



IRVING PARK YMCA AQUATICS SCHEDULE

June 7th, 2026 – August 23rd 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	6AM-8:45PM	6AM-8:45PM	6AM-8:45PM	6AM-8:45PM	6AM-6:45PM	7:00am-3pm	7:00am-3pm
Safety Breaks	10:50AM – 11AM *all patrons MUST exit the pool area immediately*	8:50AM – 9am & 10:50AM – 11AM *all patrons MUST exit the pool area immediately*	10:50AM – 11AM *all patrons MUST exit the pool area immediately*	8:50AM – 9am & 10:50AM – 11AM *all patrons MUST exit the pool area immediately*	10:50AM – 11AM & 5:30pm – 5:45PM *all patrons MUST exit the pool area immediately*		
Group Lessons	4PM-6:20PM					8:50AM-1 PM	8:50AM-12PM
Summer Camp	Traditional Camp (Not Open to Public) 1PM – 3PM						
Group Swims	Adult Lap 6AM-10:50AM	Adult Lap 6AM – 8:50AM & 9AM-10:50AM	Adult Lap 6AM-10:50AM	Adult Lap 6AM – 8:50AM & 9AM-10:50AM	Adult Lap 6AM-10:50AM	Adult Lap 7AM-8:40AM	Adult Lap 7AM-8:40AM
	Family/ Open Swim 3PM-3:50PM & 6:30PM-8:45PM	Family/ Open Swim 3PM-3:50PM	Family/ Open Swim 3PM-3:50PM	Family/ Open Swim 3PM-3:50PM	Family/ Open Swim 3 PM– 5:30PM & 5:45 PM-6:45PM	Family/ Open Swim 1:15PM-3PM	Family/ Open Swim 12 PM-3PM
Swim Team		Penguins Swim Team 6:30PM-8:45pm					

- › Schedule is subject to change.
- › Private swimming lessons will receive priority access to the pool during regular operating hours.
- › Water Aerobics will be based on a first come first serve basis with only 25 participants allowed in class.
- › **The pool will close** for the day at 12:30pm on 6/28/26, 7/19/26, and 8/16/26 for the aquatics staff in-service.
- › **The pool will close** from 8:50AM-12PM on 6/22-6/26, 7/6-7/10, 7/20- 7/24, 8/3-8/7 for Land and Water Camp

For additional information or questions, please contact the Aquatics Team at
irvingparkaquatics@ymca.org | 773-777-7500 | irvingparkymca.org



IRVING PARK YMCA AQUATICS SCHEDULE

Safety Checks

Safety checks, which last approximately 10 to 15 minutes, require all swimmers to temporarily exit the pool and remain in the locker room. Safety checks are required for lifeguard breaks and shift change, testing pool chemicals, and chemical balances to maintain adequate water quality.

Adult Lap

Four lanes are open for adults ages 18 and older only on a first-come, first-served basis. No registration required. Please be courteous to others and share lanes when necessary.

- **Lanes 1–3:** Reserved for lap swimming.
- **Lane 4:** Designated for aquatic exercise and non-advanced swimmers.

Family/Open Swim

Open for all ages. The pool will be divided into two sections:

- **Lap Swim Area:** Two lanes are for designated lap swimming on a first-come, first-served basis. No registration is required. Swimmers sharing a lane are expected to share the space respectfully and use circle swimming when two or more swimmers are in the same lane.
- **Open Swim Area:** The remaining section, equivalent to two lanes, will be available for open swimming, recreation, exercise, or relaxation.

Group Swim Lessons & Swim Team

- **Group Swim Lessons:** Available for ages 6 months through adult. Registration is on an ongoing basis, available at the front desk. Lessons are 40 minutes in length, one day per week. Member and non-member pricing available.
- **Swim Team:** The Penguins Swim Team is a competitive group for experienced youth swimmers. Please contact the Aquatics Department for more information and to schedule a tryout.

Summer Camp

The pool and locker rooms are reserved for our youth summer camp program, running June 8th through August 21st. Member access is restricted during the times noted.