

CELEBRATING A REMARKABLE 2023!

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Dear Friends of the Y:

It's pretty tough to sum up an entire year for an organization with the scope and reach of the YMCA of Metropolitan Chicago. Even tougher when there are so many stories to share about our programs, offerings, experiences, and, most importantly, our people.

So, we're hitting some highlights! Primarily, 2023 for the Y was a story across four equally important priorities: our brand, our people, our impact, and our growth opportunities. And in all four priority areas, we were able to accomplish mighty things in 2023 and also plant the seeds for 2024 and beyond.

More than two years ago, we set out to build a brand platform that reflects the Y's unique purpose to inspire progress throughout Chicagoland and across the Midwest. That brand platform, The Power of Play, is all about the ability of fun and joyful actions to bring us together, inspire hope and opportunity, and move our communities forward. Did you know that play is scientifically proven to be beneficial for people of all ages? It's true. And the Y is committed to meeting the multi-faceted and ever-changing needs of our members, partners, neighbors, friends, and communities through the power of play.

The Y's people, from our staff to our program participants to our supporters and beyond, are our greatest asset. In 2023, we united our various constituencies around a new mission and vision, and emphasized that the development and growth of our staff members is actually critical to the advancement of our mission. We are both proud of and humbled by their dedication — collectively and as individuals — to the communities we serve.

Impact is how we characterize the many ways the Y works to empower individuals across generations and geographies to transform their lives and the

world around them. Impact is seen in the thousands of youth who experienced the wonders and adventures of summer camp in 2023. It's our shift to a Community Hub model, where our physical locations serve as (you guessed it) hubs for community, providing programs, services, and connection out into those communities. It's in mentorship, digital skills-building, violence prevention, partnerships, lifesaving swim lessons, food security, fitness and healthy living, and so much more.

In order to create meaningful impact for the hundreds of thousands of people we serve each year, the Y needs to grow and maximize opportunities for long-term sustainability. Thankfully, our approach to serving the region is strengthened by engagement and generous support from both longstanding donors and new friends and partners. And, we're generating needed resources by creating new partnerships and fostering longstanding ones across diverse sectors, such as business and civic organizations, the foundation community, state and local government, and more.

As you can see, 2023 was an exciting year at the YMCA of Metropolitan Chicago. THANK YOU for being part of the Y Community! We look forward to sharing more updates with you throughout the year (and beyond!).

Yours in service,



Steven P. SorensonBOARD CHAIR



Dorri C. McWhorterPRESIDENT AND CEO

ALL IN ON LAUNCHING THE POWER OF PLAY

A NEW BRAND HELPS US RECLAIM OUR POSITION IN THE MARKETPLACE

2023 marked a year of amazing transformation for the YMCA of Metropolitan Chicago. From deepening our commitment to impact to connecting with new community partners, our new brand — the Power of Play — is at the center of everything that we do.

We launched our brand in October, following a multi-year process that included multiple rounds of stakeholder interviews, intensive evaluation of programs and services, and assessment of community and partner needs. In addition to showcasing the Y's purposeful commitment to progress and joy, the resulting brand reflects the Y's unique position and purpose as a vital community resource for individuals and families throughout Chicagoland and across the Midwest.

"Play is beneficial for people of all ages, and the Y's capacity to empower play for all members of our communities aligns closely with our mission to strengthen those communities by connecting all people to their purpose, potential, and each other," said Dorri McWhorter, President & CEO, YMCA of Metro Chicago.

Scientific research demonstrates correlation between playfulness and the ability for individuals to experience contentment, practice emotional intelligence, and cope with stressful situations, among other benefits. In youth, short breaks for play and leisure translate to significant increases in learning and academic performance. In adults, play has been shown to correlate with intrinsic motivation, creativity, spontaneity, and leadership.

"More than just colors and slogans, a brand represents an organization's identity, aspirations, and values, which for the Y include progress, growth, and — yes! — playfulness," said Brandon Davis, Vice President of Brand Engagement, YMCA of Metro Chicago. "The debut of 'The Power of Play' reflects not only the Y's commitment to the communities we serve, but also our organizational agility and expertise in leveraging that commitment to meet the needs of our members, partners, friends, and communities in an ever–evolving marketplace."

