



FRY FAMILY YMCA AQUATICS SCHEDULE – June 1st 2025 – August 15th 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:15 am - 9:00 pm	5:15 am - 9:00 pm	5:15 am - 9:00 pm	5:15 am - 9:00 pm	5:15 am - 7:30 pm	6:30 am - 4:30 pm	8:30 am - 3:30 pm
Lap Swim 5 Lap Lanes 2 Open Lanes	5:15 am - 8:15 am 10:45 am - 5:00 pm	5:15 am - 8:15 am 3:00 pm - 5 pm	5:15 am - 8:15 am 10:45 am - 5:00 pm	5:15 am - 8:15 am 3:00 pm - 5 pm	5:15 am - 1:00 pm 2:00 pm - 7:30	6:30 am - 7 am	8:30 am - 10 am
Water Fitness Class 4 Lap Lanes	8:30 am - 9:15 am (Shallow) 9:30 am - 10:15 am (Deep)	8:30 am - 9:15 am (Shallow) 9:30 am - 10:15 am (Deep)	8:30 am - 9:15 am (Shallow) 9:30 am - 10:15 am (Deep)	8:30 am - 9:15 am (Shallow)	8:30 am - 9:15 am (Shallow)	Pool Open	Pool Open
Open Swim 2 Open Lanes	10:45 am - 5:00 pm	Pool Open	10:45 am - 5:00 pm	Pool Open	9:15 am - 1:00 pm	1:00 pm - 2:30 pm	10:00 am - 12:30 pm
Swim League 2 Lap Lanes 2 Open Lanes	5:30 pm - 6:30 pm	5 pm - 7:30 pm	5:30 pm - 6:30 pm	5 pm - 7:30 pm	Pool Open	7 am - 10:00 am	1:30 pm - 3:00 pm (WDSRA)
Day Camp Swim 3 Lap Lanes	Pool Open	10:15 am - 3:00 pm	Pool Open	10:15 am - 3:00 pm	1:00 pm - 2:00 pm	Pool Open	Pool Open
Family Swim 2 Lap Lanes 2 Open Lanes	Pool Open	Pool Open	Pool Open	Pool Open	3 pm - 6 pm	2:30 pm - 4:30 pm	12:30 pm - 3:30 pm
Group Swim Lesson 2 Lap Lanes 2 Open Lanes	8:15 am - 10:40 am 5:00 pm - 8 pm	8:15 am - 10:40 am 12:30 pm - 2:00 pm 5:00 pm - 7:15 pm	8:15 am - 10:40 am 5:00 pm - 8 pm	8:15 am - 12:00 pm	9:00 am - 12:30 pm	9 am - 1:00 pm	Pool Open

- **Schedule is subject to change.**
- **A limited number of lanes will be available during programming times.**

For additional information or questions, please contact
Fry Aquatics at fryaquatics@ymcachicago.org or 630-904-9595.

fryfamilyymca.org