



LAKE VIEW YMCA AQUATICS SCHEDULE

April 1st-June 16th 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	6am-12pm, 2pm- 9:30pm	6am-12pm, 2pm-9:30pm	6am-12pm, 2pm-9:30pm	6am-12pm, 2pm-9:30pm	6am-12pm, 2pm-7:30pm	7am-4:30pm	7am-4:30pm
Safety Breaks		8am 10am 4pm 7:50pm			8am 10:30am 4pm 6pm	8:50am 1:50pm 3:50pm	8:50am 1:50pm 3:50pm
Water Fitness		Exercise Class 10:30-11:30am		Exercise Class 10:30-11:30am	Exercise Class 9:15-10:15am		Exercise Class 9am-10am
Group Lessons	Youth 4:30-6:40pm	Youth 4:30-6:40pm Adult 7-7:50pm		Youth 4:30-6:40pm		Youth 9:00-12:10pm	Youth 9:00-12:10pm
Swim Club	5pm-6pm	6pm-7pm	5pm-6pm	6pm-7pm			
Lap Swim	6am-12pm, 2pm- 4:00pm, 7pm-9:30pm	6am-12 pm, 2pm-4:00pm, 8pm-9:30pm	6am- -12 pm, 2pm-5pm, 6pm-9:30pm	6am-12 pm, 2pm-4:00pm, 8pm-9:30pm	6am-12pm, 2pm-7:30pm	7am-8:50am 12:10pm-4:30pm	7am-8:50am 12:10pm-4:30pm
Open Swim	10:10am-12pm, 2pm-4:00pm	2pm-4:00pm	10:10am-12pm, 2pm-5pm	2pm-4:00pm	10:40am-12pm, 2pm-4:30pm	12:10pm-4:30pm	12:10pm-4:30pm
Swim Assessment		4:30pm-5:30pm					

- › Please note: There is no Lap Swim during Water Fitness, Swim Lessons, or Swim Club
- › Schedule is subject to change.
- › A limited number of lanes will be available during open swim times.
- › Safety Breaks are 10 minutes in length and require all swimmers to exit the pool deck.

For additional information or questions, please contact 773-248-3333.

lakeviewymca.org