YMCA FAMILY CAMP PINEWOOD INFORMATION GUIDE



FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

YMCA FAMILY CAMP PINEWOOD

4230 Obenauf Road

Twin Lake, MI 49457

www.ymcachicago.org/pinewood



WELCOME TO FAMILY CAMP!

Thank you for planning to spend your vacation with us! We will provide a fun, safe, quality experience for your entire family. Please read through this Information Guide carefully to help you prepare for your time at camp.

The YMCA is committed to making a difference in the world today. Our goal is to enrich the lives of all people. We hope that your time at Family Camp is a wonderful experience that will strengthen your family's bond. Families can participate in all of our activities or just relax in our beautiful lakeside, pinewood forest. If we can do anything to make your weekend more enjoyable, please talk to our YMCA staff.

IN THIS GUIDE

Welcome!			 1
Directions to	Camp		 2
Arrival & Dep	arture		 3
What to Bring	9		 3
Emergency I	nfo		 4
Policies & Pro	cedure	es	 5-8
Sample Sche	dules		 9
Camp Map			 10
Local Attracti	ons		11

CONTACT US!

YMCA Family Camp Pinewood (231) 821-2421 camppinewood@ymcachicago.org

OUR STAFF

Executive Director: Jessi Prevost
Program Director: Abby Cowburn
Maintenance Director: Curt Mohrhardt
Camp Caretaker: Mila Ribbeck

Financial assistance is made available through the generosity of our members and donors.

If you would like to apply, you can email us at camppinewood@ymcachicago.org or by using the Quicklinks section on our website.

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COVID-19

Presently, Camp Pinewood is under no COVID-19 restrictions. If there are any changes, Camp will notify you.

OUR MISSION

We are committed to strengthening community by connecting all people to their purpose, potential, and each other.

Y METRO DIVERSITY & INCLUSION STATEMENT

The YMCA of Metropolitan Chicago believes that everyone regardless of ability, race, gender, income, faith, or sexual orientation has the right to live life to the fullest and enjoy the Y's programs and facilities. Moreover, the principles of diversity, equity, and inclusion inform every aspect of our association including staff hiring and training, strategic planning, program offerings and more. We are committed to deepening our work in this area to ensure that every segment of society feels welcome and supported by the Y.

HOW TO REQUEST DISABILITY MODIFICATION

If you require a modification due to a disability to participate in any of our programs please inform camp staff at the time of enrollment and make sure to select the request on your enrollment paperwork so that a member of our inclusion team can reach out to you. Questions? Email inclusion@ymcachicago.org.

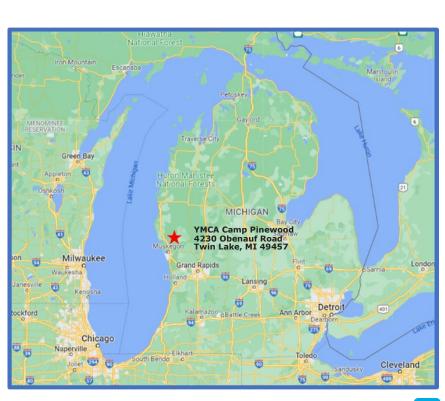
DIRECTIONS TO CAMP

Our address is <u>4230 Obenauf Road, Twin</u> Lake, MI 49457.

Camp Pinewood is located in West Michigan about 20 minutes North of Muskegon.

Your GPS or using an online map should get you to Camp Pinewood with ease. Once you enter Camp Pinewood, follow the main road until you see signs for Check-In Parking. Once parked, you'll be overlooking Butler Lodge and Echo Lake. You'll check in at Butler Lodge.

As you approach Camp Pinewood cell phone service can be spotty to non-existent. Please plan in advance. Feel free to call our office for more specific directions if needed.



ARRIVAL AND DEPARTURE

Campers can arrive any time after 5pm on a Check-In day. As you enter camp, head to Butler Lodge where our staff will check you in and provide you with maps and your activity schedule for your visit.

If you arrive after 7:30pm, your cabin will be unlocked for you. You can officially check in the next morning at breakfast.

On Check-Out days, you must be checked out of your cabin by 10am. All families should vacate the property by 12pm. If you have booked consecutive sessions in the same lodging, you do not need to check out in between sessions.

