

BIG TIME PLAY TIME

PARENT & GUARDIAN HANDBOOK

2026 SUMMER CAMP
YMCA CAMP DUNCAN



That's The Power of Play.



Dear Parents/Guardians:

Welcome to summer camp 2026 at Camp Duncan! Thank you for enrolling your camper in the upcoming camp season at the Y. We're excited to have your family join our extended Y family, and hope your camper enjoys participating in the program as much as we enjoy running it!

Attached is the 2026 summer camp parent/guardian handbook. Please make sure to read through this handbook as it provides relevant information for the summer camp programs.

All of the forms included in the Participant Emergency Information Packet are mandatory and must be submitted in full prior to your camper's first day at camp. Please be sure to complete the online forms and submit them in your Circuit Tree Account. If you are unable to access the online forms, please reach out so that a paper copy can be provided. Write legibly when filling out the packet, as this information is vital to your camper's registration. If we cannot read the e-mail address, we cannot communicate effectively.

If you have any questions, comments, or suggestions about our summer camp programs, please do not hesitate to contact us or one of our leadership staff directly. We look forward to providing your camper with a safe and fun summer!

It's time for BIG TIME play time!

Sincerely,

Katie McEnergy

Youth Development Director, Day Camp

Camp Duncan YMCA

847-410-5252

Camp Cell Phone: 312-866-4472

kmcenery@ymcachicago.org



SUMMER DAY CAMP LEADERSHIP

If at any time you have questions or concerns, please let us know and we will be happy to help. Please feel free to email us, or call our main telephone number, 847-546-8086.

Katie McEnery | Youth Development Director | kmcenery@ymcachicago.org | 847-410-5252

CAMP LOCATION

Camp Duncan YMCA
32405 N US Highway 12.
Ingleside, IL. 60041
Phone: 847.410.5252 | Fax: 847.546.3550
kmcenery@ymcachicago.org
Camp hours of operation: 6:30 a.m.-6 p.m.

ACA ACCREDITED

American Camp Association (ACA) is an organization with members in all 50 states that accredits all types of organized camps. Camps are accredited based on the administration, policies, and camp operation—particularly those related to program practices and quality along with health and safety of campers and staff. The standards establish guidelines for needed policies, procedures, and practices. YMCA Camp staff are committed to providing a camp program that meets the highest standards established for the camping industry.



YMCA DAY CAMP PHILOSOPHY & GOALS

CHARACTER DEVELOPMENT

Character Development at the Y challenges individuals to live by the four core values – caring, honesty, respect, and responsibility. It builds lifelong character traits and supports each camper’s mental, physical, social, and spiritual growth. By promoting positive values, the Y addresses the root causes of issues rather than just their symptoms.

The Y camp mission statement puts it best:

The Y provides trained leadership and the resources of the natural surroundings to help each camper achieve their fullest potential in terms of mental development, physical well-being, social growth, and spiritual awareness.

Y Day Camp is important to a child’s development because:

- **Campers grow personally.** They are given the chance to experience new things and interact with other children on a daily basis.
- **Campers learn new things.** Whether it’s playing a new game, practicing an existing skill, or developing their social skills, children leave our camp having learned something they can remember for a lifetime.
- **Campers learn to appreciate diversity in each other.** We live in a multicultural community and our camp reflects this. Children learn that each person is unique. They have fun, and respect each other regardless of race, religion, gender, or social status.
- **Campers learn lifetime values.** From the simplest of values and attitudes like sharing, sportsmanship, and giving respect to others, comes our basis for making more complex value decisions as they mature.
- **Campers have fun!** Without fun, the above reasons for children to attend our camp become harder to accomplish. Games, stories, hikes, field trips, swimming, sports, and crafts are all done with the children as the primary focus.

By planning activities that highlight the values and assets mentioned above, we will help campers focus their development and thinking. In enrolling your camper, you can contribute in significant ways to help them succeed, both now and in the future.

