



Hastings Lake YMCA AQUATICS SCHEDULE

June 1, 2026 to August 15, 2026

POOL PROGRAM SCHEDULE

Pool Closed for Swim Meet June 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:00am-7:45pm	5:00am-7:45pm	5:00am-7:45pm	5:00am-7:45pm	5:00am-7:45pm	7:00am-3:45pm	12:00pm-3:45pm
Water Aerobics	8:25am-9:15am		8:25-9:15am		8:25-9:15am		
AFYAP	12:15-2:15pm		12:15pm-2:15pm				
Group Lessons	4:15pm-6:45pm	4:15pm-7:00pm	5:00pm-6:45pm	9:30am-11:00am 5:45pm-7:00pm	5:00pm-7:45pm	8:25am-2:30pm	
Lap Swim	5:00am-7:45pm	5:00am-7:45pm	5:00am-7:45pm	5:00am-7:45pm	5:00am-7:45pm	7:00am-3:45pm	12:00pm-3:45pm
Day Camp Swim	1:45pm - 3:40pm	1:45pm - 3:40pm	1:45pm - 3:40pm	1:45pm - 3:40pm	1:45pm - 3:40pm		
Swim Team	7:00pm- 8:30pm	4:30pm-5:15pm 7:00pm-8:30pm	7:00pm- 8:30pm	4:30pm-5:15pm 7:00pm-8:30pm			
Open Swim	5:00am-1:45pm 3:40pm -5:45pm 6:15pm-7:45pm	5:00am-1:45pm 3:40pm-6:15pm 7:00pm-7:45pm	5:00am-8:25am 9:15am-12:15pm 3:34pm-5:00pm 6:30pm-7:45pm	5:00am-9:30am 11:00am-1:45pm 3:40pm - 6:15pm 7:00pm-7:45pm	5:00am-8:25am 9:15am-1:45pm 3:40pm-7:45pm	12:00pm - 3:45pm	12:00pm - 3:45pm

- › Schedule is subject to change.
- › A limited number of lanes will be available during programming times.
- › Private swimming lessons will receive priority access to the pools during regular operating hours.

For additional information or questions, please contact
Hastings Lake Aquatics at hastingslakeymca.org or 847-356-4006 Hastings Lake YMCA