



INDIAN BOUNDARY YMCA AQUATICS SCHEDULE

MAY 2025 – August 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:15am-8:45pm	7:00am-8:45pm	5:15am-8:45pm	7:00am-8:45pm	5:15am-8:00pm	7:00am-4:45pm	9:00am-3:45pm
Water Fitness	Try Ability Rehab 10:00AM – 3:00PM	Aqua Ex 8:15AM-9:15AM	Water Fit 8:15AM – 9:15AM	Aqua Ex 8:15AM-9:15AM	Aqua Ex 5:15PM – 6:15PM	-	-
Group Lessons	4:45PM-7:15PM	4:45PM-7:15PM	4:45PM-7:15PM	4:45PM-5:45pm	-	9:00-11:00am	Private Lessons 9:30AM – 2:30PM
Summer CAMP	AQ Camp 9:30-1:00pm	CAMP SWIM 9:30-2:00pm	AQ Camp 9:30-1:00pm	CAMP SWIM 9:30-2:00pm			
Family Swim	3:45pm-4:45pm & 7:30-8:45pm	3:45pm-4:45pm & 7:30-8:45pm	3:45pm-4:45pm & 7:30-8:45pm	3:45pm-4:45pm & 7:30-8:45pm	12:30-5:15pm & 6:15-7:45pm	11:15-4:45pm	11:00-3:45pm
Group Swims	Adult Lap 5:15AM-6:45AM	Pre – School 9:30-10:30am	Adult Lap 5:15-7am	Pre – School 9:30-10:30am	Adult Lap 5:15AM-6:45AM	Adult Lap 7-8:30am	-
	Senior 9:30AM-10:00AM 12:30PM-1:30PM	Senior 9:30AM – 10:00AM	Senior 12:30PM-1:30PM	Senior 9:30AM – 10:00AM	Senior 8:00AM – 9:15AM 10:00AM – 12:15PM	-	-
Rentals	Hornets Swim Team Mon – Thurs 7:00 – 9:00PM Try Ability – Mon & Wed– 10:00 – 3:00PM SeaSpar Swim Lessons – Tues, Thurs 4:00 – 6:45PM				Hornets Swim Team 6:30 – 8:30PM	Benet Academy 7:00AM – 9:00AM	-

- Schedule is subject to change.
- Pool Closures will take place 2:00-3:30PM Tuesday, Thursday & Friday
- A limited number of lanes will be available during programming times.
- Safety Breaks are 15 minutes in length and require all swimmers to exit the pool and are held:
 - 9:15-9:30AM Monday through Friday
 - 3:15-3:30PM Mondays Only
- Lifeguards can request a break at anytime of the day if needed for safety.
- Private swim lessons will receive priority access to the pools during regular operating hours.

For additional information or questions, please contact Karolina Zarebczan, Aquatics Manager at Kzarebczan@ymcachicago.org or 630-929-2428.