



# YMCA Camp MacLean

## 2024 Backpacker Clothing and Equipment List

### Minimum amounts for the Backpacker One Week Program

We recommend that the camper's gear is marked well and that each camper can recognize their bags. Duffel bags or soft suitcases work the best. Campers are responsible for his /her belongings. See the parent guide for more information on lost & found.

The following items will be used for our backpacking trips. Campers will have overnight practice experiences and a three-day backpacking trip. All items on this list, the camper will wear or will need to put in the backpack the camp provides; therefore, please be cautious of weight and size of each item.

#### General

- 1: Sleeping bag
- 1: Inflatable backpacking pillow
- 1: Sunglasses
- 1: Sun Screen, 5.6 oz to 8 oz
- 1: Bug Spray, 4 oz to 8 oz, Deep woods preferred
- 1: Headlamp or flash light
- 1: One liter water bottle
- 3: Ziplock bags, gallon

#### Toiletries

- 1: Toothbrush/ paste
- 1: Prescription glasses \*if needed
- Other personal toiletries

#### Optional:

- Hat, Book, Camera, Card game, Small snack

#### Trail Clothing

(When packing trail clothing you want to avoid cotton. Please check to make sure the clothing is comfortable for long hikes.)

- 1: Hiking pant
- 1: Hiking shorts
- 2: T-Shirt, tank-top not recommended as backpack will be on shoulders.
- 4: Pairs of underwear & sports bra
- 1: long pants like sweat pants or leggings to sleep in
- 1: long sleeve warm shirts
- 1: raincoat
- 4: Pairs of hiking socks (No cotton)
- 1: shoes (Recommend "trail runners")

In addition to the backpacking trip list, we recommend campers bring the following for the traditional camp activities. If you notice the items on both lists, this means we want you to bring more of the item; however, these items will be left at camp for general camp use and the material does not make a difference.

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| <input type="checkbox"/> 2: Towels, Beach & Shower, 1 or 2 washcloths  | <input type="checkbox"/> 3: T-shirts   |
| <input type="checkbox"/> 1: Water bottle   | <input type="checkbox"/> 2: Long sleeve shirt/sweatshirt   |
| <input type="checkbox"/> Insect repellent, Sunscreen   | <input type="checkbox"/> 3: Shorts   |
| <input type="checkbox"/> Toiletries (Shampoo, soap, deodorant, etc..)  | <input type="checkbox"/> 2: Pants  |
| <input type="checkbox"/> Optional: Flashlight, fishing/sports gear*, camera, extra pair of eyeglasses or contacts, stamps and addressed envelopes, book, reading materials, card games | <input type="checkbox"/> 2: Underwear and socks  |
| <input type="checkbox"/> 5 Face coverings  | <input type="checkbox"/> 2: pajamas  |
| <input type="checkbox"/> White Shirt for Tie-dying   | <input type="checkbox"/> 1: Pair of shoes  |
|  | <input type="checkbox"/> 1: Swimsuit – Camp MacLean recommends a one piece or modest two-piece swimsuit. |

\*YMCA Camp MacLean reserves the right to approve the use of personal sports and/or backpacking equipment and store under lock and key as deemed necessary by the director(s).

#### Items campers cannot have: \*May not bring to camp\*

- Electronics such as cell phones, computer games, radios, Kindles, iPods, etc. Any electronic that can connect to WIFI or a data connection, a camper cannot keep in their cabin or tent.
- Pets, knives, or other tools/weapons.

YMCA Camp MacLean reserves the right to collect and hold all of the above-mentioned items. All belongings will be returned to the camper at the end of the session. As a YMCA facility, Camp MacLean is a Drug and Alcohol-free environment.