WHAT TO BRING

Be prepared for varied weather while you are at camp!

T-Shirts & Tank Tops	Sleeping Bags and/or Twin/Queen Sheets
Pajamas	Pillow
Long-Sleeve T-shirts	Swimsuit & Goggles
Reusable Water Bottle	Beach Towels
Reusable Travel Mug	Sunglasses
Pants or Jeans	Sunscreen
Shorts	Bug Spray
Underwear / Socks (+ extras)	Chapstick
Toothbrush/Toothpaste	Shoes/Sandals
Shampoo/Conditioner/Soap	Rain Gear (just in case)
Shaving Supplies	Warm Jacket or Sweatshirt
Comb/Brush	Camping/Beach Chairs
Flashlights/Lanterns/Head Lamps	Blue & Red Shirts for Capture the Flag
Towels/Washcloths	

Other Suggestions:

- Hat
- Water Shoes
- Extra Clothes
- Nightlight
- Games / Books
- Musical Instruments
- Items for Skit Night / Talent Show
- Perimeter Bug Repellents (such as Thermacell Patio Shield)
- Bicycles + Protective Gear (Helmet at minimum.)

Forget something?

It happens to all of us! There may be some items available for purchase at our Camp Store (like toothbrushes, flashlights, bug spray, and sunscreen), but if we don't have it there are a couple of grocery stores in our area.

•	Maple Island Grocery (country market)	1.3 miles (3 minutes)	3465 Maple Island Rd, Twin Lake
•	Meijer on Holton	11 miles (18 minutes)	1800 Holton Rd, North Muskegon
•	Meijer in Fremont	13 miles (17 minutes)	4665 S Green Ave, Fremont
•	Walmart in Fremont	13 miles (17 minutes)	7083 W. 48th St, Fremont

EMERGENCY INFORMATION



FOR MEDICAL EMERGENCIES CALL: 911 from your cell phone.

*If 911 is called please notify a staff member immediately. It is also helpful to send a person to the Camp Pinewood entrance sign to direct the responders. Once a staff member is notified, they will take over the situation and enact our emergency response protocols.

STAFF LOCATION

Camp Pinewood staff live on site. Please notify a staff member in case of an emergency.

Jessi Prevost Executive Director Front House at Camp Pinewood entrance

Abby Cowburn Program Director Echo Staff House (see map)
Curt Mohrhardt Maintenance Director Lake Staff House (see map)

HOSPITAL LOCATIONS

In case of emergency, the nearest hospital is Mercy Health located 22 minutes south at 1500 E. Sherman Blvd., Muskegon, MI 49444.

There is also a Trinity Health Urgent Care located 15 minutes west at 2006 Holton Rd, Muskegon, MI 49445.

FIRST AID KITS

First aid kits are located at Butler Lodge, the kitchen, and every program site.

REPORTING INJURIES/ACCIDENTS

Please report all accidents, injuries, property or equipment damage as soon as possible to camp staff.

INCLEMENT WEATHER, FOREST FIRE or MISSING PERSON

In case of severe weather conditions, please follow the following instructions:

Tornado: ALL guests meet in the Recreation Room in the basement of Butler Lodge.

Fire: ALL quests meet at the large athletic field between the overnight parking lot and archery.

Lightening: Please go to your cabin or Butler Lodge until the lightening has passed.

Missing Person: Notify a staff member immediately and we will enact our missing camper protocol. During this

time we may close program sites so that more staff can assist with the search.

MEALS

Meals are served buffet style in Butler Lodge. Food can be enjoyed in Butler Lodge or in the adjoining picnic areas. Please check the schedule for meal times and plan to arrive on time as meals are served for one hour. A hot beverage bar, as well as fresh whole fruit are available in the dining hall between meals through dinner. Please let us know of any dietary restrictions ahead of your visit!

CAMP COMMUNICATION

Cell phone service is very spotty at camp. Staff are generally in the office or Butler Lodge on any given day from 8am to 8 pm. If someone outside of camp is trying to reach you, they can call during office hours to leave a message for you. If they call when the office is closed they can leave a voicemail which we will deliver at the next meal. The YMCA Camp Office number is 231-821-2421.

