



# BUEHLER YMCA AQUATICS SCHEDULE

Effective June 1, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Pool Hours</b>	5:15am-8:30pm	5:15am-8:30pm	5:15am-8:30pm	5:15am-8:30pm	5:15am-8pm	7:15am-5pm	7:15am-5pm
<b>Family Pool Hours</b>	7:30am-12:30pm 4pm-8pm	7:30am-12:30pm 4pm-8pm	7:30am-12:30pm 4pm-8pm	7:30am-12:30pm 4pm-8pm	7:30am-12:30pm 4pm-8pm	8:30am-5pm	8:30am-5pm
<b>Camp Swim*</b>	12:30pm-3:15pm	12:30pm-3:15pm		12:30pm-3:15pm	12:30pm-3:15pm		
<b>Water Fitness</b>	<b>Arthritis Water Fitness</b> 8:30-9:15am Family Pool  <b>HydroTone</b> 9:30-10:15am Lap Pool (3-4 Lanes)		<b>Arthritis Water Fitness</b> 8:30-9:15am Family Pool  <b>Aqua HIIT</b> 9:30-10:15am Lap Pool (3-4 Lanes)		<b>Arthritis WF – Level 2</b> 8:30-9:15am Family Pool  <b>Aqua Bootcamp</b> 9:30-10:15am Lap Pool (3-4 Lanes)		
<b>Group Swim Lessons</b>	<b>Lap Pool</b> 10:30-12:30 & 4-7pm  <b>Family Pool</b> 9:30am-12:30pm & 4-7:30pm	<b>Lap Pool</b> 10:30-12:30 & 4-7pm  <b>Family Pool</b> 9:30am-12:30pm & 4-7pm	<b>Lap Pool</b> 4-7pm  <b>Family Pool</b> 4-7pm	<b>Lap Pool</b> 10:30-12:30  <b>Family Pool</b> 9:30am-12:30pm	<b>Lap Pool</b> 10:30-12:30  <b>Family Pool</b> 9:30am-12:30pm	<b>Lap Pool</b> 8:30am-1pm  <b>Family Pool</b> 8:30am-1pm	<b>Lap Pool</b> 8:30am-12:30pm  <b>Family Pool</b> 8:30am-12:30pm
<b>Swim Teams</b>	<b>Masters</b> 5:15-7:30am (4 Lanes)					<b>Masters</b> 7:15-8:30am (4 Lanes)	
	<b>Blue Marlins</b> 4:30-7:30PM (3-4 Lanes)						<b>Blue Marlins</b> 12:30-1:30pm (4 Lanes)

- Schedule is subject to change.
- \*Camp Swim starts June 8. Hot Tub is closed while camps are using the Family Pool. Actual Camp Swim hours are based on weekly camp enrollment and may use up to 2 lanes on the lap pool.
- A limited number of lanes will be available during programming times. Private swim lessons will receive priority access to the pools during regular operating hours. Hot tub is available during the Lap Pool hours of operation.

For additional information or questions, please contact  
Becky Menso, Senior Program Director at [rmenso@ymcachicago.org](mailto:rmenso@ymcachicago.org) or 847-410-5206.