CHARACTER COUNTS: CREATING COMMUNITY

Camper rules are rooted in the four core values that we feel everyone can practice and model: CARING, HONESTY, RESPECT, and RESPONSIBILITY

CARING

- We care about each other's feelings. We do not tease or make fun!
- We take care of camp equipment so that others can enjoy it too.
- We care for the Camp Duncan property by keeping it litter free.
- We take care of our bodies: NO smoking, alcohol, or drugs!
- We care for others by keeping hands and feet to ourselves. We do not hit, kick, push, or horseplay.

HONESTY

- We try our best to always tell the truth.
- We treat each other fairly.
- We are honest with ourselves and ask for help when we need it.
- We try to do the right thing without being told or asked.

RESPECT

- We listen to our counselors and other staff members.
- We follow directions the first time given when asked to do something.
- We speak to each other nicely and with respect.
- We ask before touching or taking someone else's belongings.

RESPONSIBILITY

- We come to camp prepared by bringing what we need.
- We leave money, video games, radios, gum, trading cards, cell phones, smart watches, tablets, make-up, and nail polish at home.
- We only talk about appropriate topics and use appropriate language.
- We stay with our group where our counselors can see us.
- We ask permission if we need to leave the group for any reason



WHAT TO BRING TO CAMP

TO BRING

- Gym shoes (closed-toed)
- Backpack
- Water bottle (labeled/NO glass bottles)
- Non-perishable sacked lunch & morning snack and afternoon snack
- Swimsuit & towel
- Sunscreen
- Bug repellent (optional)
- Comfortable clothing
- Change of clothes
- Values, morals, good listening skills, and a smile

NOT TO BRING

- Sandals, flip-flops, or other open-toed shoes
- Money & valuables (unless specified; i.e. Teen Camp field trips)
- Any electronic devices (phones, tablets, smart watches, etc.)
- Trading cards of any kind
- Unnecessary toys/sports equipment
- Weapons, alcohol and drugs
- Pets
- Inappropriate behavior, language, clothing, etc.

LOST AND FOUND

Lost and found is located in the camp area; however, please label your camper's clothing and articles. Towels, sweatshirts, jackets, swim goggles, and water bottles are some of the most common lost items. All items remaining at the end of the summer will be disposed of or donated.

SUMMER DAY CAMP SESSIONS

Our Summer Day Camp runs on weekly sessions for all camps, including Traditional and Teen. Below you will find our available sessions:

- Week 1: June 1-5
- Week 2: June 8-12
- Week 3: June 15-18 (no camp 6/19)
- Week 4: June 22-26
- Week 5: June 29-July 2 (no camp 7/3)
- Week 6: July 6-10
- Week 7: July 13-17
- Week 8: July 20-24
- Week 9: July 27-31
- Week 10: August 3-7
- Week 11: August 10-14

REGISTRATION

Registration forms need to be completed on the Wednesday prior to a camper's first camp session. A \$20.00 non-refundable registration fee per week per camper is due at the time of registration. It is important that your information on the enrollment forms is current and accurate.

The following forms must be completed and returned to the Y prior to the camper's start of camp; your camper will not be able to attend the program until all paperwork is received and recorded.

- Participant Emergency Information Packet
- Permission to Dispense Medication (if your camper has medication that needs to be administered during camp hours)
- Severe Allergy & Anaphylaxis Emergency Plan (if your camper has a severe allergy)

Any changes to the emergency packet (phone numbers, addresses or authorized people who may pick up your camper, etc.) must be updated via email or in person through camp leadership staff.



FINANCIAL ASSISTANCE

Financial Assistance is available on a limited basis for families in need. Applications are available by emailing camp_ost_enrollmet@ymcachicago.org.

We also accept Child Care Assistance Program funding (CCAP). If you would like assistance in applying for CCAP, please contact camp leadership.

We ask that all camp financial aid or CCAP applications are submitted by April 15 to facilitate successful processing for the 2026 camp season.

PAYMENT INFORMATION

Camp slots will be held with a \$20 non-refundable registration fee for each child per weekly session at the time of registration. Registration fees are applied toward the cost of each session.

- All children must be registered and paid in full by the Wednesday prior to attending the week of camp.
- Payments can be set-up for automatic deduction.



