions, or would like more information on coaching a team, please contact the Y at 630.834.9200 or [elmhursticerink@ymcachicago.org](mailto:elmhursticerink@ymcachicago.org).

# ADULT WOMEN'S HOCKEY CLASS

The Elmhurst Y is offering hockey class for adult women. You must be 18 or over and full equipment is required. Each class will start with approximately thirty minutes of skills instruction followed by a sixty-minute game.

Goalies are needed!

**Time:** Wednesdays, 8-9 p.m.

**Fee:**

**Session 1:** November 9–December 14 (6 weeks)

\$135 Member | \$270 Non-Member

**Session 2:** January 4–February 22 (8 weeks)

\$180 Member | \$360 Non-Member



# STICK N PUCK YOUTH & ADULT

Stick and Puck sessions are an opportunity for hockey players of all ages to get out on the ice to practice their skating and stick handling skills with a puck. These are non-competitive sessions and no scrimmaging is allowed. We recommend that all participants arrive at least 20 minutes prior to start time as only 20 players and 4 goalies are allowed per session. All spaces are filled on a first come, first serve basis.

Requirements: Skaters that are under 17 years of age must be accompanied by an adult and wear full equipment including helmet with cage. Players that are 18 and older must wear a helmet, gloves, and skates at minimum. No organized practices or scrimmaging is permitted.

**TIME:** Sundays, 2:05-2:40 p.m.

**FEE:**

\$0 Member/\$10 Non-Member

## OPEN AND FAMILY SKATE

**TIME:**

Tuesdays & Thursdays, 11:45 a.m.–2:30 p.m.

Fridays, 7:10–8:25 p.m. (Family Skate)

8:40–9:45 p.m.

Saturdays, 1:35–3:05 p.m.

Sundays, 12:15–1:45 p.m.

**SKATE FEE:** \$0/Member | \$5/NM Child/\$7 NM Adult

**SKATE RENTAL:** \$5 Member/Non-Member

## BIRTHDAY PARTIES

**Ice Rink Birthday Party—how “cool” is that!**

Birthday parties are able to use the ice for one hour during an open skate. Skate rentals are included. No sticks or pucks allowed on the ice. Skate instructors are available upon request for an additional fee. Restrictions may apply.

**FEE:** Contact the Y for pricing

For availability and more information, please contact the Y at 630.834.9200 or [elmhursticerink@ymcachicago.org](mailto:elmhursticerink@ymcachicago.org).

## ICE RINK RENTALS

Rent the ice rink for any occasion! Subject to availability. Fee must be paid in advance of rental.

Please contact the Ice Rink at 630.834.9200 or [elmhursticerink@ymcachicago.org](mailto:elmhursticerink@ymcachicago.org) for more information., availability and pricing.

## ICE RINK BANNERS

A great way to advertise your business! Your banner will hang in the rink throughout the entire season. Proceeds from the rink banner sales go directly to the Elmhurst YMCA Scholarship Fund.

For more information, please contact Leslie Boeckel at [lboeckel@ymcachicago.org](mailto:lboeckel@ymcachicago.org).