



# SOUTH SIDE YMCA AQUATICS SCHEDULE

February 1- March 31, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Pool Hours	8am-8:45pm	8am-8:45pm	8am-8:45pm	8am-8:45pm	8am-8:45pm	7am-2:45pm	7am-2:45pm
Small Pool Hours	6pm-8:00pm	6pm-8:00pm	6pm-8:00pm	6pm-8:00pm	6pm-8:00pm		11am-2:00pm
Water Fitness	<b>AquaNatics</b> 10-10:45am	<b>AquaFit</b> 10-10:45am	<b>AquaNatics</b> 10-10:45am	<b>AquaFit</b> 10-10:45am	<b>AquaNatics</b> 10-10:45am		
Lessons	Swim for Success 5-6:45pm	Adult Lessons 9-9:45am	Swim for Success 5-6:45pm		Swim for Success 5-6:45pm	Group Swim Lessons 11am-2:45pm	Group Swim Lessons 8am-11:45am
Swim Club	6pm-7:00pm		6pm-7:00pm		6pm-7:00pm		

- › Safety Breaks will be scheduled for 15 minutes Monday through Friday:
  - 8:45am, 1:45pm, 3:45pm
  - Additional Safety Breaks may be taken as needed
- › Schedule is subject to change.
- › A limited number of lanes will be available during programming times.
- › Private swim lessons will receive priority access to the pools during regular operating hours.
- › Children 7 and under must have a guardian in the pool within arm's reach. Those under the age of 16 must successfully pass a swim test in order to swim in the pool without a guardian in the water. Please reach out for more information.
- › The lifeguard must maintain a 25:1 ratio of swimmers in the water. If the capacity in the pool is at 25, the lifeguard will not allow additional swimmers to enter the pool until another swimmer leaves.
- › Appropriate swim attire is required.
- › Non-traditional swimsuits must be made of a wicking material.
- › Rules will be enforced by all YMCA employees. Failure to follow the rules may result in removal from the premises without refunds or credits, and any other action that management deems appropriate.

**Lifeguards have final discretion and authority to enforce pool rules for the safety of all swimmers.**

For additional information or questions, please contact 773-947-0700.

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