REFUNDS

- Camp registration fees for all camps are non-refundable.
- Camp registration fees for all camps are non-transferable.
- All cancellations must be in writing 14 business days prior to the start of registered camp week and will be issued as a voucher for use toward other Y fees. The registration fee will be forfeited.
- All cancellations made less than 14 business days prior to the start of registered camp week will be non-refundable and non-transferable.
- In the event the YMCA cancels a camp week, all money paid, including the registration fee will be refunded.

Any credits on the account will be applied to unpaid camp balances.

The refund/payment policies stated above are strictly enforced to allow completion of camp preparations ranging from staff hiring, camper groupings, supply purchasing, and informational mailings. Your understanding and cooperation are greatly appreciated.

CHILDCARE TAX ID# 36-21797

BEFORE & AFTER CARE

Extended care is available for children enrolled in camp. Campers can arrive as early as 6:30 a.m. and stay as late as 6 p.m. for no additional charge.

Campers will have a variety of activities to choose from and will be supervised by Y staff. Activities will include board games, arts and crafts, group games and outside play.

CAMP PICK UP & DROP OFF PROCEDURES

Parents/guardians are required to sign their campers in and out of camp.

All drop-offs take place by the day camp pavilion 1 from 6:30 a.m.-8:30 a.m. Please pull up to the front of the line and do not exit your car. Once you sign in your child, they will exit the vehicle and staff will direct them. If you are dropping off late, please call or text the day camp cell phone number. If your camper is dropped off more than 15 minutes late, your camper will hang out in pavilion 1 until the second activity starts, or we are able to walk your camper to their first activity. We cannot guarantee that we are always available to drive multiple campers to different locations. If weather does not permit the campers to be outside, day camp will be moved inside please subscribe to our remind group for more information.



All pick-ups take place under the Day camp pavilion beginning 3:30-6 p.m. For pick-up please stay in your car and have your car tag visible. You will need to provide I.D. at pickup. You will sign out your child and a camp counselor will walkie for your child to be sent to car line.

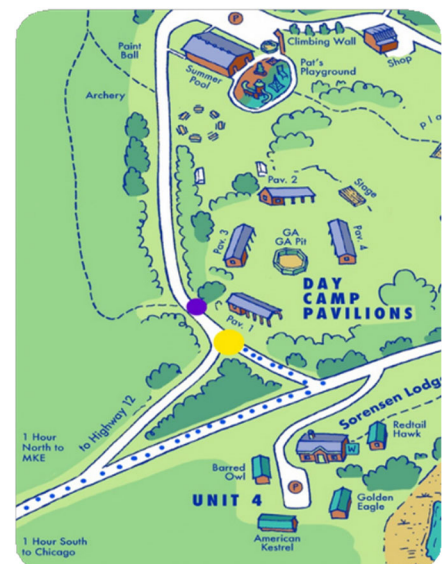
“Early pick-ups” (before 4:00 p.m.): Please call the Day Camp cell phone or camp office before early arrival to ensure that campers are ready when their ride arrives.

If someone other than the parent/guardian will be picking up your child, that person must be listed on the camper’s authorized pick up list (in the Participant Emergency Information Packet). Authorized pick up contacts must be at least 18 years old. Your camper will not be released to anyone not on the list without your written consent, no exceptions. These procedures are strictly enforced; it is for your camper’s protection.

TRANSPORTATION POLICIES ON CAMP

Each family issues two rearview mirror hang tags on their camper’s first day. These tags indicate to camp staff that the adult in the vehicle is authorized to pick up camper. Adults without identification tags are asked for photo identification. Campers are not released to unauthorized adults or adults without proper identification.

Parents are asked to adhere to the safe driving policies of Camp Duncan. The speed limit is 15m.p.h. Drivers are asked to stay on the camp roads at all times.



CUSTODY & PARENTING TIME ARRANGEMENTS

The obligation of Y staff is to ensure a safe and fun environment for your camper. We understand that participants come from a variety of different family structures and situations and may result in various custodial arrangements. The Y does not make rules regarding or alter custody and/or parenting time agreements issued by an applicable Court of Law. The Y does not act as a mediation to these circumstances.

