



# FRY FAMILY YMCA AQUATICS SCHEDULE – Mar. 31<sup>st</sup> 2025 – June 1<sup>st</sup> 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pool Hours</b>	5:15 am - 9:00 pm	5:15 am - 7:30 pm	6:30 am - 4:30 pm	8:30 am - 3:30 pm			
<b>Lap / Open Swim</b>	5:15 am - 8:30 am	5:15 am - 3 pm	6:30 am - 7 am	8:30 am - 10 am			
<b>5 Lap Lanes 3 Open Lanes</b>	10:30 am - 4:30 pm	10:30 pm - 5 pm	10:30 am - 4:30 pm	11:30 am - 5 pm			
<b>Water Fitness Class</b>	8:30 am - 9:15 am (Shallow)	<b>Pool Open</b>	<b>Pool Open</b>				
<b>5 Lap Lanes</b>	9:30 am - 10:15 am (Deep)	9:30 am - 10:15 am (Deep)	9:30 am - 10:15 am (Deep)				
<b>Preschool Swim Lessons</b>	<b>Pool Open</b>	<b>Pool Open</b>	<b>Pool Open</b>	10:00 am - 11:30 am	<b>Pool Open</b>	<b>Pool Open</b>	<b>Pool Open</b>
<b>Swim League</b>	5:30 pm - 6:30 pm	5 pm - 7:30 pm	5:30 pm - 6:30 pm	5 pm - 7:30 pm	<b>Pool Open</b>	7 am - 10 am	<b>Pool Open</b>
<b>3 Lap Lanes 2 Open Lanes</b>							
<b>Fox Swim Team</b>	<b>Pool Open</b>	7:30 pm - 9 pm	7:30 pm - 9 pm	7:30 pm - 9 pm	6:00 pm - 7:30 pm	<b>Pool Open</b>	<b>Pool Open</b>
<b>2 Lap Lanes 2 Open Lanes</b>							
<b>Family Swim</b>	<b>Pool Open</b>	<b>Pool Open</b>	<b>Pool Open</b>	<b>Pool Open</b>	3 pm - 6 pm	2:30 pm - 4:30 pm	12:30 pm - 3:30 pm
<b>5 Lap Lanes 3 Open Lanes</b>							
<b>Group Swim Lesson</b>	4:30 pm - 8 pm	12:30 pm - 1:35 pm	4:30 pm - 8 pm	<b>Pool Open</b>	<b>Pool Open</b>	9 am - 2:15 pm	10 am - 3:00 pm (WDSRA)
<b>2 Lap Lanes 2 Open Lanes</b>							

- **Schedule is subject to change.**
- **A limited number of lanes will be available during programming times.**
- **There are no lap lanes available on Wednesdays from 7:30 PM – 8:00 PM**

For additional information or questions, please contact Fry Aquatics at [fryaquatics@ymcachicago.org](mailto:fryaquatics@ymcachicago.org) or 630-904-9595.