



the power of **PLAY**

# ELMHURST YMCA GYMNASIUM SCHEDULE

## June 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Gym</b>	8-8:45am 10am-3pm	2-9pm	10:30am- 12pm 2-6pm	2-6:30pm	5-6am 10:30am- 12pm 2-6pm/8- 9pm	2-9pm	8-10am 11am-6pm
<b>Groups &amp; Classes</b>			<b>Adult Basketball</b> 6-7am		<b>Adult Basketball</b> 6-7am		<b>Adult Basketball</b> 6-8am
	<b>Fitness</b> 9-9:45am	<b>Fitness</b> 5:30- 6:30am	<b>Fitness</b> 9:15- 10:30am	<b>Fitness</b> 5:30-6:30am 9:15-10:30am 6:30-7:30pm	<b>Fitness</b> 9:15- 10:30am	<b>Fitness</b> 5:30- 6:30am	<b>Fitness</b> 10-11am
		<b>Summer Camp</b> 7am-2pm	<b>Summer Camp</b> 7-9am 12-2pm	<b>Summer Camp</b> 7-9am 10:30am-2pm	<b>Summer Camp</b> 7-9am 12-2pm	<b>Summer Camp</b> 7am-2pm	
	<b>Pickleball</b> 3-5pm		<b>Pickleball</b> 6-8:30pm	<b>18+ Open Runs Basketball</b> 7:30-9pm	<b>Pickleball</b> 6-7:45pm		

- Youth under the age of 11 must be accompanied by a guardian or person 18+ years old.
- Youth under 12 are not permitted in an adult group exercise class. Participation of youth 12-15 is at the discretion of the Fitness Manager based on behavior and maturity level.
- NO food or drink (except for water) allowed in the gym.

**Schedule is subject to change.**

**[elmhurstymca.org](http://elmhurstymca.org)**

For additional information or questions, please contact 630-834-9200.