In the event that a court order is in place, the adult registering the participant (“Enrolling Adult”) will designate who is authorized to pick up and drop off the participant via the Participant Emergency Packet. Enrolling adult(s) must provide a copy of any court-issued documents regarding the restriction of release of participants in our care. Adults are responsible for resolving any issues that may arise from the participant’s enrollment in our programs. For consistency, any requests for program information must be included in a court order or subpoena.

LATE PICK-UP POLICY

Due to our accreditation and because our staff have family and personal responsibilities after work, our program ends firmly at 6:00 p.m. After 6:00 p.m. late fees will be assessed as follows:

6:00–6:10 p.m. \$10 late fee per child

6:21–6:30 p.m. \$30 late fee per child

6:11–6:20 p.m. \$20 late fee per child

6:31–6:40 p.m. \$40 late fee per child

After 6:40 p.m., with late fees continuing to occur in 10-minute increments, if unable to contact any responsible guardian, staff will contact emergency services. The late fee charges will be required to be paid before your camper’s next day of camp.

STAFF

Our camp staff is selected on the basis of responsibility, ability to relate to children, and sensitivity to each camper's individual needs.

Our staff receives 40+ hours of training before your camper's summer begins as well as throughout the summer led by the Y Directors and Managers. Training includes but is not limited to CPR/AED, First Aid, Child Abuse Prevention, emergency procedures/risk management, behavior management, discipline policy, character development, program curriculum, lesson planning, pool procedures, field trip procedures, transportation, customer service, and parent communication. All staff are trained mandated reporters.

Our professionally trained and enthusiastic staff is the key ingredient to a positive camping experience here at the Y.

Please note: Y camp staff is not permitted to babysit for families involved in our Y programs while they are employees of the YMCA.

CAMPER TO STAFF RATIOS

We follow camper to staff ratios based on the standards of the ACA, which are as follows:

Age (years)	Counselors to Campers
4-5	1:6
6-8	1:8
9-16	1:10

HEALTH

HEALTH CHECK

Your camper's health status will be checked informally each day. If there are any signs of illness, rash, high temperature, diarrhea, infection, or any contagious disease, etc., the parent enrolling adult or an authorized person will be called and required to pick up the camper within one hour.

If a camper has head lice, their hair needs to be shampooed according to the directions given by a licensed medical professional. Staff will inspect the camper's head before they are allowed to return to the program. If any nits appear, the camper must be picked up immediately.

ILLNESS

If a camper has not been feeling well for a continued period of time, the enrolling adult or authorized contact will be notified. The Y is not licensed to provide care for sick children. Therefore, an authorized person or emergency contact must come as soon as possible. Any camper absent from the program due to a serious or contagious illness must notify the Y and have a doctor's note to return. We require that children are picked up by an authorized person within 2 hours after notification of the need for pick-up.

CHRONIC HEALTH CONDITION

Any chronic health condition must be documented by a licensed medical professional on the Participant Emergency Information Packet. You will also need to meet with camp leadership to review necessary information.

ALLERGIES

It is your responsibility to document on the Participant Emergency Information Packet if your camper has any allergies, along with your camper's possible reaction(s) should they come in contact with the allergen. (See medication section for more information).

MEDICATIONS

If medication must be taken during camp hours, you will need to indicate that on the Participant Emergency Information Packet and complete the Permission to Dispense Medication form and/or Severe Allergy and Anaphylaxis Plan.

- Inhalers & Epi-Pens: These must be given to a camp leadership staff to be kept with the camp staff; any inhaler or Epi-Pen must be in the original container that has the doctor's prescription on it. If the prescription label is not on the device/inhaler/etc., a note from the prescribing healthcare provider with the patient's name, dosage and instructions for use is required.
- Storage: All medications are stored under lock or in a secure area away from children.
- Dispensing: Only medications (prescription or over the counter) that are in their original container and are accompanied with specific written directions from a licensed medical professional are dispensed to children by authorized camp staff.

- Medication Log: The Y uses a log for all medications dispensed.