LOST & FOUND

Lost and found items will be held for three weeks, after which, they will be donated. The YMCA is not responsible for lost, damaged, or stolen articles. Please mark all of your belongings with your name so we can get left items back to you.

GROUP LIVING

Camp Pinewood provides services year round and as such, has year-round residents. **Quiet time at camp is 10pm.** Please be respectful of the members and residents around you. Some families may have younger children who require earlier bed times.

PET PROCEDURES

In order to maintain a safe and clean pet program at camp, it is important for all pet owners to abide by the following procedures.

- 1. Prior to arrival at camp, pet owners must register the dog online. Dogs must show proof of Rabies vaccination. DHPP, Bordetella, and Lyme vaccines are recommended by veterinarians but not required. Send proof of vaccinations to camppinewood@ymcachicago.org.
- 2. Pets shall be on leashes at all times.
- **3. Pets are not allowed in Butler Lodge.** Pets are allowed on the beach and may have designated areas they are permitted to swim. Please check with lifeguards when you arrive at the beach.
- 4. **Pet Bites or injuries** are the strict liability of the pet owner and will hold the Y harmless of any liability from the owner.
- 5. Please control excessive barking.
- 6. Please do not leave your pet alone in the cabin if they are a barker. The noise is disruptive to other campers and the staff will ask you to either remove your pet from camp or bring your pet with you when you leave your cabin.
- 7. Pick up your pet's waste so others do not step in it.
- 8. Do not leave your pet unattended anywhere in camp.
- 9. Your family is responsible for all damages incurred by your pet.



WATERFRONT POLICY

Family Camp Pinewood takes water safety very seriously. Please read the following in its entirety so you and your family, and guests of your family, are prepared.

Parents/Guardians are responsible for supervising their children and guests 12 and under while they are swimming, boating, or participating in any waterfront activities.

POLICIES AND PROCEDURES:

- 1. The waterfront is guarded by a certified lifeguard during specific times each day. These times will be noted in your schedule.
- WHEN THERE ARE NO LIFEGUARDS ON DUTY, GUESTS ARE NOT PERMITTED ACCESS TO WATERFRONT.
- 3. All children 12 and under must:
 - Be accompanied and supervised by a responsible individual, age 16 or older, designated by the parents or guardians when swimming and when participating in all boating and waterfront activities.
 - Take a swim evaluation to determine the child's swim level. Camp Pinewood provides each child with a wristband designating the child's swimming ability. Children are required to wear their wristband when at the waterfront.
 - Children who do not pass the swim test must wear a life vest while in the swim area.
- 4. All guests must wear a life vest while canoeing or kayaking.
- **5. DANGER** NO prolonged underwater swimming or breath holding. Competitive or repetitive breath holding can be deadly.

AND AS ALWAYS, PLEASE REMEMBER:

- Alcohol is not allowed.
- No canoes are allowed inside the swimming areas.
- Fishing is not permitted in the swimming areas or off the swimming docks.
- Pets are permitted on the beach and in the water, however if the beach is crowded, a space may
 be designated outside of the swimming area for the dogs to swim. All dog rules remain in place
 while at the beach (leashed, well-behaved, cleaned up after.)
- Running, pushing, or horseplay is not allowed on the docks. Your safety is our primary concern!

PERSONAL PROGRAM EQUIPMENT

All Camp Pinewood activities will have equipment supplied by Camp Pinewood, however there are some activities where you may wish to bring your own.

Fishing: Guests are welcome to bring their own fishing rods and tackle.

Watercraft: We do not permit guests to bring their own watercraft (canoes, paddle boards, kayaks, fishing

boats, etc.)

Archery: Guests are welcome to bring their own long bow or recurve bow for archery, however you must

have a way to lock them up securely when not at the range, and you are required to follow all Camp Pinewood rules, including only using the equipment when an instructor is present. All broadhead

arrows and compound bows are not permitted.

CAMP STORE

Show your Pinewood Pride! The Camp Store will be open during designated hours. The store offers snacks, drinks, souvenirs and some basic necessities, such as toothbrushes and flashlights. Credit/Debit cards are the preferred method of payment, but we also accept cash and checks.

MAINTENANCE REQUESTS

If you have a Cabin or Building Maintenance Request, or a maintenance emergency, please let one of our staff know.