It's time to play! Learn more about how we're activating play at ymcachicago.org/thepowerofplay (and be sure to watch the video!).



ALL IN ON RECOGNIZING **IMPACT**

PUTTING A FUN AND ENGAGING SPIN ON AN ANNUAL FAVORITE



Play on!

The YMCA of Metropolitan Chicago celebrated 165 years of impact at our 10th Annual Recognition Dinner in October 2023. Every year, the Y brings together YMCA of Metro Chicago President and CEO Dorri the business, civic, and philanthropic leaders who are championing the Y's mission of strengthening community by connecting all people to their purpose, potential and each other.

In line with our newly unveiled brand platform, "The Power of Play," the theme for the 2023 Recognition Dinner was Play On! And play on we did!

During the reception, guests enjoyed interactive art, PLINKO, music, appetizers, and more, Y Board member Judith Toland and Board Chair Steve Sorensen served as the evening's emcees and kicked off the formal program by welcoming quests to the event, recognizing Y leaders and staff, and celebrating the Y's role as a vital community asset for Chicagoland and the Midwest.

McWhorter took the podium to share some past, current, and upcoming Y milestones, including the organization's role in establishing the Chicago Marathon in 1976, participation in the Sankofa Wellness Village, and announcement of a forthcoming Loop YMCA. Following dinner, the emcees announced the evening's raffle winners and introduced a video capturing just a sliver of the Y's impact over the past 165 years.

Y staff members Neisy Schultz, Vice President, Community Innovation and Impact, and Adrienne Johnson, Executive Director of Youth Safety and Violence Prevention, called for donations and, in line

with the impact video, highlighted some of the ways that we all have to make a difference in the lives of others. At donors' contributions can change the lives of the individuals, the conclusion of the event, McWhorter teed up the world families, and communities served by the Y.

Jessica Sarowitz and honoree representatives Matt Knott of inspiration for all attendees, reminding us of the power

premiere of the Y's new brand video, The Power of Play!

After presentation of their respective awards, honoree Since 2014, the event has raised nearly \$10 million to power the Y's important work across the region, strengthening of Builders Vision and Jourdan Sorrell of Comcast, sat Chicagoland and the Midwest through play. As we look down with McWhorter for a "campfire-side chat" about forward to the future, please save the date for another philanthropy, community engagement, and corporate social celebration of play, joy, and inspiration at the 2024 responsibility. Their stories and insights served as a source Recognition Dinner on Thursday, October 10. More details can be found at ymcachicago.org.

ALLINON WORLD-CLASS HEALTH AND WELLBEING OPPORTUNITIES FOR ANYONE, ANYWHERE

NOW WITH PELOTON

No matter where you are in your fitness journey, the YMCA of Metropolitan Chicago is here to support and empower you — and in 2023, we teamed up with Peloton to help our community members reach their goals!

Peloton and the YMCA of Metropolitan Chicago partnered to advance community health and wellbeing, increase member and community access to best-in-class fitness programming, and close racial health and opportunity gaps across communities.

In addition to designated spaces for Y members to try free workouts on the Peloton App at the Lake View YMCA, four YMCA of Metro Chicago locations were outfitted with a total of 12 Peloton Bikes situated in specially designed, co-branded, experiential spaces. Fry Family YMCA in the western suburbs, McCormick YMCA in Chicago's Humboldt Park neighborhood, Sage YMCA in the northwest suburbs, and South Side YMCA in Chicago's Woodlawn neighborhood were strategically chosen as pilot locations for their geographic and demographic diversity and opportunity for community impact.

Plus, in celebration of our partnership, Peloton and the Y hosted a special Adult Day Camp at the McCormick YMCA, a day of fitness, food and festivity! In addition to Day-Campstyle activities such as tie-dye and bracelet-making, attendees participated in a morning stretch and run/walk led by Peloton Instructor Ash Pryor, along with a HIIT session led by YMCA of Metro Chicago team member Becky Neal. During lunch, guests heard from Pryor, McWhorter, and others about the importance of accessibility to health and fitness resources for all communities.

"Both the Y and Peloton are known industry leaders in strengthening our communities' holistic wellbeing and in working to break down barriers — real or perceived — that members of our communities face in the health, fitness, and lifestyle spaces," said Dorri McWhorter, President & CEO, YMCA of Metro Chicago. "Through this partnership, we're going to demonstrate that world-class health and wellbeing opportunities can truly be, in the words of Peloton, 'for anyone, anywhere.'"