ACCIDENTS/INJURIES

For minor injuries, such as cuts, scrapes, bruises, and bug bites, staff will assist and oversee the camper while cleaning the affected area with soap and water immediately and then will cover with a bandage. If needed, an ice pack will be applied to the affected area. All minor injuries will be communicated to parents during camper pick up.

For serious injuries, or any incident where there may be cause to question the severity of the injury (such as a bump on the head), the staff will contact camp leadership staff immediately. The camp leadership will contact the parents/guardians and, if deemed necessary notify emergency responders.

BEHAVIOR POLICIES

In our programs, our top priority is to provide a safe and enriching experience for all participants. Each child is expected to help foster a safe environment physically, emotionally, and psychologically.

PARTICIPANT EXPECTATIONS

Participants are expected to:

- Stay with their supervised group for the duration of program, especially during offsite field trips
- Adhere to staff instructions
- Keep their hands, bodies, and belongings to themselves
- Use appropriate language (inclusive, caring, developmentally appropriate, etc.)
- Respect program and participants' equipment and belongings

If additional accommodation is needed, be sure to include an accommodation request at the time of registration and during submission of paperwork. Our goal is to work together with both the participant and family to address and accommodate any behavior concerns; however, if a child cannot uphold these expectations, then program staff will evaluate appropriate next steps.

BEHAVIOR SUPPORT PROCESS

If a participant repeatedly exhibits behavior that does not meet the program expectations, the following tactics may be used to support the participant involved and address behaviors:

- A behavior report will be completed and reviewed with parent/guardian.
- A parent/guardian will be asked to partner with YMCA staff to identify strategies for support.
- YMCA staff will monitor behavior closely and provide regular feedback to the participant and their parent/guardian.
- A preauthorized person may be required to pick up the participant early from programming, within 2 hours of notification of the need for pick-up.
- The strategies for support may be updated or amended.
- Programming may be immediately paused for the participant.

If the support strategies are not fostering improvement AND the participant's behavior is impacting the physical, emotional, and psychological safety of themselves, Y staff or other participants the participant may be dismissed from the program for the remainder of the session. This may also include limiting the ability for the child to attend off-site field trips. If parents/guardians fail to respond to the request for participant early pick-up, the Y reserves the right to discontinue programming for the participant.

Please note that some behaviors—such as any actions that pose a direct threat by impacting physical/emotional/psychological safety—can result in IMMEDIATE SUSPENSION/EXPULSION.

*No refunds or credits will be given if a child is terminated from the program or picked up early due to unacceptable behavior.

ADULT CODE OF CONDUCT

The Y requires adults of enrolled participants to act in a manner consistent with the Y values of caring, honesty, respect, and responsibility.

The Y's goal is to provide the most appropriate environment in which youth can grow, learn, and develop. Achieving this ideal environment is not only the responsibility of the staff, but also the responsibility of each and every adult involved in the program. Adults are required to act in a manner that fosters this environment.

Swearing/cursing: No adult is permitted to curse or use inappropriate language in a Y program, whether in the presence of participants or not. This includes phone conversations and written communication with staff. Such language is considered offensive and will not be tolerated.

Threats: Threats of any kind towards staff, participants, or other adults will not be tolerated.

Disruptive and Disrespectful Interactions: While it is understood that parents will not always agree with the staff or the adults of other participants, it is expected that all disagreements be handled in a calm and respectful manner. Disruptive and disrespectful interactions are not an appropriate means by which to communicate and are prohibited.

Addressing Program Participants: Adults are prohibited from addressing, for the purpose of correction or discipline, a participant that is not in their care while in program. No adult may physically or verbally punish another participant. If an adult should witness another participant behaving in an inappropriate manner, or is concerned about behavior reported to them by their own child, this should be directed to leadership staff.

Confidentiality: It is unsuitable for a participant's adult to seek out another participant's adult to discuss inappropriate behavior of any participant. All behavior concerns should be brought to program leadership. The staff will address all behavior concerns in accordance with the Y's behavior management model. Although you may be curious about the outcome, staff are prohibited from discussing anything about another participant with you.

Safety: Adults are required to act safely at all times. Please refer to the facility agreement outlined in the Participant Emergency Information Packet. Any adult acting unsafely on Y premises will be asked to leave.

