



IRVING PARK YMCA AQUATICS SCHEDULE

September 4, 2023 – October 29, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:30am-9pm <i>*Closed 12-3pm</i>	7am-9pm <i>*Closed 11am-3pm</i>	5:30am-9pm <i>*Closed 12-3pm</i>	7am-9pm <i>*Closed 11am-3pm</i>	5:30am-7pm <i>*Closed 12-3pm</i>	7:00am-3pm	7:00am-3pm
Safety Breaks	6:50am 8:50am 10:50am	8:50am	6:50am 8:50am 10:50am	8:50am	6:50am 8:50am 10:50am 5:30pm	8:40am	8:40am 10:50am 1:30pm
Group Lessons	4-6:20pm					8:50am-1:15pm	8:50am-12:0pm
Group Swims	Adult Lap 5:30-6:50am		Adult Lap 5:30-6:50am		Adult Lap 5:30-6:50am	Adult Lap 7-8:40am	Adult Lap 7-10:30am <i>*Note: @ 8:30am Half of the pool will be used for group lessons</i>
	Lap Swim 7-10:50am	Lap Swim 7-8:50am	Lap Swim 7-10:50am	Lap Swim 7-8:50am	Lap Swim 7-10:50am		Open 10:30am-12pm <i>*Half of the pool will be used for group lessons</i>
	Open 11-11:50am & 3-3:50pm	Water Aerobics 9am-9:50am	Open 11-11:50am & 3-3:50pm	Water Aerobics 9am-9:50am	Open 11-11:50am & 3-3:50pm		Family Swim 12pm-3pm
		Open 10-10:50am & 3-3:50pm		Open 10-10:50am & 3-3:50pm	Family Swim 3:50-7:00pm	Family Swim 1:15-3pm	
Swim Team	Penguins 6:30-9pm						

- › Schedule is subject to change.
- › Safety Breaks are 10 or 15 minutes in length and require all swimmers to exit the pool.
- › Private swim lessons will receive priority access to the pools during regular operating hours.
- › Water Aerobics will be based on first come first serve basis only 25 participants allowed in class.

For additional information or questions, please contact the Aquatics Team at irvingparkaquatics@ymcachicago.org or 773-777-7500.