And there's more to come in 2024!



ALLINONA RECLAIMED LEGACY OF ECONOMIC EQUITY WORK

FOR MORE THAN 165 YEARS, THE Y HAS BEEN A LEADER IN WORKFORCE **DEVELOPMENT**

Since our founding in 1858, the YMCA of Metro Chicago has break down some of the financial barriers that could prevent worked to connect our friends, neighbors, and community members with jobs and career-exploration opportunities.

The Y's participation in a pilot program in 2023 and our our students have been able to plant seeds that will help them continued efforts into 2024 (more on that in a moment!) represent our renewed commitment to this 165+ year-old priority.

The ComEd CONSTRUCT Youth Academy is a unique program designed to foster interest in a range of clean energy jobs that will be important for the future. Twenty high school students of color from the Chicago area spent several weeks in the energy industry.

Building on ComEd's longstanding CONSTRUCT Infrastructure Academy for adults, ComEd and the Y launched the CONSTRUCT Youth Academy to get area youth interested at younger ages about job opportunities that are fast approaching due to a clean energy transition in Illinois. A recent study estimates that as many as 150,000 new clean energy jobs will be created in the state by 2050!

During the program, students received instruction and demonstrations from ComEd and YMCA leaders on a variety of relevant areas, including drone operation, power grid maintenance, work to support the growth of solar development, EVs, and more. At the completion of the program, students some from participating.

"Through the first-ever CONSTRUCT Youth Academy program, grow lifelong opportunities and strong roots for the future," said Dorri McWhorter, President and CEO of the YMCA. "Professionals in the energy, utility, construction, and facilitiesmanagement sectors will only continue to be in greater and greater demand in Illinois, and having this experience under their belts will position them for success, no matter which career path they choose after high school."

summer of 2023 discovering career possibilities within the In 2024, the Y will be expanding the Youth CONSTRUCT program to train up to 70 students, and we're spearheading even more workforce opportunity through the Illinois Works Pre-Apprenticeship Program. In partnership with the State of Illinois, the Y has established four pre-apprenticeship cohorts for 2024 that include classroom training in core construction curriculum, hands-on learning at construction sites, and a stipend for successful completion of the program, as well as a range of supports to help participants transition into apprenticeship programs. These programs are part of the YMCA's Economic Equity Institute, which will focus on workforce development, financial investment and education, and home ownership.





ALL IN AS WE WORK TO ESTABLISH A PRESENCE IN EVERY COMMUNITY

FOR THE FIRST TIME IN MORE THAN A DECADE, THE Y **ANNOUNCES PLANS FOR THREE NEW OR REOPENED COMMUNITY HUBS**

In early 2023, the YMCA of Metro Chicago was Chicago, the Loop YMCA will re-establish the YMCA that will create trusted, safe, comfortable, culturally Park neighborhood.

youth enrichment, fitness programming, mental spaces, and more will be primarily housed in a 60,000 of community members annually.

would be a major partner in the Assemble Chicago incomes, a wellness clinic, and a restaurant opening area in Chicago and across the region. onto a revitalized Pritzker Park.

In addition to serving as an anchor for Assemble

overjoyed to learn that the Pritzker Traubert of Metro Chicago's community presence in the city's Foundation had awarded The Chicago Prize to the downtown area. Because of the central location and Sankofa Wellness Village! The Y is honored to be a public-transit proximity, the Loop Y will serve and be part of this collaborative, community-led initiative accessible to a wide range of individuals, families, and groups, including business commuters, students, empowering spaces and services in the West Garfield youth, visitors to Chicago, nearby residents, and

With this major capital investment, we expect to Following the Y's mobilization to open the doors open the doors of the West Garfield Park YMCA in of our former High Ridge YMCA to new Chicago 2025. Upon completion, the Wellness Village and arrivals, Y leaders and stakeholders worked on a the Y will include primary care, drop-in childcare, plan to eventually reopen the High Ridge Y on a permanent basis. Major congressional support was health services, workforce development, a business secured for this initiative by Illinois Congresswoman incubator, a community-led credit union, and a Jan Schakowsky. The Y is committed to hosting our community-owned grocery store. These services, new neighbors for the duration of the ongoing humanitarian crisis. Once the High Ridge Y is no square foot facility that will serve tens of thousands longer needed as a host site for this program, we will share our reopening plan.