Adults who violate the code of conduct may be asked not to return to the program. Participants can be removed from the program based on inappropriate behavior of their adult in the Y environment, at the discretion of the Camp Director and/or the Vice President of Out of School Time and Camp.

DAILY CAMP INFORMATION

ABSENCES

If your camper is going to be absent, you do NOT need to report their absence. Refunds will not be given for missed camp days unless there is a serious illness and a doctor's note is provided (with the approval of the Youth Development Director).

CAMPER DRESS

Please write the camper's name on articles that are brought/worn to camp. Socks and gym shoes are required. No sandals, flip-flops, or open-toed shoes are allowed. All children need to dress for the weather. On cool days, sweatshirts or jackets may be necessary. On hot days, shorts and light colored clothing are appropriate. Please have your camper wear clothes that can get dirty – this is Summer Camp after all!

Clothing of campers should not be inappropriate in any way. Inappropriate dress includes and is not limited to the following: shorts that are shorter than fingertip length; clothing promoting alcohol, drugs, tobacco products or are gang related; t-shirts that are sexually aggressive or explicit; clothing that does not appropriately cover the body (midriffs are not allowed to show, with the exception of swimming attire). Disciplinary action may be taken including but not limited to the child changing or the parent/guardian being called to pick up the camper.

CELL PHONES

Cell phones may NOT be brought to camp. Any camper seen with cell phones will have them confiscated and returned to parents/guardians. If you need to contact your camper, you may call the camp cell phone number at 312-866-4472 and we will relay a message to your camper.

LUNCH & SNACKS

Please send a sack lunch with your camper every day. You may also send a morning and/or afternoon snack with them (we do not provide snacks at camp). If you do not provide lunch for your camper, you will be called and asked to bring one. There is no refrigeration available; we suggest packing an ice pack etc. for your camper's lunch. We will have water coolers/drinking fountains that are refilled throughout the day to refill their water bottles. It is very important that you send your camper to camp with a refillable water bottle. They will be engaging in high levels of activity throughout the day. All campers and staff are required to wash hands prior to lunch, snacks or handling of food.



SCHEDULES

Camp staff write weekly lesson plans prior to the sessions. Activities may vary from day to day including but not limited to: sports, character development, arts and crafts, games, skits, songs, teambuilding, swimming, and more.



SAMPLE DAILY DAY CAMP SCHEDULE	
6:30-8:15a.m.	Check-In / Supervised Free Time
8:20-8:35a.m.	Morning Circle (Announcements, sunscreen, bug spray, etc.)
8:45-9:35a.m.	Activity #1
9:45-10:35a.m.	Activity #2
10:45-11:35a.m.	Snack (camper brings) / Activity #3
11:45-12:35a.m.	Activity #4
12:45-1:15p.m.	Lunch (camper brings) / Healthy Kids Club
1:30-2:30p.m.	Choice Period #1
2:40-3:40p.m.	Choice Period #2
3:40-4:00p.m.	Pack & Snack (Camp provides)
4:00-6:00p.m.	Check-Out / Supervised Free Time

SUNSCREEN

Please apply sunscreen to your camper(s) before sending them to camp. We also suggest that you send sunscreen to camp with your camper. Your camper will have frequent opportunities to apply sunscreen throughout the day. Camp staff will do our best to assist your camper while they apply it to their skin. Spray sunscreen is recommended.

Hats/visors are always recommended for camp.

SWIMMING

Campers participating in our camp programs will enjoy and participate in recreational swimming at the Y. Every camper is required to complete a swim test to ensure their swim level and whether they can swim in the deep end or must remain in the shallow end. Depending on the camper’s swim ability, your camper may be required to wear a life jacket (U.S. Coast Guard approved) while in the water (at the Y or on waterpark field trips).

Lifeguards are on duty whenever the pool is open or lake is in use. Camp counselors are in the water and on deck supervising and engaging with children. Lifeguards are trained in CPR/AED, First-Aid, lifeguarding, Child Abuse Prevention and Blood Borne Pathogens.