CAMP FIRES

Build fires only in designated camp fire areas. Firewood is stocked at each fire pit. Water must be present any time a fire is started. Extinguish all fires completely after each use. Check with staff to find out if programming is scheduled at that camp fire during the time you intend to use it to avoid program conflicts.

CABIN CLEANING

Although Pinewood staff conduct a thorough cabin cleaning after your departure it is expected that you leave your cabin in a respectable condition after you leave. You can help us by sweeping your floors and removing any other unnecessary debris. You may take out the trash and place it in a nearby receptacle.

MAIL

Incoming mail can be addressed to 4230 Obenauf Road, Twin Lake, MI 49457. Letter and postcard stamps can be purchased in the camp store. Please come to Butler Lodge if you are expecting mail.

TRASH

Trash may be emptied into the outside receptacles placed around camp. If you are in need of additional can liners, please let us know and we'll deliver them to your cabin.

PARKING

Vehicles must be parked in designated spots.

- Great Lakes Lodge parking is reserved for Great Lakes Lodge and Cedar Creek Lodge quests.
- Adreani Lodge parking is reserved for Adreani Lodge guests. There is a maximum of 3 cars permitted.
- Badger, Robin, and Crow cabins have room for 1-2 vehicles each. Once parked, please do not move vehicles during your stay as you have to drive through a program area to exit.
- The Overnight Parking lot is reserved for all other vehicles.

If your cabin is located near a drivable road, guests can pull up close to their cabin to unload, and then should relocate their vehicle to the Overnight lot.

Once your luggage is unpacked we ask that you plan to walk from place to place throughout your stay if you are physically able.

It is important that camp roads are kept clear in case emergency vehicles need to get through.

ALCOHOL, ILLEGAL DRUGS, & SMOKING

Alcohol and marijuana are prohibited. There will be a designated smoking area for cigarettes. Smoking is strictly prohibited inside any buildings or at any program sites.

It is your responsibility to dispose of your extinguished cigarette butts. Throwing them on the ground is considered littering and will not be tolerated.

QUIET HOURS

Quiet hours begin at 10:00 PM. Please respect these hours; children may be sleeping in the cabin next to you.

INTERNET

We offer wireless internet in Butler Lodge. We only provide the connection; you must have your own computer. The password for Butler Lodge WIFI is located on the fireplace mantle.

SUPERVISION OF CHILDREN

Parents/Guardians or group leaders are responsible for the supervision of their children while at camp. Programs are designed for family or group participation if you choose to join. If a child is under 12 years old and does not have an adult with them, they will not be permitted to participate in program activities.

It is also imperative that parents and group leaders supervise their children while swimming or boating. Please see the waterfront section on page 6 for the full policy.

FIREARMS, WEAPONS, & FIREWORKS

Guests are not allowed to bring or use firearms, fireworks, BB guns, sling shots, or any other device that may be interpreted as a weapon at Camp Pinewood. Knives may be used for camping purposes only.

TREES & WILDLIFE

Please respect camp trees by not peeling bark, carving, breaking branches, driving nails or hacking with an ax. Digging for any purpose, other than cleaning fire pits, is prohibited. During the summer you'll find turtles, frogs, all sorts of birds, chipmunks, squirrels, and all sorts of other wildlife. We live together in harmony and invite you to do the same. Wildlife is still wild however, so we ask that you enjoy them from a distance. Any camper who intentionally harms an animal will be required to leave immediately.

SAMPLE SCHEDULES

Some activities such as archery, canoeing, climbing tower and zip line may be pre-scheduled for your group. Other activities such as swimming, arts & crafts, and hikes will have designated hours they are open and you may drop in at your leisure.

Activity areas are generally open from 9:30am to 11:45am and 1pm to 5:45pm. Special evening programs can run from 7:30pm - 9pm. All activities are subject to change.

This is a general schedule of the program. A finalized schedule will be provided upon your arrival.

2 NIGHT SCHEDULE

Friday

5:00pm - 7:30pm Check in at Butler Lodge 6:00pm - 7:00pm Dinner at Butler Lodge 8:00pm - 9:00pm Welcome Campfire & S'mores!