The Yalso announced in 2023 that our organization The opening or reopening of these three sites demonstrates our commitment to serving more of development in Chicago's Loop neighborhood. Chicagoland's communities. We will increase our Assemble Chicago is a proposed mixed-use impact from serving 300,000 individuals annually to development in the heart of downtown Chicago that serving more than 1,000,000 individuals each year will also provide apartments affordable to a range of — and to establish a presence in each community

ALL IN ON EMPLOYEE AND COMMUNITY ENGAGEMENT

ESTABLISHING NEW ANNUAL TRADITIONS FOR THE CHICAGO PRIDE AND BUD BILLIKEN PARADES

Summer 2023 was a time of celebration and pride at the YMCA Although the Chicago Pride Parade was hit with rain showers, of Metropolitan Chicago. Not only did we join the Bud Billiken Parade for the second year in a row, but the Yalso participated LGBTQ+ community at the largest Pride event in the Midwest in the Chicago Pride Parade for the first time ever!

We kicked off the season in June with more than 100 Y community members by traveling through the Northalsted, Lakeview, Uptown and Lincoln Park neighborhoods as part of the 52nd Annual Chicago Pride Parade. Along the route, we passed out Y swag, including YMCA-branded mini-basketballs and fans to beat the heat! Plus, to celebrate Pride Month, we The Y carried our joyful energy through a wonderful summer released limited-edition YMCA Pride merch worn by our Y friends and family during the parade.

"As a proud member of the LGBTQ+ community and a Y employee for 18 years, I was grateful to take part in the Chicago the Y. "It was an incredibly inspiring celebration of strength, resiliency, and love with our communities and allies. Through my engagement with the Y's LGBTQ+ Employee Resource Group, I'm hopeful that we can create a more inclusive and compassionate community for those we work with and serve."

hundreds of thousands came out to show support for the region and one of the most well-known commemorations of LGBTQ+ history and pride in the United States. The YMCA of Metro Chicago was incredibly proud to be a part of this event, showcasing our commitment to connecting all people — including our family, friends, and neighbors in the LGBTQ+ community — to their purpose, potential, and each other.

of camps, new community partnerships, and so much more. Then in August, we kicked off the back-to-school season by celebrating Black excellence at the 94th Annual Bud Billiken

Pride Parade and march with my fellow Y team members," said We had a fantastic time participating in the largest African Danielle Carey, Manager – Interviewing, Talent Acquisition, at American parade in the country, joined by our partners from Wilson and Target. As we traveled down the parade route, our Y community members, wearing limited-edition Bud Billiken Parade YMCA t-shirts, handed out slap bracelets, mini basketballs, and delicious treats.

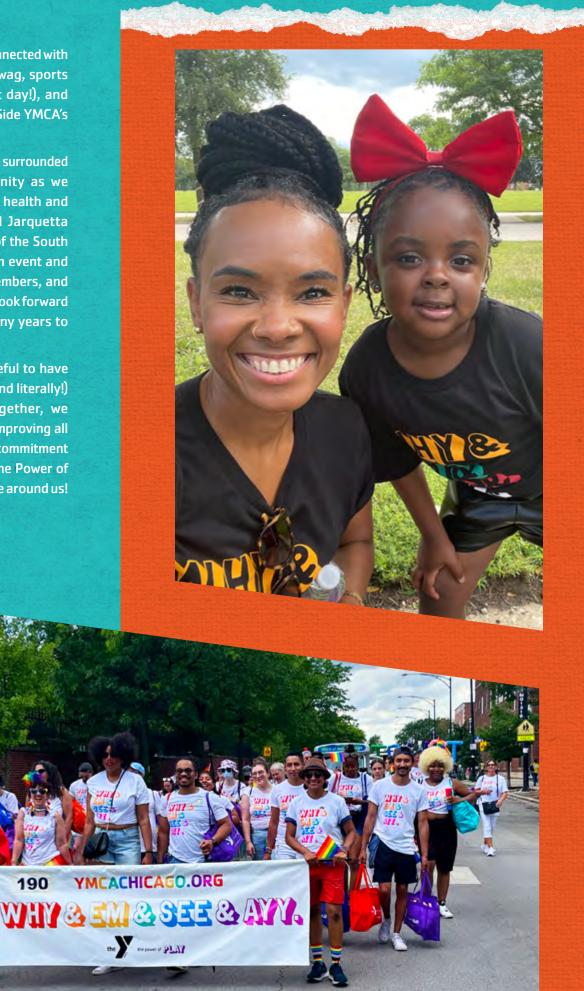
The Y also hosted a booth at the post-parade festival in



