



FRY FAMILY YMCA AQUATICS SCHEDULE – Mar. 31st 2025 – June 1st 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:15 am - 9:00 pm	5:15 am - 9:00 pm	5:15 am - 9:00 pm	5:15 am - 9:00 pm	5:15 am - 7:30 pm	6:30 am - 4:30 pm	8:30 am - 3:30 pm
Lap / Open Swim	5:15 am - 8:30 am	5:15 am - 8:30 am	5:15 am - 8:30 am	5:15 am - 8:30 am	5:15 am - 3 pm	6:30 am - 7 am	8:30 am - 10 am
5 Lap Lanes 3 Open Lanes	10:30 am - 4:30 pm	10:30 pm - 5 pm	10:30 am - 4:30 pm	11:30 am - 5 pm			
Water Fitness Class	8:30 am - 9:15 am (Shallow) 9:30 am - 10:15 am (Deep)	8:30 am - 9:15 am (Shallow) 9:30 am - 10:15 am (Deep)	8:30 am - 9:15 am (Shallow) 9:30 am - 10:15 am (Deep)	8:30 am - 9:15 am (Shallow)	8:30 am - 9:15 am (Shallow)	Pool Open	Pool Open
5 Lap Lanes							
Preschool Swim Lessons	Pool Open	Pool Open	Pool Open	10:00 am - 11:30 am	Pool Open	Pool Open	Pool Open
5 Lap Lanes							
Swim League	5:30 pm - 6:30 pm	5 pm - 7:30 pm	5:30 pm - 6:30 pm	5 pm - 7:30 pm	Pool Open	7 am - 10 am	Pool Open
3 Lap Lanes 2 Open Lanes							
Fox Swim Team	Pool Open	7:30 pm - 9 pm	7:30 pm - 9 pm	7:30 pm - 9 pm	6:00 pm - 7:30 pm	Pool Open	Pool Open
2 Lap Lanes 2 Open Lanes							
Family Swim	Pool Open	Pool Open	Pool Open	Pool Open	3 pm - 6 pm	2:30 pm - 4:30 pm	12:30 pm - 3:30 pm
5 Lap Lanes 3 Open Lanes							
Group Swim Lesson	4:30 pm - 8 pm	12:30 pm - 1:35 pm	4:30 pm - 8 pm	Pool Open	Pool Open	9 am - 2:15 pm	10 am - 3:00 pm (WDSRA)
2 Lap Lanes 2 Open Lanes							

- Schedule is subject to change.
- A limited number of lanes will be available during programming times.
- There are no lap lanes available on Wednesdays from 7:30 PM – 8:00 PM

For additional information or questions, please contact
Fry Aquatics at fryaquatics@ymcachicago.org or 630-904-9595.

fryfamilyymca.org