Saturday

8:00am - 9:00am Breakfast at Butler Lodge 9:30am - 11:45am **Activity Sessions** 12:00pm - 1:00pm BBQ Cookout at Butler Lodge 1:00pm - 4:00pm Open Swim 1:00pm - 5:45pm **Activity Sessions** 6:00pm - 7:00pm Dinner at Butler Lodge 7:00pm - 8:00pm Ice Cream Social 8:00pm - 9:00pm Capture the Flag

Sunday

8:00am - 9:00am Breakfast at Butler Lodge 9:00am - 10:00am Cabin Check Out

Camp Pinewood closes at 12pm on Sunday

Activity Sessions

3 NIGHT SCHEDULE

MEMORIAL & LABOR DAY WEEKENDS

Friday

5:00pm - 7:30pm Check in at Butler Lodge 6:00pm - 7:00pm Dinner at Butler Lodge 8:00pm - 9:00pm Welcome Campfire & S'mores!

Saturday & Sunday

9:30am - 11:45am

8:00am - 9:00am Breakfast at Butler Lodge 9:30am - 11:45am **Activity Sessions** 12:00pm - 1:00pm BBQ Cookout at Butler Lodge 1:00pm - 4:00pm Open Swim 1:00pm - 5:45pm **Activity Sessions** 6:00pm - 7:00pm Dinner at Butler Lodge Saturday Evening Capture the Flag Sunday Evening Canoe Races & Ice Cream Social

Monday

8:00am - 9:00am Breakfast at Butler Lodge 9:00am - 10:00am Cabin Check Out 9:30am - 11:45am Activity Sessions

Camp Pinewood closes at 12pm on Monday

5 NIGHT SCHEDULE

Sunday

5:00pm - 7:30pm Check in at Butler Lodge 6:00pm - 7:00pm Dinner at Butler Lodge 8:00pm - 9:00pm Welcome Campfire & S'mores!

Monday-Thursday

8:00am - 9:00am* Breakfast at Butler Lodge *Wednesday Back Country Breakfast 9:30am - 11:45am **Activity Sessions** 12:00pm - 1:00pm Lunch at Butler Lodge 1:00pm - 4:00pm Open Swim 1:00pm - 5:45pm **Activity Sessions** 6:00pm - 7:00pm Dinner at Butler Lodge 7:15pm - 8:30pm **Evening Program**

Special Programs

Monday: Family Camp Canoe Races
Tuesday: Camp-Wide Capture the Flag
Wednesday: Special Breakfast Option:
Backcountry Breakfast
Backyard Water Games
Thursday: Talent Show/Skit Night &

Ice Cream Social

Friday

8:00am - 9:00am Breakfast at Butler Lodge 9:00am - 10:00am Cabin Check Out 10:00am - 12:00pm Free Time and Departure

Camp Pinewood closes at 12pm on Friday

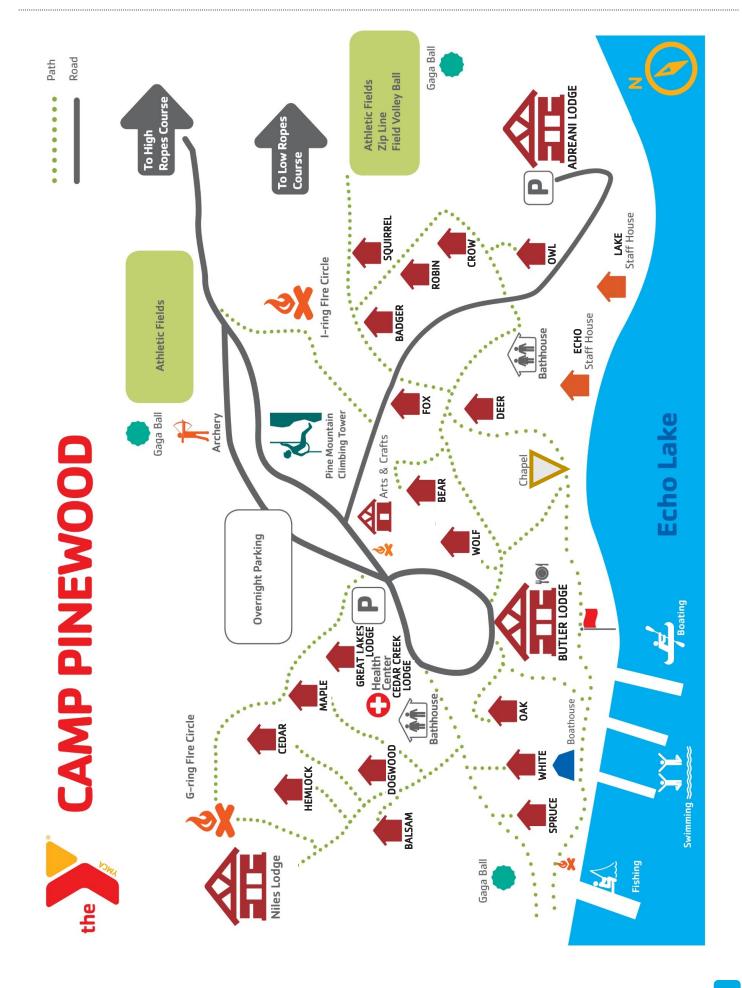
Coffee is on in Butler Lodge every morning at 7:00am! Board games are available throughout the weekend in Lower Butler Lodge.