Washington Park, where we connected with our community and shared swag, sports drinks (it was a hot one that day!), and information about the South Side YMCA's programs and fall events.

"It's always such a pleasure to be surrounded by members of our community as we celebrate education, joy, and health and wellbeing at 'the Bud,'" said Jarquetta Egeston, Executive Director of the South Side YMCA. "Bud Billiken is an event and partnership that our staff, members, and communities treasure, and we look forward to participating again for many years to come!"

Here at the Y, we are so grateful to have had a sunny (metaphorically and literally!) summer of celebration. Together, we expressed our dedication to improving all communities, showcasing our commitment to inspiring change through the Power of Play, while bringing joy to those around us!



ALL IN ON PERSEVERANCE AND FINDING A PATH TO ACHIEVE BOLD GOALS

TEAM Y'S PRESENCE AT THE 2023 BANK OF AMERICA CHICAGO MARATHON

Here at the YMCA of Metropolitan Chicago, we know all about the hard work and perseverance it takes to run a marathon — it's the kind of drive that truly exemplifies the Y spirit.

We had an amazing showing at the 2023 Bank of America Chicago Marathon, and it's all due to the 18 individuals who ran for Team YMCA (including several staff members!) and our dedicated supporters!

Thanks to the collective efforts of our Y community, we raised more than \$42,000, exceeding our initial goal of \$30,900!

"Running the Bank of America Chicago Marathon has been a lifelong dream, and Team YMCA opened the door of opportunity for me!" said Michael Crino, who competed in the marathon on behalf of Team Y this year. "I was part of an amazing, supportive training team and felt physically and emotionally ready for marathon day. No other charity organization in Chicagoland has the reach that the YMCA has, and I was so proud to raise awareness for the Y's programs that work with youth who have experienced gun violence. I am now a Marathon finisher!"

The Y extends our deepest gratitude to each and every supporter who contributed to this



success — whether through volunteering, donating, fundraising, or cheering from the sidelines.

While the 2023 Chicago Marathon was the second year in a row that the YMCA of Metro Chicago served as an official Charity Partner, our history is intertwined with the event's origin. In 1976, a small group of running enthusiasts met at the Central YMCA on LaSalle Street to plan the first modern marathon in the City of Chicago, leading to the first Chicago Marathon on September 25, 1977.

Now, nearly half a century later, the Y is grateful to continue being a part of the Chicago Marathon. In 2024, we'll be participating in the Bank of America Chicago Marathon once again — this time with 40 registered runners — and we can't wait to meet our community out on the marathon route once again!

ALLIN ALONGSIDE OUR PARTNERS AND SUPPORTERS

CHAMPIONS OF VOLUNTEERISM IGNITE CHANGE

time and talents to bettering Chicagoland and the the YMCA of Metro Chicago. Midwest!

welcoming environment for those we serve.

Among the amazing groups who joined us at the Y was the Blue Cross Blue Shield Association (BCBSA), who extended their support and partnership with the Y on their Community Impact Day in October to update and beautify YMCA spaces. More than 100 employee volunteers participated across three We'd like to additionally extend special thanks YMCA locations — North Lawndale YMCA in Homan to the employees and leadership teams of the Square, Rauner Family YMCA in Little Village, and McDonald's Corporation, CNA, Sam's Club, the South Side YMCA in Woodlawn.