Swimsuits: Boys are required to wear swim shorts with lining (speedo suits are not allowed). Girls are required to wear a one-piece bathing suit or a two-piece suit that does not show the midriff. If inappropriate swimwear is worn at camp the camper will: not swim, be asked to change or a parent/guardian may be called to pick up the child from camp or bring change of clothes.

Our swim test is broken down into three levels: Blue, White and Red. Blue being the chip that we try to have campers work towards!

CHIP	TEST	LAKE	POOL	BLOB
RED	Have the ability to float on back in a PFD (personal floatation device) for 10 seconds	Campers are allowed to take out a power paddler or a corchl by themselves. They can take out a double kayak, canoe, or peddle boat if they are accompanied by a counselor or a blue-chip camper.	Red chip campers are allowed to swim in the area from the start of the shallow end to the flags placed above the pool (3-foot area), or up to their shoulders in the white chip area.	To go on the blob, a red chip camper must take the blob test: Be able to jump into deep end of pool wearing a PFD, recover, and swim out of the deep end without assistance.
WHITE	Swim 2 lengths any stroke, have the ability to jump into the deep end in a PFD and recover on their own then swim on back to shallow end, and tread water for 1 minute.	Campers are only allowed to take out a power paddler or corchl by themselves. They can take out any 2+ person boat with another white chip or a blue chip. Campers cannot take out a 2-person boat with a red chip.	White chip campers can swim anywhere up to the buoys (5-foot area) of the pool. They cannot swim in the deep end.	All white chip campers can go blobbing.
BLUE	Swim 3 lengths any stroke, have the ability to jump into the deep end in a PFD and recover on their own then swim on back to shallow end, and tread water for 2 minutes.	Blue chip campers can take out any boat.	Blue chip campers can swim in all parts of the pool.	All blue chip campers can go blobbing.



ABCs of Day Camp

BABYSITTING:

YMCA camp staff is not permitted to babysit for families involved in our YMCA programs while they are employees of the YMCA.

BULLYING

Bullying is a form of youth violence and an adverse childhood experience (ACE). CDC defines bullying as any unwanted aggressive behavior(s) by another youth or group of youths, who are not siblings or current dating partners, that involves an observed or perceived power imbalance, and is repeated multiple times or is highly likely to be repeated. Bullying may inflict harm or distress on the targeted youth including physical, psychological, social, or educational harm.

Common types of bullying include: Physical such as hitting, kicking, and tripping; Verbal including name-calling and teasing; Relational/social such as spreading rumors and leaving out of the group; Damage to property of the victim

Bullying can also occur through technology, which is called electronic bullying or cyberbullying. A young person can be a perpetrator, a victim, or both (also known as "bully/victim").

At the Y, bullying is inexcusable, and we have a firm policy against all types of bullying. Each child is expected to treat all other children with respect and to help each other achieve the best possible experience. If a camper has difficulty meeting this expectation, parents may be called upon to assist. We work together as a team to ensure that children gain self-confidence, make new friends, and go home with great camp memories!

Unfortunately, people who are bullied may not have the same potential to get the most out of their camp experience. Our leadership addresses all incidents of bullying seriously and trains staff to promote communication with staff and their groups so both children and staff will be comfortable alerting us to any problems during their camp experience. We can't manage an incident if we don't know about it. Every person has the right to expect to have the best possible experience at camp, and by working together as a team to identify and manage bullying, we can help ensure that all children and staff have a great summer at the Y.

CAMP STORE

Camp store is where campers can purchase snacks and souvenirs to take home! The camp store is open every day camp is held, and campers have the opportunity to go to the store each day. Spending money can be deposited into the campers account through the online portal. A separate store balance must be added for each session, funds do not carry over from week to week.

DANGEROUS WEAPONS

Campers who bring any item to camp designed to cause bodily harm or any item that is deemed potentially harmful will have it confiscated and the enrolling parents/guardians will be notified of such. Bringing such items to camp may result in children being sent home and/or suspended from camp. All types of dangerous items (including knives)

must be kept off camp property. Items confiscated will only be returned upon request from the enrolling parents/guardians.