Facilitated Activities Include:

Climbing Tower Ropes Courses
Canoeing Leatherworking
Swimming Tie Dying

Zip Line Archery Slingshots

Other activities to look forward to: Fishing • Hikes • Volleyball • Gaga Ball • Croquet • Corn Hole



LOCAL ATTRACTIONS

New to the area? West Michigan has some incredible places to visit if you're with us for an extended stay.

Local Food and Drink

(Within 30 minutes from Camp Pinewood)

Bellacino's Pizza and Grinders Kid-friendly chain known for its pizzas & oversized sandwiches served in modest

surroundings

Brooklyn Bagels Coffee shop

Coffee Factory
Dr. Rolfs BBQ

Fatty Lumpkins Sandwich Shop Funky, bustling neighborhood nook offering sizable classic & creative sandwiches & salads.

<u>Hamburger Mikey</u> Unpretentious counter-service diner doling out burgers & fries, plus milkshakes.

Meijer Grocery Store

Mr. B's Pancake House Neighborhood eatery dishing up generously portioned all-day breakfast & specialty

pancakes.

Norms Ice Cream

Rad Dad's Tacos Tequilla Bar Low-key industrial outpost serving street-style Mexican tacos alongside beer & tequila

drinks.

The Deck Upbeat, seasonal restaurant featuring BBQ plates, craft brews & cocktails, plus a beachfront

patio.

Local Attractions

(Within 30 minutes from Camp Pinewood)

Putters Creek Mini Golf, Go Karts, Kayaks, Stand Up Paddle Board, Gellyball, Snacks

Michigan's Adventure Park Wooden roller coaster, seasonal water park & lots of other rides featured at a local

amusement park.

Pere Marquette Park Wide expanse of public beach on Lake Michigan offering white sands & a view of a

lighthouse.

Hackley and Hume Historic Sites

<u>Lakeshore Museum Center</u> (Includes Muskegon Museum of History & Science, Hackley & Hume Historic Site, Scolnik

House of the Depression Era, Fire Barn Museum, Muskegon Heritage Museum of Business &

Industry.)

USS LST 393 Historical exhibits on a World War II tank-landing ship, including uniforms, equipment &

weapons.

<u>USS Silversides Submarine Museum</u> Naval history is on display at this spacious museum complete with tours of a

preserved WWII sub.

Muskegon State Park State park offers 1,000 acres of nature including a rare coastal plain marsh, dunes &

woodlands. Beach, Hiking, Swimming, etc... (recreation passport required)

Muskegon Luge Adventure Sports Park

OTHER ATTRACTIONS – 30+ minutes away from Camp Pinewood

Mac Wood's Dune Rides - Mears, MI

Duck Lake State Park – Whitehall, MI 728-acre day-use preserve featuring a large sand dune, swimming, meadows &

forested areas. (recreation passport required)

White River Light Station - Whitehall, MI Lighthouse

<u>Silver Lake State Park</u> – Mears, MI *(recreation passport required)*

Country Dairy Farm Store - New Era, MI

Lewis Adventure Farm and Zoo - New Era, MI