April 28th – May 5th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym/ Member Choice	All other times not listed below	All other times not listed below	All other times not listed below	All other times not listed below	All other times not listed below	All other times not listed below	All other times not listed below
Adult Open Pick-Up Games/ Rental	Pickleball 7:30-9:30am Entire Gym	Pickleball 8-9:30am Entire Gym	Pickleball 8-9:30am Entire Gym		Pickleball 7-9:30am Entire Gym	Basketball 10:30-12pm Entire Gym	Basketball 8:30-11am Entire Gym
				Adult Pickleball Open Gym League - 1-2:30pm Court #2			
	Pickleball 7-8pm Court 2						Pickleball 11-1pm Entire Gym
Youth Sport Classes	Basketball Skills - 4-4:45pm Court #2		Soccer Skills- 4-4:45pm Court #2				
			Pickleball Skills - 5-5:45pm Court #2				

Fitness Classes	**Rock Steady Boxing $$ 9:30-11:30am Court #1**		**Rock Steady Boxing $$ 9:30-11:30am Court #1**	**Body Combat 8:45-10am Court #1**		**Cross Training 7:00-8:30am Entire Gym**	
		Kickboxing on Heavy Bags $$ 6-7:45pm Court #1		**Rock Steady Boxing $$ 5:30-7:30 Court #1**	**TRX Class $$ 12:15-1:15pm Court #2**	**Zumba 9:15-10:30am Court #1**	
Preschool Open Gym	**Preschool open gym 9:30-11:30am Court #2**	**Preschool open gym 9:30-11:30am Court #2**	**Preschool open gym 9:30-11:30am Court #2**	**Preschool open gym 9:30-11:30am Court #2**	**Preschool open gym 9:30-11:30am Court #2**		
Preschool Open Gym	**Preschool open gym 2:30-4:00pm Court #2**	**Preschool open gym 2:30-4:00pm Court #2**	**Preschool open gym 2:30-4:00pm Court #2**	**Preschool open gym 2:30-4:00pm Court #2**	**Preschool open gym 2:30-4:00pm Court #2**		

❯ Youth under the age of 11 must be accompanied by a guardian or person 18+ years old.

❯ Youth under 12 are not permitted in an adult group exercise class. Participation of youth 12-15 is at the discretion of the Fitness Manager based on behavior and maturity level.

❯ NO food or drink (with the exception to water) allowed in the gym.

Schedule is subject to change.
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