EMERGENCY & WEATHER PLANS

Our program has emergency response plans in place that include evacuation, shelter in place, lock-out, and lock-down procedures. Staff are trained in these plans and we conduct periodic drills.

For all camps residing at the Camp Duncan YMCA, the Fire Department will notify the camp of all-weather warnings issued by the U.S. Weather Service. If necessary, the children will be brought inside of the Y where the campers will continue with activities. Whenever camps are off-site, there are pre-designated safety shelters

FIELD TRIPS

There are no field trips as Camp Duncan is a field trip of it's own!

FIGHTING

The Y does not tolerate campers who harm other campers or counselors. This includes and is not limited to degrading, demeaning, threatening, or physically harming another child or staff person. Any child or group of children found to be harassing, making fun of or intimidating other children will be subject to disciplinary actions including being sent home or suspended from camp.

GANGS

Campers will refrain from any gang related activity while at camp including:

- Wearing, possessing, using, distributing, displaying, or selling any evidence of a membership or affiliation in a gang.
- Committing any act or omission, using any verbal or non-verbal speech (gestures, handshakes, drawing pictures, etc.).

INCLUSION/DIVERSITY – AMERICANS WITH DISABILITIES ACT COMPLIANCE

In accordance with the Americans with Disabilities Act, The YMCA of Metropolitan Chicago does not discriminate against persons with disabilities.

If your camper has an IEP or a 504 plan during the school year, you may choose to be connected with our Inclusion Department. Doing so creates a partnership to determine and plan for support in order to promote the most successful summer experience for your camper. The Inclusion Department can be reached at inclusion@ymcachicago.org.

INSURANCE

The Y summer camp program does not provide accident insurance for your child. Insurance and payment of treatment is the responsibility of the parent/guardian.

NEWSLETTERS AND COMMUNICATION

Camp newsletters will be sent out weekly. Please read them to keep informed about camp updates, announcements, and information about each week's camp.

Periodic emails will also be sent out by the camp leadership staff regarding updates and other necessary information.

Our camp also utilizes the REMIND app to send reminders and announcements.

OBSCENITY

Obscene, profane, or vulgar language that is written, oral or expressed by symbols will not be tolerated. Being respectful of children and staff is expected. A violation of this policy will result in disciplinary action.

PERSONAL CARE SERVICES (such as toileting, feeding, and dressing)

Y staff will provide reminders, verbal and visual cues, and minimal assistance with clothing management.

PHOTOGRAPHY

Photographs and videos, which may include the camper, are sometimes taken to be used in Y internal and external marketing materials (social media, program brochures, flyers, newspaper articles about the center, etc.)

RELEASE OF PERSONAL INFORMATION POLICY

It is the policy of the Y to not release any information about campers or their families without a signed release form. All medical and personal forms and information are the property of the Y and will remain on file after the camper leaves the program.

SEARCH OF PERSONAL PROPERTY

Camp staff reserve the right to inspect a camper's property, with the aid of law enforcement officials, if the Camp staff deem the search is necessary to maintain the integrity of the Camp's environment or the protection of the group participants, staff, or other campers.

STEALING

A camper who steals property, another camper's belongings, or a staff person's belongings is subject to disciplinary action. Stealing may result in a camper being sent home early from camp or removal from camp for the summer.

VANDALISM

Campers involved in vandalism or malicious mischief against camp property, other children or staff members will be disciplined accordingly. Payment to repair any damage accrued as a result of the vandalism is the responsibility of the camper's parent/guardian. Violation of this policy may result in the camper being suspended from camp.

YMCA'S COMMITMENT TO SAFETY

We're committed to an environment where open, honest communication is the expectation, not the exception. We count on our members, employees, and volunteers to let us know if they become aware of any criminal conduct or violations of our Code of Conduct by contacting camp leadership staff.

In situations where you would prefer to anonymously make a report, you are encouraged to use this helpline, which is hosted by an outside provider, EthicsPoint. Concerns about child safety, violations of policy, illegal activity, requests for guidance regarding policies, as well as positive suggestions and stories may be reported to the helpline anonymously.

EthicsPoint Hotline: 855-249-5700. Learn more at ymcahicago.org/report