Volunteers spent the morning and early afternoon helping beautify and organize the YMCAs' indoor and outdoor spaces. This included painting walls, landscaping, and gardening. After a day of hard work and community engagement, volunteers and Y leaders regrouped for a "closing circle" to share

At the YMCA of Metropolitan Chicago, we are the impact of volunteer support, both on the Y and incredibly grateful to the work and commitment of BCBSA employees! Following their volunteer work, our partners and volunteers, who dedicate their BCBSA made a special contribution of \$10,000 to

In November, BMO sent a team of their executives In 2023, the YMCA of Metro Chicago was visited to volunteer at the Crown Family YMCA as part by 16 different corporate volunteer groups who of the organization's Afternoon of Service. The empowered us to provide critical services to our nearly 25 volunteers assisted in preparing classroom community, from distributing food to creating a spaces in advance of our re-opening of the Early Learning Demonstration Center (ELDC), helping set up the ELDC childcare team for success! BMO is a longtime partner and supporter of the YMCA of Metropolitan Chicago, having sponsored the creation of the Collaboration & Innovation Center on the Crown Family Y's seventh floor.

> University of Chicago Medical Center, Lotis Blue Consulting, Cushman & Wakefield, and Salesforce. Their steadfast belief in the Y's mission is an inspiring force as we work hard to champion the Power of Play and shape the YMCA of Metro Chicago into a connector and catalyst for our communities.



TOGETHER, WEARE UNSTOPPABLE

FIND ALL OF OUR DONORS AND SUPPORTERS ONLINE AT YMCACHICAGO.ORG/PARTNERS

LEADERSHIP MATTERS: BOARD MEMBERS

The future of the YMCA is powered by the dedication and generosity of the volunteers who serve on our enterprise boards, Community Hubs, and Camp Advisory Boards and their commitment to shaping a strong Y and region.

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LOCATIONS

Buehler YMCA 1400 W. Northwest Hwy. Palatine, IL 60067 buehlerymca.org

Crown Family YMCA 1030 W. Van Buren St. Chicago, IL 60607 crownfamilyymca.org

Dr. Effie O' Ellis YMCA 10 S. Kedzie Ave Chicago, IL 60612 dreffieoellisymca.org

Elmhurst YMCA 211 W. First St. Elmhurst, IL 60126 elmhurstymca.org

Foglia YMCA 1025 N. Old McHenry Rd. **Fry Family YMCA** 2120 95th St. Naperville, IL 60564 fryfamilyymca.org

Garfield YMCA 7 N. Homan Ave. Chicago, IL 60624 garfieldymca.org

Greater LaGrange YMCA 1100 E. 31st St. LaGrange Park, IL 60526 greaterlagrangeymca.org

Hastings Lake YMCA 1995 W. Grass Lake Rd. Lindenhurst, IL 60046 hastingslakeymca.org

Indian Boundary YMCA 711 59th St.

Irving Park YMCA 4251 W. Irving Park Rd. Chicago, IL 60641 Irvingparkymca.org

Jeanne Kenny YMCA 7600 S. Parnell Ave. Chicago, IL 60620 jeanekenneyymca.org

Kelly Hall YMCA 824 N. Hamlin Ave. Chicago, IL 60651 kellyhallymca.org

Lake View YMCA 3333 N. Marshfield Ave. Chicago, IL 60657 Lakeviewymca.org

Marshall YMCA 3201 W. Adams St. Chicago, IL 60624 jmarshallymca.org

McCormick YMCA 1834 N. Lawndale Ave. Chicago, IL 60647 Mccormickymca.org

North Lawndale YMCA 3449 W. Arthington St Chicago, IL 60624 northlawndaleymca.org

Rauner Family YMCA 2700 S. Western Ave. Chicago, IL 60608 raunerfamilyymca.org

Sage YMCA 701 Manor Rd. Crystal Lake, IL 60014 sageymca.org

South Side YMCA 6330 S. Stony Island Ave. Chicago, IL 60637 southsideymca.org

YMCA Camp Duncan 32405 N. US Highway 12 Ingleside, IL 60041 ymcacampduncan.org

YMCA Camp Independence 32405 N. US Highway 12 Ingleside, IL 60041 ymcacampindependence.org

YMCA Camp MacLean 31401 Durand Ave. **Burlington, WI 53105** ymcacampmaclean.org **YMCA Family Camp** Nawakwa 13400 Camp Nawakwa Ln. Lac du Flambeau, WI 54538 ymcacampnawakwa.org

YMCA Family Camp Pinewood 4230 Obenauf Rd. Twin Lake, MI 49457 ymcacamppinewood.org





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